

Sundgrein 1
23.03.2024 - 10:00

kvenna, 400m skriðsund

Opinn
Úrslitalistar

Mótsmet	4:24.04	Inga Elín Cryer	ÍA		01.04.2012
Íslandsmet	4:20.16	Snaefridur Sol Jorunnardóttir	ISL	Gzira (MLT)	31.05.2023
Íslandsmet Unglinga	4:20.66	Sunneva Dögg Robertson	IRB	Reykjavík	22.04.2016
Íslandsmet Aldurshópur	4:23.24	Eygló Ósk Gústafsdóttir	AEGIR	Helsinki (FIN)	15.07.2010
EM : 4:20.29 / EM 19 - 21: 4:22.95 / EMU 16 - 18: 4:27.53 / NÆM 14 - 16: 4:38.57					

Stig: FINA 2024

Sæti	F.ár						Tími	Stig
1. Vala Dís Cicero	08 SH						4:27.25	683 EMU
50m:	30.93	150m:	1:39.64	250m:	2:46.69	350m:	3:54.86	
100m:	1:04.80	200m:	2:13.61	300m:	3:20.87	400m:	4:27.25	
2. Katja Lilja Andriyadóttir	06 SH						4:29.30	667 SSÍ
50m:	30.63	150m:	1:38.93	250m:	2:47.54	350m:	3:56.00	
100m:	1:04.41	200m:	2:13.52	300m:	3:22.14	400m:	4:29.30	
3. Freyja Birkisdóttir	06 BREI						4:31.34	652 SSÍ
50m:	31.36	150m:	1:39.89	250m:	2:47.99	350m:	3:57.28	
100m:	1:05.80	200m:	2:13.92	300m:	3:22.50	400m:	4:31.34	
4. Sólveig Freyja Hákonardóttir	09 BREI						4:34.97	627 NÆM
50m:	31.77	150m:	1:40.99	250m:	2:51.26	350m:	4:01.12	
100m:	1:06.26	200m:	2:16.13	300m:	3:26.19	400m:	4:34.97	
5. Ásdís Steindórsdóttir	09 BREI						4:39.17	599 SSÍ
50m:	31.23	150m:	1:40.93	250m:	2:52.25	350m:	4:04.42	
100m:	1:05.29	200m:	2:16.28	300m:	3:28.49	400m:	4:39.17	
6. Sunna Arnfinnsdóttir	07 ÍA						4:44.37	567 ÍM
50m:	32.82	150m:	1:44.32	250m:	2:57.11	350m:	4:09.61	
100m:	1:08.17	200m:	2:20.72	300m:	3:33.54	400m:	4:44.37	
7. Hulda Björg Magnúsdóttir Nilsen	08 Ægir						4:50.15	533 ÍM
50m:	31.13	150m:	1:42.80	250m:	2:56.61	350m:	4:12.23	
100m:	1:06.63	200m:	2:20.11	300m:	3:34.94	400m:	4:50.15	
8. Katrín Lóa Ingadóttir	08 Ármann						4:50.93	529 ÍM
50m:	33.42	150m:	1:45.86	250m:	3:00.09	350m:	4:14.92	
100m:	1:09.30	200m:	2:22.61	300m:	3:37.68	400m:	4:50.93	
9. Halldóra Björt Ingimundardóttir	08 BREI						4:50.95	529 ÍM
50m:	32.52	150m:	1:46.39	250m:	3:00.47	350m:	4:15.05	
100m:	1:09.16	200m:	2:23.45	300m:	3:38.18	400m:	4:50.95	
10. Maja Lind Cicero	05 SH						4:51.98	523 ÍM
50m:	33.83	150m:	1:47.28	250m:	3:00.92	350m:	4:16.52	
100m:	1:09.89	200m:	2:24.08	300m:	3:39.03	400m:	4:51.98	
11. Katla María Brynjarsdóttir	07 ÍRB						4:52.07	523 ÍM
50m:	32.39	150m:	1:45.62	250m:	2:59.92	350m:	4:15.06	
100m:	1:08.88	200m:	2:23.02	300m:	3:37.61	400m:	4:52.07	
12. María Skorastein Sigurdardóttir	07 SH						4:52.11	523 ÍM
50m:	33.48	150m:	1:48.32	250m:	3:03.55	350m:	4:17.76	
100m:	1:10.35	200m:	2:25.99	300m:	3:41.43	400m:	4:52.11	
13. Bjarndís Olga Hansen	10 Ægir						4:55.77	504 ÍM
50m:	32.45	150m:	1:46.60	250m:	3:03.10	350m:	4:19.96	
100m:	1:08.48	200m:	2:24.74	300m:	3:41.20	400m:	4:55.77	
14. Adríana Agnes Derti	10 ÍRB						4:55.87	503 ÍM
50m:	33.70	150m:	1:48.09	250m:	3:03.69	350m:	4:19.45	
100m:	1:10.15	200m:	2:25.92	300m:	3:41.33	400m:	4:55.87	

Sundgrein 1, kvenna, 400m skriðsund, Opinn

Sæti	F.ár						Tími	Stig
15. Auguste Balciunaite	11 SH						4:59.03	487 ÍM
	50m: 33.55	150m: 1:49.26	250m: 3:06.73	350m: 4:22.45				
	100m: 1:10.76	200m: 2:28.00	300m: 3:44.90	400m: 4:59.03				
16. Margrét Anna Lapas	09 BREI						4:59.34	486 ÍM
	50m: 32.09	150m: 1:44.91	250m: 3:02.05	350m: 4:21.06				
	100m: 1:08.16	200m: 2:23.49	300m: 3:41.77	400m: 4:59.34				
17. Karen Sif Helgadóttir	10 Fjölpir						5:02.51	471 ÍM
	50m: 32.06	150m: 1:46.68	250m: 3:05.53	350m: 4:24.42				
	100m: 1:08.22	200m: 2:25.34	300m: 3:44.85	400m: 5:02.51				
18. Guðrún Ísold Harðardóttir	11 BREI						5:07.19	449 ÍM
	50m: 32.95	150m: 1:48.40	250m: 3:07.60	350m: 4:27.58				
	100m: 1:09.89	200m: 2:27.39	300m: 3:47.38	400m: 5:07.19				
19. Helga Sigurlaug Helgadóttir	07 SH						5:07.26	449 ÍM
	50m: 33.38	150m: 1:50.98	250m: 3:10.93	350m: 4:30.75				
	100m: 1:11.08	200m: 2:30.60	300m: 3:50.61	400m: 5:07.26				
20. Guðbjörg Helga Hilmarsdóttir	11 BREI						5:09.70	439 ÍM
	50m: 33.34	150m: 1:50.31	250m: 3:09.48	350m: 4:30.51				
	100m: 1:12.15	200m: 2:30.31	300m: 3:50.52	400m: 5:09.70				
21. Hildur Erla Hákonardóttir	10 SH						5:13.93	421 ÍM
	50m: 35.60	150m: 1:54.81	250m: 3:15.00	350m: 4:34.88				
	100m: 1:14.53	200m: 2:34.81	300m: 3:55.36	400m: 5:13.93				
22. Katrín Ósk Aðalsteinsdóttir	09 SH						5:22.14	390 * ÍM
	50m: 33.45	150m: 1:52.78	250m: 3:15.20	350m: 4:39.78				
	100m: 1:12.88	200m: 2:35.24	300m: 3:57.72	400m: 5:22.14				
23. Elsa Diljá Lunddal Rúnarsdóttir	10 SH						5:32.47	354 *
	50m: 37.38	150m: 2:01.95	250m: 3:27.96	350m: 4:52.18				
	100m: 1:18.61	200m: 2:44.32	300m: 4:09.89	400m: 5:32.47				
24. Ninja Ýr Logadóttir	09 SH						5:32.82	353 *
	50m: 37.06	150m: 2:00.27	250m: 3:25.17	350m: 4:50.20				
	100m: 1:18.75	200m: 2:43.44	300m: 4:08.14	400m: 5:32.82				
25. Birna Rún Jónsdóttir	09 UMFA						5:34.91	347 *
	50m: 36.06	150m: 2:00.49	250m: 3:27.18	350m: 4:54.46				
	100m: 1:17.19	200m: 2:44.16	300m: 4:11.00	400m: 5:34.91				
26. Ingibjörg Þóra Stefánsdóttir	08 SH						5:40.54	330 *
	50m: 2:04.53	100m: 1:19.87	150m: 3:32.78	200m: 2:48.55	300m: 4:16.42	400m: 5:40.54		
27. Dórothea Margrét Jakobsdóttir	08 Ármann						5:45.89	315 *
	50m: 37.30	150m: 2:05.79	250m: 3:36.32	350m: 5:05.29				
	100m: 1:20.26	200m: 2:51.71	300m: 4:21.40	400m: 5:45.89				

Sundgrein 2
23.03.2024 - 10:18

karla, 400m skriðsund

Opinn
Úrslitalistar

Mótsmet	4:04.42	Anton Sveinn McKee	Ægir		01.04.2013
Íslandsmet	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Íslandsmet Unglinga	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Íslandsmet Aldurshópur	4:08.86	Hólmur Grétarsson	SH	Maribor (SLO)	24.07.2023
EM : 3:57.00 / EM 19 - 21: 3:59.42 / EMU 16 - 18: 4:04.18 / NÆM 14 - 16: 4:17.24					

Stig: FINA 2024

Sæti	F.ár							Tími	Stig
1. Magnús Víðir Jónsson	08 SH							4:12.59	661 NÆM
50m:	28.26	150m:	1:32.36	250m:	2:37.25	350m:	3:41.69		
100m:	59.92	200m:	2:04.87	300m:	3:09.99	400m:	4:12.59		
2. Karl Björnsson	08 SH							4:23.23	584 ÍM
50m:	29.31	150m:	1:35.19	250m:	2:43.27	350m:	3:50.66		
100m:	1:02.02	200m:	2:09.46	300m:	3:17.53	400m:	4:23.23		
3. Andri Már Kristjánsson	06 SH							4:27.15	559 ÍM
50m:	28.74	150m:	1:36.08	250m:	2:44.92	350m:	3:54.95		
100m:	1:02.06	200m:	2:10.46	300m:	3:20.32	400m:	4:27.15		
4. Bartosz Henke	05 SH							4:29.53	544 ÍM
50m:	29.71	150m:	1:37.01	250m:	2:45.44	350m:	3:55.42		
100m:	1:03.08	200m:	2:11.33	300m:	3:19.89	400m:	4:29.53		
5. Birgir Hrafn Kjartansson	08 Ægir							4:29.97	541 ÍM
50m:	29.84	150m:	1:37.79	250m:	2:48.10	350m:	3:56.85		
100m:	1:03.24	200m:	2:12.94	300m:	3:23.13	400m:	4:29.97		
6. Stefán Ingi Ólafsson	06 Ægir							4:29.99	541 ÍM
50m:	29.53	150m:	1:37.40	250m:	2:47.24	350m:	3:56.76		
100m:	1:03.02	200m:	2:12.24	300m:	3:22.05	400m:	4:29.99		
7. Egill Orri Baldursson	09 ÍRB							4:43.02	470 ÍM
50m:	30.32	150m:	1:41.02	250m:	2:54.70	350m:	4:08.48		
100m:	1:04.87	200m:	2:17.50	300m:	3:30.77	400m:	4:43.02		
8. Vanja Djurovic	09 BREI							4:43.05	469 ÍM
50m:	31.31	150m:	1:41.98	250m:	2:55.84	350m:	4:09.53		
100m:	1:05.88	200m:	2:18.54	300m:	3:32.75	400m:	4:43.05		
9. Mykhailo S. Lafleur	07 ÍRB							4:46.76	451 ÍM
50m:	31.28	150m:	1:42.20	250m:	2:56.67	350m:	4:11.71		
100m:	1:06.34	200m:	2:19.08	300m:	3:34.50	400m:	4:46.76		
10. Kajus Jatautas	10 ÍA							4:47.91	446 ÍM
50m:	31.28	150m:	1:43.29	250m:	2:58.39	350m:	4:12.87		
100m:	1:06.44	200m:	2:21.61	300m:	3:36.98	400m:	4:47.91		
11. Halldór Ingi Hafþórsson	08 SH							4:52.72	424 ÍM
50m:	31.30	150m:	1:43.45	250m:	2:58.82	350m:	4:15.31		
100m:	1:06.54	200m:	2:20.95	300m:	3:37.27	400m:	4:52.72		
12. Adam Leó Tómasson	07 SH							4:53.26	422 ÍM
50m:	31.22	150m:	1:46.14	250m:	3:04.75	350m:	4:19.95		
100m:	1:07.45	200m:	2:24.46	300m:	3:45.91	400m:	4:53.26		
13. Julian Jarnutowski	10 ÍRB							4:53.65	420 ÍM
50m:	32.20	150m:	1:45.38	250m:	3:02.02	350m:	4:18.44		
100m:	1:07.59	200m:	2:23.57	300m:	3:40.81	400m:	4:53.65		
14. Már Óskar Þorsteinsson	07 SH							4:55.35	413 ÍM
50m:	32.05	150m:	1:45.57	250m:	3:01.93	350m:	4:18.19		
100m:	1:07.85	200m:	2:23.41	300m:	3:40.43	400m:	4:55.35		

Sundgrein 2, karla, 400m skriðsund, Opinn

Sæti	F.ár	Tími	Stig
15. Viktor Bergmann Arnarsson	10 ÍRB	4:57.37	405 ÍM
50m: 33.83 150m: 1:51.15 250m: 3:07.12 350m: 4:22.76			
100m: 1:11.62 200m: 2:29.18 300m: 3:45.63 400m: 4:57.37			
16. Þór Eli Gunnarsson	11 SH	5:00.63	392
50m: 32.08 150m: 1:47.97 250m: 3:06.45 350m: 4:24.11			
100m: 1:09.35 200m: 2:26.96 300m: 3:45.74 400m: 5:00.63			
17. Huginn Leví Pétursson	09 BREI	5:01.60	388
50m: 32.53 150m: 1:51.51 250m: 3:08.36 350m: 4:25.05			
100m: 1:10.55 200m: 2:30.25 300m: 3:47.55 400m: 5:01.60			
18. Magni Rafn Ragnarsson	10 Óðinn	5:05.40	374
50m: 34.91 150m: 1:52.72 250m: 3:10.96 350m: 4:29.06			
100m: 1:13.70 200m: 2:32.20 300m: 3:50.26 400m: 5:05.40			
19. Kristjón Hrafn Kjartansson	11 SH	5:05.79	372
50m: 33.15 150m: 1:49.76 250m: 3:08.67 350m: 4:27.45			
100m: 1:10.45 200m: 2:29.29 300m: 3:48.31 400m: 5:05.79			
20. Ingibjörn Natan Guðmundsson	09 Ægir	5:09.63	359
50m: 31.70 150m: 1:48.73 250m: 3:08.40 350m: 4:29.75			
100m: 1:09.11 200m: 2:28.72 300m: 3:48.88 400m: 5:09.63			
21. Stefán Hagalín Árnason	10 Ármann	5:10.86	354 *
50m: 34.40 150m: 1:53.30 250m: 3:13.54 350m: 4:33.04			
100m: 1:13.24 200m: 2:33.20 300m: 3:53.28 400m: 5:10.86			
22. Benedikt Bjarni Melsted	08 Sunddeild KR	5:13.43	346 *
50m: 34.57 150m: 1:53.28 250m: 3:13.79 350m: 4:34.20			
100m: 1:13.77 200m: 2:33.74 300m: 3:54.13 400m: 5:13.43			
23. Martin Tsenov	92 ÍRB	5:19.74	326 *
50m: 33.96 150m: 1:53.15 250m: 3:15.29 350m: 4:37.65			
100m: 1:12.53 200m: 2:34.58 300m: 3:56.31 400m: 5:19.74			

Sundgrein 3

kvenna, 50m baksund

Opinn
Úrslitalistar

23.03.2024 - 10:36

Mótsmet	28.96	Sanja Jovanovic	CRO		01.06.2008
Íslandsmet	28.53	Ingibjörg Kristín Jónsdóttir	SH	Budapest (HUN)	26.07.2017
Íslandsmet Unglinga	29.07	Ingibjörg Kristín Jónsdóttir	SH	Laugardalslaug	09.04.2011
Íslandsmet Aldurshópur	30.45	Eygló Ósk Gústafsdóttir	AEGIR	Reykjavík	20.03.2010

EM : 29.31 / EM 19 - 21: 29.61 / EMU 16 - 18: 30.13

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Ylfa Lind Kristmannsdóttir	08 Ármann	30.99	651 SSÍ
2. Ástrós Lovísa Hauksdóttir	08 ÍRB	31.26	634 SSÍ
3. Ragnheiður Ásta Magnúsdóttir	07 BREI	31.94	594 ÍM
4. Ylfa Ásgerður Eyjólfsdóttir	06 Ægir	32.63	557 ÍM
5. Dagbjörg Hlíf Ólafsdóttir	05 SH	33.62	509 ÍM
6. Kristín Rebekka Gunnarsdóttir	09 Ægir	33.81	501 ÍM
7. Stefanía Sigurþórsdóttir	01 BREI	33.96	494 ÍM
8. Elísabet Arnoddsdóttir	09 ÍRB	34.34	478 ÍM
9. Dagmar Arna Sigurðardóttir	09 SH	34.39	476 ÍM
10. Helga Sigurlaug Helgadóttir	07 SH	34.69	464 ÍM
11. Athena Líf Thrastardóttir	07 ÍRB	34.79	460 ÍM

Sundgrein 3, kvenna, 50m baksund, Opinn

Sæti	F.ár	Tími	Stig
12. Halla Rún Fannarsdóttir	08 Óðinn	34.85	457 ÍM
13. Ingibjörg Svava Magnúsdóttir	05 ÍA	36.98	383 ÍM
14. Freyja Sigríður Ásgeirsdóttir	07 Ægir	37.47	368
15. Viktoria Emilia Orlita	09 ÍA	37.51	367
16. Thea Sif Hjaltadóttir	11 Ármann	37.96	354
17. Valdís Rós Þorsteinsdóttir	07 SH	38.17	348
18. Guðrún Lára Arnarsdóttir	09 Stjarnan	38.30	344
19. Kolbrún Hilda Gunnarsdóttir	06 Ægir	38.41	341
20. Bergþóra Sól Hálfðánsdóttir	06 ÍRB	38.48	340
21. Lilja Rakel Hannesdóttir Bridde	11 BREI	38.62	336
22. Rannveig Perla Pétursdóttir	10 Ármann	40.32	295 *
23. Gabriela Róza Bondarow	10 Ármann	40.36	294 *
24. Karitas Kristjánsdóttir	10 Ármann	40.51	291 *
25. Sigríður Aníta Sveinsdóttir S14	01 ÍFR	S14 41.54	270 *
26. Emelía Ýr Gunnarsdóttir	05 Fjörður	S14 42.19	258 *
27. Sigrún Kjartansdóttir	03 Fjörður	S16 58.85	95 *
28. Sonja Sigurdardóttir S3	90 ÍFR	S3 1:09.41	57 *

Sundgrein 4

23.03.2024 - 10:43

karla, 100m flugsund

Opinn
Úrslitalistar

Mótsmet	55.90	Simon Elías Statkevicius	SH		19.03.2022
Íslandsmet	53.42	Orn Arnarson	SH	Budapest (HUN)	04.08.2006
Íslandsmet Unglinga	55.38	Birnir Freyr Hálfðánarsson	SH	Reykjavik	01.04.2023
Íslandsmet Aldurshópur	57.42	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	10.07.2021

EM : 53.98 / EM 19 - 21: 54.53 / EMU 16 - 18: 55.61 / NÆM 14 - 16: 58.59

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Birnir Freyr Hálfðánarsson	06 SH	56.30	677 SSÍ
50m: 25.87 100m: 56.30			
2. Fannar Snævar Hauksson	04 ÍRB	57.44	638 ÍM
50m: 26.41 100m: 57.44			
3. Róbert Ísak Jónsson	01 SH	S14 1:00.89	535 ÍM
50m: 27.94 100m: 1:00.89			
4. Dominic Dadi Wheeler	07 BREI	1:04.72	446 ÍM
50m: 30.41 100m: 1:04.72			
5. Daði Þór Friðriksson	07 SH	1:04.75	445 ÍM
50m: 29.55 100m: 1:04.75			
6. Orn Ægisson	06 Ármann	1:07.92	385 ÍM
50m: 31.31 100m: 1:07.92			
7. Jón Ingvar Eypórsson	10 BREI	1:08.34	378 ÍM
50m: 31.35 100m: 1:08.34			
8. Denas Kazulis	08 ÍRB	1:08.53	375 ÍM
50m: 30.91 100m: 1:08.53			
9. Styrmir Snær Árnason	10 SH	1:09.70	357
50m: 32.39 100m: 1:09.70			

Sundgrein 4, karla, 100m flugsund, Opinn

Sæti		F.ár		Tími	Stig
10.	Andri Ólafsson 50m: 33.54 100m: 1:12.63	09	SH	1:12.63	315
11.	Matthias Máni Waagfjörð 50m: 34.41 100m: 1:18.35	08	SH	1:18.35	251
12.	Viljar Fannarsson 50m: 36.95 100m: 1:19.53	10	Fjölpir	1:19.53	240
13.	Alexander Reid McCormick 50m: 39.76 100m: 1:23.46	10	Óðinn	1:23.46	208
14.	Aaron Sebastian Jóhannsson 50m: 40.22 100m: 1:26.18	12	SH	1:26.18	188
15.	Sævar Sindri Jóhannesson	10	SH	1:29.49	168
16.	Halldór Ingi Ólafsson 50m: 41.95 100m: 1:33.07	13	SH	1:33.07	149
17.	Luca Magni Barreiro Concheiro 50m: 41.85 100m: 1:35.45	09	Sunddeild KR	1:35.45	139
18.	Svanberg Leó Jóelsson 50m: 42.59 100m: 1:35.88	12	Ægir	1:35.88	137
17 - 18 ára					
1.	Birnir Freyr Hálfðánarsson 50m: 25.87 100m: 56.30	06	SH	56.30	677 SSÍ
2.	Dominic Dadi Wheeler 50m: 30.41 100m: 1:04.72	07	BREI	1:04.72	446 ÍM
3.	Daði Þór Friðriksson 50m: 29.55 100m: 1:04.75	07	SH	1:04.75	445 ÍM
4.	Orn Ægisson 50m: 31.31 100m: 1:07.92	06	Ármann	1:07.92	385 ÍM
15 - 16 ára					
1.	Denas Kazulis 50m: 30.91 100m: 1:08.53	08	ÍRB	1:08.53	375 ÍM
2.	Andri Ólafsson 50m: 33.54 100m: 1:12.63	09	SH	1:12.63	315
3.	Matthias Máni Waagfjörð 50m: 34.41 100m: 1:18.35	08	SH	1:18.35	251
4.	Luca Magni Barreiro Concheiro 50m: 41.85 100m: 1:35.45	09	Sunddeild KR	1:35.45	139
14 ára og yngri					
1.	Jón Ingvar Eypórsson 50m: 31.35 100m: 1:08.34	10	BREI	1:08.34	378 ÍM
2.	Styrmir Snær Árnason 50m: 32.39 100m: 1:09.70	10	SH	1:09.70	357

Sundgrein 4, Piltar, 100m flugsund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
3. Viljar Fannarsson 50m: 36.95 100m: 1:19.53	10 Fjölnir	1:19.53	240
4. Alexander Reid McCormick 50m: 39.76 100m: 1:23.46	10 Óðinn	1:23.46	208
5. Aaron Sebastian Jóhannsson 50m: 40.22 100m: 1:26.18	12 SH	1:26.18	188
6. Sævar Sindri Jóhannesson	10 SH	1:29.49	168
7. Halldór Ingi Ólafsson 50m: 41.95 100m: 1:33.07	13 SH	1:33.07	149
8. Svanberg Leó Jóelsson 50m: 42.59 100m: 1:35.88	12 Ægir	1:35.88	137

Sundgrein 5
23.03.2024 - 10:48

kvenna, 200m flugsund

Opinn
Úrslitalistar

Mótsmet	2:21.11	Simona Mucciola	AND		01.06.2010
Íslandsmet	2:18.79	Erla Dagg Haraldsdóttir	IRB	Laugardalslaug	06.04.2008
Íslandsmet Unglinga	2:19.71	Sigrún Sverrisdóttir	FJOL	Monte-Carlo (MON)	05.06.2007
Íslandsmet Aldurshópur	2:22.99	Soffía Klemenzdóttir	IRB	Belgrade (SRB)	30.07.2008

EM : 2:14.22 / EM 19 - 21: 2:15.59 / EMU 16 - 18: 2:17.95 / NÆM 14 - 16: 2:23.65

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Nadja Djurovic 50m: 34.05 100m: 1:11.85 150m: 1:51.79 200m: 2:30.78	07 BREI	2:30.78	527 ÍM
2. Kristín Ásta Sigtryggsdóttir 50m: 36.08 100m: 1:18.35 150m: 2:02.60 200m: 2:45.00	09 Ægir	2:45.00	402 ÍM
3. Þorgerður Freyja Helgadóttir 50m: 36.95 100m: 1:22.11 150m: 2:09.11 200m: 2:57.17	11 BREI	2:57.17	324
4. Aldís Ogmundsdóttir 50m: 38.78 100m: 1:24.51 150m: 2:14.79 200m: 3:06.15	09 Sunddeild KR	3:06.15	280
5. Rebekka Rún Magnúsdóttir 50m: 37.14 100m: 1:24.57 150m: 2:16.84 200m: 3:08.40	08 SH	3:08.40	270
6. Ema Austa Pratusyté 50m: 40.01 100m: 1:30.34 200m: 3:09.48	10 SH	3:09.48	265
7. Karen Sif Helgadóttir 50m: 38.50 100m: 1:26.42 150m: 2:20.28 200m: 3:15.73	10 Fjölnir	3:15.73	241 *
8. Elsa Diljá Lunddal Rúnarsdóttir 50m: 44.89 100m: 1:37.69 150m: 2:33.23 200m: 3:27.45	10 SH	3:27.45	202 *
9. Hildur Erla Hákonardóttir 50m: 44.46 100m: 1:36.97 150m: 2:34.97 200m: 3:35.82	10 SH	3:35.82	179 *

Sundgrein 5, kvenna, 200m flugsund

17 - 18 ára

1. Nadja Djurovic	07	BREI	2:30.78	527	ÍM
50m: 34.05 100m: 1:11.85 150m: 1:51.79 200m: 2:30.78					

15 - 16 ára

1. Kristín Ásta Sigtryggsdóttir	09	Ægir	2:45.00	402	ÍM
50m: 36.08 100m: 1:18.35 150m: 2:02.60 200m: 2:45.00					
2. Aldís Ogmundsdóttir	09	Sunddeild KR	3:06.15	280	
50m: 38.78 100m: 1:24.51 150m: 2:14.79 200m: 3:06.15					
3. Rebekka Rún Magnúsdóttir	08	SH	3:08.40	270	
50m: 37.14 100m: 1:24.57 150m: 2:16.84 200m: 3:08.40					

14 ára og yngri

1. Þorgerður Freyja Helgadóttir	11	BREI	2:57.17	324	
50m: 36.95 100m: 1:22.11 150m: 2:09.11 200m: 2:57.17					
2. Ema Austa Pratusyté	10	SH	3:09.48	265	
50m: 40.01 100m: 1:30.34 200m: 3:09.48					
3. Karen Sif Helgadóttir	10	Fjöltnir	3:15.73	241	*
50m: 38.50 100m: 1:26.42 150m: 2:20.28 200m: 3:15.73					
4. Elsa Diljá Lunddal Rúnarsdóttir	10	SH	3:27.45	202	*
50m: 44.89 100m: 1:37.69 150m: 2:33.23 200m: 3:27.45					
5. Hildur Erla Hákonardóttir	10	SH	3:35.82	179	*
50m: 44.46 100m: 1:36.97 150m: 2:34.97 200m: 3:35.82					

Sundgrein 6

karla, 200m baksund

Opinn
Úrslitalistar

23.03.2024 - 10:53

Mótsmet	2:08.09	Guðmundur Leó Rafnsson	ÍRB		10.03.2023
Íslandsmet	1:58.37	Orn Arnarson	SH	Fukuoka (JPN)	27.07.2001
Íslandsmet Unglinga	2:01.13	Orn Arnarson	SH	Moscow (RUS)	14.07.1999
Íslandsmet Aldurshópur	2:11.83	Brynjólfur Óli Karlsson	UBK	Reykjavík	22.04.2016

EM : 2:02.65 / EM 19 - 21: 2:03.90 / EMU 16 - 18: 2:06.37 / NÆM 14 - 16: 2:13.13

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Guðmundur Leo Rafnsson	06	ÍRB	2:06.09 699 EMU
50m: 29.65 100m: 1:00.77 150m: 1:33.73 200m: 2:06.09			
2. Bergur Fáfínir Bjarnason	06	SH	2:11.95 610 ÍM
50m: 30.50 100m: 1:03.61 150m: 1:37.91 200m: 2:11.95			
3. Ásberg Halldór Hansson	07	Ægir	2:20.34 507 ÍM
50m: 32.17 100m: 1:07.08 150m: 1:43.72 200m: 2:20.34			
4. Árni Þór Pálmason	09	ÍRB	2:30.42 411 ÍM
50m: 34.48 100m: 1:13.24 150m: 1:52.18 200m: 2:30.42			
5. Timotei Roland Randhawa	10	Sunddeild KR	2:39.25 347 ÍM
50m: 36.35 100m: 1:16.59 150m: 1:58.33 200m: 2:39.25			

Sundgrein 6, karla, 200m baksund, Opinn

Sæti		F.ár		Tími	Stig
6.	Ingibjörn Natan Guðmundsson	09	Ægir	2:43.63	319
	50m: 37.45 100m: 1:19.17 150m: 2:01.82 200m: 2:43.63				
7.	Jón Haukur Þórssón	08	Sunddeild KR	2:45.40	309
	50m: 37.71 100m: 1:19.37 150m: 2:02.58 200m: 2:45.40				
8.	Ívan Elí Ólafsson	10	Óðinn	2:50.18	284
	50m: 38.56 100m: 1:21.67 150m: 2:06.73 200m: 2:50.18				
9.	Gabriel Jarnutowski	11	ÍRB	2:54.16	265
	50m: 41.30 100m: 1:25.37 150m: 2:10.97 200m: 2:54.16				
10.	Jón Ingi Einarsson	11	Óðinn	3:00.11	239
	50m: 41.57 100m: 1:27.40 150m: 2:14.09 200m: 3:00.11				
11.	Jón Gísli Eðvaldsson	10	SH	3:00.89	236
	50m: 41.15 100m: 1:27.10 150m: 2:15.35 200m: 3:00.89				
12.	Ólafur Bragason Thoroddsen	10	BREI	3:04.18	224
	50m: 41.61 100m: 1:28.16 150m: 2:16.29 200m: 3:04.18				
13.	Valentin Genov	10	Ármann	3:04.20	224
	50m: 42.46 100m: 1:29.30 150m: 2:17.91 200m: 3:04.20				
14.	Daníel Andriysson	11	SH	3:06.19	217
	50m: 43.31 100m: 1:28.81 150m: 2:15.65 200m: 3:06.19				
15.	Bjarki Ragnar Arnarsson	12	UMFA	3:07.86	211
	50m: 41.98 100m: 1:31.07 150m: 2:22.03 200m: 3:07.86				
16.	Hólmar Loki Ragnarsson	11	Ármann	3:15.33	188
	50m: 46.55 100m: 1:36.95 150m: 2:27.64 200m: 3:15.33				

17 - 18 ára

1.	Guðmundur Leo Rafnsson	06	ÍRB	2:06.09	699 EMU
	50m: 29.65 100m: 1:00.77 150m: 1:33.73 200m: 2:06.09				
2.	Bergur Fáfir Bjarnason	06	SH	2:11.95	610 ÍM
	50m: 30.50 100m: 1:03.61 150m: 1:37.91 200m: 2:11.95				
3.	Ásberg Halldór Hansson	07	Ægir	2:20.34	507 ÍM
	50m: 32.17 100m: 1:07.08 150m: 1:43.72 200m: 2:20.34				

15 - 16 ára

1.	Árni Þór Pálmason	09	ÍRB	2:30.42	411 ÍM
	50m: 34.48 100m: 1:13.24 150m: 1:52.18 200m: 2:30.42				
2.	Ingibjörn Natan Guðmundsson	09	Ægir	2:43.63	319
	50m: 37.45 100m: 1:19.17 150m: 2:01.82 200m: 2:43.63				
3.	Jón Haukur Þórssón	08	Sunddeild KR	2:45.40	309
	50m: 37.71 100m: 1:19.37 150m: 2:02.58 200m: 2:45.40				

Sundgrein 6, karla, 200m baksund

14 ára og yngri

1.	Timotei Roland Randhawa	10	Sunddeild KR	2:39.25	347	ÍM
	50m: 36.35 100m: 1:16.59 150m: 1:58.33 200m: 2:39.25					
2.	Ívan Elí Ólafsson	10	Óðinn	2:50.18	284	
	50m: 38.56 100m: 1:21.67 150m: 2:06.73 200m: 2:50.18					
3.	Gabriel Jarnutowski	11	ÍRB	2:54.16	265	
	50m: 41.30 100m: 1:25.37 150m: 2:10.97 200m: 2:54.16					
4.	Jón Ingi Einarsson	11	Óðinn	3:00.11	239	
	50m: 41.57 100m: 1:27.40 150m: 2:14.09 200m: 3:00.11					
5.	Jón Gísli Eðvaldsson	10	SH	3:00.89	236	
	50m: 41.15 100m: 1:27.10 150m: 2:15.35 200m: 3:00.89					
6.	Ólafur Bragason Thoroddsen	10	BREI	3:04.18	224	
	50m: 41.61 100m: 1:28.16 150m: 2:16.29 200m: 3:04.18					
7.	Valentin Genov	10	Ármann	3:04.20	224	
	50m: 42.46 100m: 1:29.30 150m: 2:17.91 200m: 3:04.20					
8.	Daníel Andriysson	11	SH	3:06.19	217	
	50m: 43.31 100m: 1:28.81 150m: 2:15.65 200m: 3:06.19					
9.	Bjarki Ragnar Arnarsson	12	UMFA	3:07.86	211	
	50m: 41.98 100m: 1:31.07 150m: 2:22.03 200m: 3:07.86					
10.	Hólmar Loki Ragnarsson	11	Ármann	3:15.33	188	
	50m: 46.55 100m: 1:36.95 150m: 2:27.64 200m: 3:15.33					

Sundgrein 7
23.03.2024 - 11:05

kvenna, 200m bringusund

Opinn
Úrslitalistar

Mótsmet	2:32.74	Hrafnhildur Lúthersdóttir	SH		01.04.2017
Íslandsmet	2:22.96	Hrafnhildur Lúthersdóttir	SH	London (GBR)	20.05.2016
Íslandsmet Unglinga	2:31.39	Hrafnhildur Lúthersdóttir	SH	Rome (ITA)	30.07.2009
Íslandsmet Aldurshópur	2:36.69	Eva Margrét Falsdóttir	IRB	Reykjavik	07.04.2019

EM : 2:31.57 / EM 19 - 21: 2:33.12 / EMU 16 - 18: 2:35.78 / NÆM 14 - 16: 2:42.21

Stig: FINA 2024

Sæti	F.ár	Tími	Stig			
Opinn						
1.	Eva Margrét Falsdóttir	05	ÍRB	2:40.13	633	ÍM
	50m: 36.43 100m: 1:17.06 150m: 1:58.47 200m: 2:40.13					
2.	Katla Mist Bragadóttir	07	Ármann	2:54.10	493	ÍM
	50m: 39.59 100m: 1:24.09 150m: 2:09.32 200m: 2:54.10					
3.	Eydís Arna Ísaksen	08	BREI	2:59.27	451	ÍM
	50m: 40.37 100m: 1:24.75 150m: 2:12.02 200m: 2:59.27					
4.	Ragnheiður L. Gunnsteinsdóttir	07	BREI	2:59.61	449	ÍM
	50m: 40.41 100m: 1:26.06 150m: 2:13.34 200m: 2:59.61					
5.	Álfrún Lóa Jónsdóttir	10	Fjölpir	3:01.56	434	ÍM
	50m: 40.15 100m: 1:26.83 150m: 2:15.21 200m: 3:01.56					
6.	Ísabella Jóhannsdóttir	10	Óðinn	3:02.30	429	ÍM
	50m: 40.51 100m: 1:28.61 150m: 2:15.38 200m: 3:02.30					

Sundgrein 7, kvenna, 200m bringusund, Opinn

Sæti		F.ár		Tími	Stig
7.	Natalía Fanney Sigurðardóttir	10	ÍRB	3:02.71	426 ÍM
	50m: 40.97 100m: 1:28.23 150m: 2:15.89 200m: 3:02.71				
8.	Austėja Savickaitė	09	ÍRB	3:05.16	409 ÍM
	50m: 42.08 100m: 1:28.85 150m: 2:17.05 200m: 3:05.16				
9.	Valdís Rós Þorsteinsdóttir	07	SH	3:07.52	394 ÍM
	50m: 42.98 100m: 1:28.90 150m: 2:18.40 200m: 3:07.52				
10.	Eydís Jóhannesdóttir	11	ÍRB	3:09.38	383 ÍM
	50m: 43.94 100m: 1:32.91 150m: 2:22.50 200m: 3:09.38				
11.	Embla Dögg Helgadóttir	08	Ægir	3:10.54	376 ÍM
	50m: 42.17 100m: 1:30.99 150m: 2:21.20 200m: 3:10.54				
12.	Thea Sif Hjaltadóttir	11	Ármann	3:11.15	372 ÍM
	50m: 44.36 100m: 1:33.99 150m: 2:25.18 200m: 3:11.15				
13.	Kamilla Ýr Ísaksdóttir Guðmann	11	BREI	3:12.56	364 ÍM
	50m: 45.14 100m: 1:33.05 150m: 2:23.16 200m: 3:12.56				
14.	Freydís Lilja Bergþórsdóttir	09	ÍRB	3:12.99	362 ÍM
	50m: 44.57 100m: 1:34.00 150m: 2:23.68 200m: 3:12.99				
15.	Natalía Eir Curtis	10	Ármann	3:17.20	339
	50m: 46.05 100m: 1:37.37 150m: 2:27.04 200m: 3:17.20				
16.	Ásta Margrét Björgvinsdóttir	09	Ægir	3:21.00	320
	50m: 44.14 100m: 1:35.78 150m: 2:29.14 200m: 3:21.00				
17.	Dórothea Margrét Jakobsdóttir	08	Ármann	3:21.62	317
	50m: 46.35 100m: 1:40.13 150m: 2:33.29 200m: 3:21.62				
18.	Karen Anna Orlita	12	ÍA	3:21.66	317
	100m: 1:36.41 150m: 2:28.69 200m: 3:21.66				
19.	Guðrún Lára Arnarsdóttir	09	Stjarnan	3:23.46	308
	50m: 44.26 100m: 1:35.29 150m: 2:29.27 200m: 3:23.46				
20.	Gabija Marija Savickaitė	08	ÍRB	3:24.23	305
	50m: 45.81 100m: 1:37.95 150m: 2:31.08 200m: 3:24.23				
21.	Ásta Þórey Einarisdóttir	13	SH	3:24.95	302
	50m: 48.27 100m: 1:41.63 150m: 2:35.02 200m: 3:24.95				
22.	Karen Júlía Traustadóttir	12	ÍRB	3:25.18	301
	50m: 47.22 100m: 1:40.21 150m: 2:34.03 200m: 3:25.18				
23.	Hildur Eldey Guðjónsdóttir	11	BREI	3:25.40	300
	50m: 48.05 100m: 1:39.85 150m: 2:32.86 200m: 3:25.40				
24.	Tinna Karen Sigurðardóttir	08	SH	3:30.58	278
	50m: 45.94 100m: 1:38.67 150m: 2:34.57 200m: 3:30.58				
25.	Birgitta Björt Kjartansdóttir	10	SH	3:33.07	269
	50m: 47.89 100m: 1:42.67 150m: 2:40.05 200m: 3:33.07				
26.	Áróra Mjöll Jónsdóttir	13	Fjölnir	3:33.40	267
	50m: 50.04 100m: 1:43.80 150m: 2:41.15 200m: 3:33.40				
27.	Margrét Brynja Steingrimsdóttir	12	UMFA	3:35.56	259
	50m: 49.28 100m: 1:43.15 150m: 2:41.01 200m: 3:35.56				
28.	Herdís Daðadóttir	12	Fjölnir	3:40.30	243
	50m: 48.43 100m: 1:44.61 150m: 2:42.13 200m: 3:40.30				

Sundgrein 7, kvenna, 200m bringusund, Opinn

Sæti		F.ár		Tími	Stig
29.	Ninja Ýr Logadóttir	09	SH	3:40.62	242
	50m: 50.46 100m: 1:46.38 150m: 2:43.17 200m: 3:40.62				

17 - 18 ára

1.	Katla Mist Bragadóttir	07	Ármann	2:54.10	493 ÍM
	50m: 39.59 100m: 1:24.09 150m: 2:09.32 200m: 2:54.10				
2.	Ragnheiður L. Gunnsteinsdóttir	07	BREI	2:59.61	449 ÍM
	50m: 40.41 100m: 1:26.06 150m: 2:13.34 200m: 2:59.61				
3.	Valdís Rós Þorsteinsdóttir	07	SH	3:07.52	394 ÍM
	50m: 42.98 100m: 1:28.90 150m: 2:18.40 200m: 3:07.52				

15 - 16 ára

1.	Eydís Arna Ísaksen	08	BREI	2:59.27	451 ÍM
	50m: 40.37 100m: 1:24.75 150m: 2:12.02 200m: 2:59.27				
2.	Austėja Savickaitė	09	ÍRB	3:05.16	409 ÍM
	50m: 42.08 100m: 1:28.85 150m: 2:17.05 200m: 3:05.16				
3.	Embla Dögg Helgadóttir	08	Ægir	3:10.54	376 ÍM
	50m: 42.17 100m: 1:30.99 150m: 2:21.20 200m: 3:10.54				
4.	Freydís Lilja Bergþórsdóttir	09	ÍRB	3:12.99	362 ÍM
	50m: 44.57 100m: 1:34.00 150m: 2:23.68 200m: 3:12.99				
5.	Ásta Margrét Björgvinsdóttir	09	Ægir	3:21.00	320
	50m: 44.14 100m: 1:35.78 150m: 2:29.14 200m: 3:21.00				
6.	Dóróthea Margrét Jakobsdóttir	08	Ármann	3:21.62	317
	50m: 46.35 100m: 1:40.13 150m: 2:33.29 200m: 3:21.62				
7.	Guðrún Lára Arnarsdóttir	09	Stjarnan	3:23.46	308
	50m: 44.26 100m: 1:35.29 150m: 2:29.27 200m: 3:23.46				
8.	Gabija Marija Savickaitė	08	ÍRB	3:24.23	305
	50m: 45.81 100m: 1:37.95 150m: 2:31.08 200m: 3:24.23				
9.	Tinna Karen Sigurðardóttir	08	SH	3:30.58	278
	50m: 45.94 100m: 1:38.67 150m: 2:34.57 200m: 3:30.58				
10.	Ninja Ýr Logadóttir	09	SH	3:40.62	242
	50m: 50.46 100m: 1:46.38 150m: 2:43.17 200m: 3:40.62				

14 ára og yngri

1.	Álfrún Lóa Jónsdóttir	10	Fjölnir	3:01.56	434 ÍM
	50m: 40.15 100m: 1:26.83 150m: 2:15.21 200m: 3:01.56				
2.	Ísabella Jóhannsdóttir	10	Óðinn	3:02.30	429 ÍM
	50m: 40.51 100m: 1:28.61 150m: 2:15.38 200m: 3:02.30				
3.	Natalía Fanney Sigurðardóttir	10	ÍRB	3:02.71	426 ÍM
	50m: 40.97 100m: 1:28.23 150m: 2:15.89 200m: 3:02.71				
4.	Eydís Jóhannesdóttir	11	ÍRB	3:09.38	383 ÍM
	50m: 43.94 100m: 1:32.91 150m: 2:22.50 200m: 3:09.38				
5.	Thea Sif Hjaltadóttir	11	Ármann	3:11.15	372 ÍM
	50m: 44.36 100m: 1:33.99 150m: 2:25.18 200m: 3:11.15				

Sundgrein 7, Stúlkur, 200m bringusund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
6. Kamilla Ýr Ísaksdóttir Guðmann 50m: 45.14 100m: 1:33.05 150m: 2:23.16 200m: 3:12.56	11 BREI	3:12.56	364 ÍM
7. Natalía Eir Curtis 50m: 46.05 100m: 1:37.37 150m: 2:27.04 200m: 3:17.20	10 Ármann	3:17.20	339
8. Karen Anna Orlita 100m: 1:36.41 150m: 2:28.69 200m: 3:21.66	12 ÍA	3:21.66	317
9. Ásta Þórey Einarisdóttir 50m: 48.27 100m: 1:41.63 150m: 2:35.02 200m: 3:24.95	13 SH	3:24.95	302
10. Karen Júlía Traustadóttir 50m: 47.22 100m: 1:40.21 150m: 2:34.03 200m: 3:25.18	12 ÍRB	3:25.18	301
11. Hildur Eldey Guðjónsdóttir 50m: 48.05 100m: 1:39.85 150m: 2:32.86 200m: 3:25.40	11 BREI	3:25.40	300
12. Birgitta Björt Kjartansdóttir 50m: 47.89 100m: 1:42.67 150m: 2:40.05 200m: 3:33.07	10 SH	3:33.07	269
13. Áróra Mjöll Jónsdóttir 50m: 50.04 100m: 1:43.80 150m: 2:41.15 200m: 3:33.40	13 Fjölur	3:33.40	267
14. Margrét Brynja Steingrímsdóttir 50m: 49.28 100m: 1:43.15 150m: 2:41.01 200m: 3:35.56	12 UMFA	3:35.56	259
15. Herdís Daðadóttir 50m: 48.43 100m: 1:44.61 150m: 2:42.13 200m: 3:40.30	12 Fjölur	3:40.30	243

Sundgrein 8

23.03.2024 - 11:22

karla, 100m bringusund

Opinn
Úrslitalistar

Mótsmet	1:03.72	Darren Mew	GBR		01.06.2008
Íslandsmet	1:00.32	Anton Sveinn McKee	SH	Gwangju (KOR)	21.07.2019
Íslandsmet Unglinga	1:03.43	Snorri Dagur Einarsson	SH	Reykjavík	01.04.2023
Íslandsmet Aldurshópur	1:07.46	Dadi Björnsson	SH	Reykjavík	05.04.2019

EM : 1:02.07 / EM 19 - 21: 1:02.70 / EMU 16 - 18: 1:03.95 / NÆM 14 - 16: 1:07.37

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Snorri Dagur Einarsson 50m: 29.61 100m: 1:03.47	05 SH	1:03.47	719 SSÍ
2. Nikolai Leo Jónsson 50m: 32.72 100m: 1:11.27	08 ÍRB	1:11.27	508 ÍM
3. Adam Leó Tómasson 50m: 34.23 100m: 1:12.59	07 SH	1:12.59	481 ÍM
4. Daði Rafn Falsson 50m: 35.30 100m: 1:14.00	08 ÍRB	1:14.00	454 ÍM
5. Mikael Fannar Arnarson 50m: 35.18 100m: 1:14.06	09 ÍRB	1:14.06	453 ÍM
6. Arnar Logi Ægisson 50m: 35.16 100m: 1:14.53	07 SH	1:14.53	444 ÍM
7. Arnór Egill Einarsson 50m: 34.85 100m: 1:15.26	07 SH	1:15.26	431 ÍM

Sundgrein 8, karla, 100m bringusund, Opinn

Sæti		F.ár		Tími	Stig
8.	Róbert Ísak Jónsson 50m: 34.82 100m: 1:15.77	01	SH	SB141:15.77	423 ÍM
9.	Dominic Dadi Wheeler 50m: 37.71 100m: 1:19.32	07	BREI	1:19.32	368 ÍM
10.	Gísli Kristján Traustason 50m: 38.55 100m: 1:19.48	09	ÍRB	1:19.48	366 ÍM
11.	Már Óskar Þorsteinsson 50m: 37.99 100m: 1:22.46	07	SH	1:22.46	328
12.	Björn Yngvi Guðmundsson 50m: 38.64 100m: 1:22.88	07	SH	1:22.88	323
13.	Gabriel Ingi Derti 50m: 38.73 100m: 1:23.04	08	ÍRB	1:23.04	321
14.	Ragnar Halldórsson 50m: 39.17 100m: 1:23.69	09	BREI	1:23.69	313
15.	Magni Rafn Ragnarsson 50m: 40.32 100m: 1:25.35	10	Óðinn	1:25.35	295
16.	Julian Jarnutowski 50m: 40.17 100m: 1:25.68	10	ÍRB	1:25.68	292
17.	Ernir Máni Oddgeirsson 50m: 39.97 100m: 1:25.80	07	SH	1:25.80	291
18.	Benedikt Már Þorvaldsson 50m: 41.62 100m: 1:25.98	10	Óðinn	1:25.98	289
19.	Andri Ólafsson 50m: 40.15 100m: 1:26.19	09	SH	1:26.19	287
20.	Ernir Erlendsson 50m: 39.00 100m: 1:27.18	05	UMFG	1:27.18	277
21.	Þór Eli Gunnarsson 50m: 41.66 100m: 1:30.37	11	SH	1:30.37	249
22.	Jón Ingvar Eypórsson 50m: 42.39 100m: 1:30.50	10	BREI	1:30.50	248
23.	Jón Ingi Einarsson 50m: 43.45 100m: 1:31.29	11	Óðinn	1:31.29	241
24.	Valentin Genov 50m: 43.93 100m: 1:32.09	10	Ármann	1:32.09	235
25.	Alexander Reid McCormick 50m: 45.28 100m: 1:33.48	10	Óðinn	1:33.48	225
26.	Guðfinnur Karlsson S11 50m: 45.27 100m: 1:33.86	88	Fjörður	SB111:33.86	222
27.	Luca Magni Barreiro Concheiro 50m: 46.20 100m: 1:37.37	09	Sunddeild KR	1:37.37	199
28.	Andrej Tepavcevic 50m: 46.00 100m: 1:37.40	12	SH	1:37.40	199
29.	Benjamín Pétursson 50m: 46.36 100m: 1:40.69	12	UMFA	1:40.69	180

Sundgrein 8, karla, 100m bringusund, Opinn

Sæti		F.ár	Tími	Stigi
30.	Kristófer Guðjónsson 50m: 49.84 100m: 1:44.68	13	ÍA	1:44.68 160
31.	Hrafn Guðmundsson 50m: 51.58 100m: 1:45.32	11	Sunddeild KR	1:45.32 157
32.	Tómas Ingi Þórðarson 50m: 50.59 100m: 1:47.37	11	Fjölpir	1:47.37 148
33.	Daníel Rafn Atlason 50m: 52.01 100m: 1:48.71	10	SH	1:48.71 143
34.	Tristan Orri Borghildarson 50m: 53.45 100m: 1:52.48	10	ÍRB	1:52.48 129

17 - 18 ára

1.	Adam Leó Tómasson 50m: 34.23 100m: 1:12.59	07	SH	1:12.59 481 ÍM
2.	Arnar Logi Ægisson 50m: 35.16 100m: 1:14.53	07	SH	1:14.53 444 ÍM
3.	Arnór Egill Einarsson 50m: 34.85 100m: 1:15.26	07	SH	1:15.26 431 ÍM
4.	Dominic Dadi Wheeler 50m: 37.71 100m: 1:19.32	07	BREI	1:19.32 368 ÍM
5.	Már Óskar Þorsteinsson 50m: 37.99 100m: 1:22.46	07	SH	1:22.46 328
6.	Björn Yngvi Guðmundsson 50m: 38.64 100m: 1:22.88	07	SH	1:22.88 323
7.	Ernir Máni Oddgeirsson 50m: 39.97 100m: 1:25.80	07	SH	1:25.80 291

15 - 16 ára

1.	Nikolai Leo Jónsson 50m: 32.72 100m: 1:11.27	08	ÍRB	1:11.27 508 ÍM
2.	Daði Rafn Falsson 50m: 35.30 100m: 1:14.00	08	ÍRB	1:14.00 454 ÍM
3.	Mikael Fannar Amarson 50m: 35.18 100m: 1:14.06	09	ÍRB	1:14.06 453 ÍM
4.	Gísli Kristján Traustason 50m: 38.55 100m: 1:19.48	09	ÍRB	1:19.48 366 ÍM
5.	Gabriel Ingi Derti 50m: 38.73 100m: 1:23.04	08	ÍRB	1:23.04 321
6.	Ragnar Halldórsson 50m: 39.17 100m: 1:23.69	09	BREI	1:23.69 313
7.	Andri Ólafsson 50m: 40.15 100m: 1:26.19	09	SH	1:26.19 287
8.	Luca Magni Barreiro Concheiro 50m: 46.20 100m: 1:37.37	09	Sunddeild KR	1:37.37 199

Sundgrein 8, karla, 100m bringusund

14 ára og yngri

1. Magni Rafn Ragnarsson	10	Óðinn	1:25.35	295
50m: 40.32 100m: 1:25.35				
2. Julian Jarnutowski	10	ÍRB	1:25.68	292
50m: 40.17 100m: 1:25.68				
3. Benedikt Már Þorvaldsson	10	Óðinn	1:25.98	289
50m: 41.62 100m: 1:25.98				
4. Þór Eli Gunnarsson	11	SH	1:30.37	249
50m: 41.66 100m: 1:30.37				
5. Jón Ingvar Eypórsson	10	BREI	1:30.50	248
50m: 42.39 100m: 1:30.50				
6. Jón Ingi Einarsson	11	Óðinn	1:31.29	241
50m: 43.45 100m: 1:31.29				
7. Valentin Genov	10	Ármann	1:32.09	235
50m: 43.93 100m: 1:32.09				
8. Alexander Reid McCormick	10	Óðinn	1:33.48	225
50m: 45.28 100m: 1:33.48				
9. Andrej Tepavcevic	12	SH	1:37.40	199
50m: 46.00 100m: 1:37.40				
10. Benjamín Pétursson	12	UMFA	1:40.69	180
50m: 46.36 100m: 1:40.69				
11. Kristófer Guðjónsson	13	ÍA	1:44.68	160
50m: 49.84 100m: 1:44.68				
12. Hrafn Guðmundsson	11	Sunddeild KR	1:45.32	157
50m: 51.58 100m: 1:45.32				
13. Tómas Ingi Þórðarson	11	Fjölnir	1:47.37	148
50m: 50.59 100m: 1:47.37				
14. Daníel Rafn Atlason	10	SH	1:48.71	143
50m: 52.01 100m: 1:48.71				
15. Tristan Orri Borghildarson	10	ÍRB	1:52.48	129
50m: 53.45 100m: 1:52.48				

Sundgrein 9
23.03.2024 - 11:32

kvenna, 50m skriðsund

Opinn
Úrslitalistar

Mótsmet	26.19	Ragnheiður Ragnarsdóttir	KR		01.04.2012
Íslandsmet	25.24	Sarah Blake Bateman	AEGIR	Debrecen (HUN)	26.05.2012
Íslandsmet Unglinga	26.08	Ingibjörg Kristín Jónsdóttir	SH	Laugardalslaug	09.04.2011
Íslandsmet Aldurshópur	26.65	Vala Dís Cicero	SH	Reykjavík	01.04.2023

EM : 26.01 / EM 19 - 21: 26.28 / EMU 16 - 18: 26.73

Stig: FINA 2024

Sæti	F.ár	Stig	Tími	Stig
1.	Vala Dís Cicero	08 SH	26.98	670 SSÍ
2.	Guðbjörg Bjartey Guðmundsdóttir	05 ÍA	27.35	643 ÍM
3.	Freyja Birkisdóttir	06 BREI	27.70	619 ÍM
4.	Ylfa Lind Kristmannsdóttir	08 Ármann	28.11	592 ÍM
5.	Birgitta Ingólfssdóttir	05 SH	28.49	569 ÍM
6.	Ásdís Gunnarsdóttir	08 UMFA	28.67	558 ÍM
7.	Ragnheiður Ásta Magnúsdóttir	07 BREI	28.78	552 ÍM
8.	María Skorastein Sigurdardóttir	07 SH	28.89	545 ÍM
9.	Kristín Rebekka Gunnarsdóttir	09 Ægir	28.90	545 ÍM
10.	Sunneva Bergmann Ásbjornsdóttir	07 ÍRB	28.93	543 ÍM
11.	Stefanía Sigurþórsdóttir	01 BREI	29.03	537 ÍM
12.	Dagbjörg Hlíf Ólafsdóttir	05 SH	29.34	521 ÍM
13.	Elísabet Arnoddsdóttir	09 ÍRB	29.38	518 ÍM
14.	Ylfa Ásgerður Eyjólfssdóttir	06 Ægir	29.61	506 ÍM
15.	Ágústa Inga Arnarsdóttir	06 Stjarnan	29.70	502 ÍM
16.	Viktoría Emilia Orlita	09 ÍA	29.85	494 ÍM
17.	Hekla Kristrún Mist Arnarsdóttir	06 Ægir	29.96	489 ÍM
18.	Katrín Ósk Aðalsteinsdóttir	09 SH	30.06	484 ÍM
19.	Haldóra Björt Ingimundardóttir	08 BREI	30.13	481 ÍM
20.	Halla Rún Fannarsdóttir	08 Óðinn	30.26	474 ÍM
21.	Hulda Björg Magnúsdóttir Nilsen	08 Ægir	30.36	470 ÍM
22.	Guðbjörg Helga Hilmarsdóttir	11 BREI	30.46	465 ÍM
23.	Ingibjörg Svava Magnúsdóttir	05 ÍA	30.62	458 ÍM
24.	Álfrún Lóa Jónsdóttir	10 Fjöltnir	30.75	452 ÍM
25.	Dagmar Arna Sigurðardóttir	09 SH	30.86	447 ÍM
26.	Bergey Huld Arnarsdóttir	11 BREI	30.89	446 ÍM
27.	Kristín Ásta Sigtryggsdóttir	09 Ægir	30.96	443 ÍM
28.	Sunna Dís Skarphéðinsdóttir	08 ÍA	31.20	433 ÍM
29.	Ragnheiður L. Gunnsteinsdóttir	07 BREI	31.25	431 ÍM
30.	Karen Anna Orlita	12 ÍA	31.30	429 ÍM
31.	Freyja Sigríður Ásgeirsdóttir	07 Ægir	31.43	423 ÍM
	Birgitta Björt Kjartansdóttir	10 SH	31.43	423 ÍM
33.	Hallgerður Hoskuldsdóttir	04 UMF Selfoss	31.52	420 ÍM
34.	Thelma Ösp Sveinbjörnsdóttir	10 SH	31.99	402
35.	Aldís Ogmundsdóttir	09 Sunddeild KR	32.56	381
36.	Alexandra Dís Gunnarsdóttir	11 ÍRB	32.76	374
37.	Bergþóra Sól Hálfðánsdóttir	06 ÍRB	32.89	369
38.	Gabriela Róza Bondarow	10 Ármann	33.15	361
39.	Eydís Jóhannesdóttir	11 ÍRB	33.19	359
40.	Sóley Helga Sigfríðardóttir	12 Fjöltnir	33.77	341
	Birna Rún Jónsdóttir	09 UMFA	33.77	341
42.	Elín Sara Skarphéðinsdóttir	10 ÍA	33.95	336
43.	Sigríður Aníta Sveinsdóttir S14	01 ÍFR	S14 34.08	332

Sundgrein 9, kvenna, 50m skriðsund, Opinn

Sæti	F.ár	Tími	Stig
44. Natalia Fanney Sigurðardóttir	10 ÍRB	34.16	330
45. Viktoria Vasile	11 Sunddeild KR	34.20	329
46. Hanna Steinunn Guðnadóttir	11 ÍRB	34.29	326
47. Tinna Salome Róbertsdóttir	11 BREI	34.71	314
48. Karen Júlía Traustadóttir	12 ÍRB	34.75	313
49. Rakel Ósk Kristjánsdóttir	11 UMFA	37.01	259 *
50. Margrét Brynja Steingrímsdóttir	12 UMFA	37.20	255 *
51. Sigrún Kjartansdóttir	03 Fjörður	S16 41.64	182 *
52. Thelma Björnsdóttir S6 Sb5	96 ÍFR	S6 43.03	165 *
53. Sonja Sigurdardóttir S3	90 ÍFR	S3 1:07.75	42 *

Sundgrein 10

karla, 50m skriðsund

Opinn

23.03.2024 - 11:41

Úrslitalistar

Mótsmet	23.15	Árni Már Arnason	ÍRB		01.06.2008
Íslandsmet	22.53	Árni Már Arnason	ÍRB	Canet (FRA)	06.06.2012
Íslandsmet Unglinga	23.29	Orn Arnarson	SH	Hafnarfjoerdur	30.12.1998
Íslandsmet Aldurshópur	25.17	Denas Kazulis	IRB	Reykjanesbaer	19.12.2023

EM : 22.98 / EM 19 - 21: 23.21 / EMU 16 - 18: 23.67

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Guðmundur Karl Karlsson	05 ÍRB	24.94	589 ÍM
2. Guðbjarni Sigþórsson	06 ÍA	25.00	585 ÍM
3. Daði Þór Friðriksson	07 SH	26.41	496 ÍM
4. Einar Helgi Guðlaugsson	91 Ægir	26.67	481 ÍM
5. Orn Ægisson	06 Ármann	26.77	476 ÍM
6. Ásberg Halldór Hansson	07 Ægir	26.82	473 ÍM
7. Stefán Ingi Ólafsson	06 Ægir	26.98	465 ÍM
8. Arnar Milos Arnbjornsson	08 ÍRB	27.23	452 ÍM
9. Maciej Stefan Markowski	06 Stjarnan	27.25	451 ÍM
10. Mykhailo S. Lafleur	07 ÍRB	27.45	442 ÍM
11. Kajus Jatautas	10 ÍA	27.58	435 ÍM
12. Martin Tsenov	92 ÍRB	27.68	431 ÍM
13. Vanja Djurovic	09 BREI	28.39	399
14. Guðmundur Halldórsson	04 BREI	28.44	397
15. Jakob Ingi Reynisson	06 ÍRB	28.55	392
16. Mikael Fannar Arnarson	09 ÍRB	28.73	385
17. Ragnar Halldórsson	09 BREI	28.75	384
18. Jón Haukur Þórsson	08 Sunddeild KR	28.91	378
19. Þórður Karl Steinarsson	09 Sunddeild KR	29.21	366
20. Huginn Leví Pétursson	09 BREI	29.67	350
21. Egill Orri Baldursson	09 ÍRB	29.99	338
22. Gabríel Ingi Derti	08 ÍRB	30.00	338
23. Ernir Erlendsson	05 UMFG	30.43	324 SSÍ
24. Arnór Karlsson	09 UMF Selfoss	31.04	305
25. Alexander Reid McCormick	10 Óðinn	31.23	300
26. Viktor Bergmann Arnarsson	10 ÍRB	31.27	299
27. Viljar Fannarsson	10 Fjölínir	31.41	295
28. Jón Ingi Einarsson	11 Óðinn	31.50	292
29. Benedikt Bjarni Melsted	08 Sunddeild KR	31.65	288

Sundgrein 10, karla, 50m skriðsund, Opinn

Sæti	F.ár	Tími	Stig
30. Timotei Roland Randhawa	10 Sunddeild KR	32.33	270
31. Ívan Elí Ólafsson	10 Óðinn	32.55	265
32. Bjarki Ragnar Arnarsson	12 UMFA	32.88	257
33. Hólmur Loki Ragnarsson	11 Ármann	33.47	243
34. Hrafn Guðmundsson	11 Sunddeild KR	33.58	241
35. Luca Magni Barreiro Concheiro	09 Sunddeild KR	33.60	241
36. Benedikt Már Þorvaldsson	10 Óðinn	33.66	239
37. Ólafur Bragason Thoroddsen	10 BREI	34.48	223
38. Ýmir Snær Hlynsson	02 ÖSP S14	34.78	217
39. Benjamín Pétursson	12 UMFA	34.88	215
40. Guðfinnur Karlsson S11	88 Fjörður S11	35.13	210 *
41. Bragi Valur Gestsson	08 Sunddeild KR	35.42	205 *

Sundgrein 11

blandað, 4 x 50m skriðsund

Opinn
Úrslitalistar

23.03.2024 - 11:48

Mótsmet	1:39.95	SH	SH	15.03.2019
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Stig: FINA 2024

Sæti	Tími	Stig
1. SH 1	SH	1:42.20
Veigar Hrafn Sigþórsson 05 +0,65 24.79	Birgitta Ingólfssdóttir 05 +0,75 27.62	
Birnir Freyr Hálfðánarsson 06 +0,22 23.83	Vala Dís Cicero 08 +0,27 25.96	
2. ÍRB 1	ÍRB	1:42.50
Fannar Snævar Hauksson 04 +0,64 24.42	Eva Margrét Falsdóttir 05 +0,32 27.10	
Guðmundur Leo Rafnsson 06 +0,02 23.39	Sunneva Bergmann Ásbjörnsdóttir 07 +0,27 27.59	
3. ÍRB 2	ÍRB	1:47.43
Denas Kazulis 08 +0,66 25.09	Ástrós Lovísa Hauksdóttir 08 +0,05 29.38	
Guðmundur Karl Karlsson 05 +0,25 24.65	Elisabet Arnoddsdóttir 09 -0,03 28.31	
4. ÍA 1	ÍA	1:48.19
Guðbjarni Sigþórsson 06 +0,65 25.60	Kajus Jatautas 10 +0,71 27.48	
Guðbjörg Bjartey Guðmundsdóttir 05 +0,55 27.25	Sunna Arnfinnsdóttir 07 +0,30 27.86	
5. SH 2	SH	1:48.86
Snorri Dagur Einarsson 05 +0,59 25.63	María Skorastein Sigurdardóttir 07 +0,52 29.64	
Bergur Fáfur Bjarnason 06 +0,33 25.43	Dagbjörg Hlíf Ólafsdóttir 05 +0,03 28.16	
6. SH 3	SH	1:51.53
Magnús Víðir Jónsson 08 +0,56 25.73	Katrín Ósk Aðalsteinsdóttir 09 +0,51 29.33	
Daði Þór Friðriksson 07 +0,42 25.79	Dagmar Arna Sigurðardóttir 09 +0,55 30.68	
7. Óðinn 1	Óðinn	2:05.31
Halla Rún Fannarsdóttir 08 +0,72 29.33	Ísabella Jóhannsdóttir 10 +0,78 34.14	
Alexander Reid McCormick 10 +0,72 31.34	Magni Rafn Ragnarsson 10 +0,48 30.50	
8. UMFA 1	UMFA	2:16.97
Bjarki Ragnar Arnarsson 12 +0,74 31.74	Rakel Ósk Kristjánsdóttir 11 +0,47	
Benjamín Pétursson 12 +0,60 35.35	Birna Rún Jónsdóttir 09	

Sundgrein 12
23.03.2024 - 16:00

kvenna, 400m fjórsund

Opinn
Úrslitalistar

Mótsmet	5:00.25	Hrafnhildur Lúthersdóttir	SH		01.06.2010
Íslandsmet	4:46.70	Hrafnhildur Lúthersdóttir	SH	Reykjavík	05.06.2015
Íslandsmet Unglinga	4:55.17	Eygló Ósk Gústafsdóttir	AEGIR	Luxembourg (LUX)	31.05.2013
Íslandsmet Aldurshópur	5:04.17	Eygló Ósk Gústafsdóttir	AEGIR	Reykjanesbaer	29.05.2010
EM : 4:54.04 / EM 19 - 21: 4:57.04 / EMU 16 - 18: 5:02.22 / NÆM 14 - 16: 5:14.69					

Stig: FINA 2024

Sæti	F.ár						Tími	Stig
1. Eva Margrét Falsdóttir	05 ÍRB						5:01.58	685 SSÍ
	50m: 31.11	150m: 1:48.25	250m: 3:09.32	350m: 4:27.36	400m: 5:01.58			
	100m: 1:07.14	200m: 2:27.70	300m: 3:50.62					
2. Sunneva Bergmann Ásbjornsdóttir	07 ÍRB						5:22.34	561 ÍM
	50m: 33.93	150m: 1:56.66	250m: 3:22.25	350m: 4:46.56	400m: 5:22.34			
	100m: 1:14.34	200m: 2:36.66	300m: 4:08.38					
3. Austėja Savickaitė	09 ÍRB						5:39.17	481 ÍM
	50m: 36.63	150m: 2:04.46	250m: 3:34.21	350m: 5:01.59	400m: 5:39.17			
	100m: 1:19.23	200m: 2:48.32	300m: 4:21.23					
4. Freydís Lilja Bergþórsdóttir	09 ÍRB						5:42.63	467 ÍM
	50m: 36.53	150m: 2:03.05	250m: 3:36.63	350m: 5:04.26	400m: 5:42.63			
	100m: 1:18.00	200m: 2:47.28	300m: 4:25.17					
5. Adríana Agnes Derti	10 ÍRB						5:42.69	466 ÍM
	50m: 35.30	150m: 2:00.54	250m: 3:36.65	350m: 5:05.96	400m: 5:42.69			
	100m: 1:16.01	200m: 2:45.19	300m: 4:29.22					
6. Kristín Ásta Sigtryggsdóttir	09 Ægir						5:44.17	460 ÍM
	50m: 35.86	150m: 2:05.02	250m: 3:38.92	350m: 5:06.67	400m: 5:44.17			
	100m: 1:18.29	200m: 2:50.91	300m: 4:28.67					
7. Katla Mist Bragadóttir	07 Ármann						5:44.98	457 ÍM
	50m: 38.78	150m: 2:11.61	250m: 3:45.26	350m: 5:08.11	400m: 5:44.98			
	100m: 1:24.44	200m: 2:59.08	300m: 4:30.56					
8. Alicja Julia Kempisty	10 Óðinn						5:49.71	439 ÍM
	50m: 39.10	150m: 2:10.84	250m: 3:45.99	350m: 5:13.56	400m: 5:49.71			
	100m: 1:25.35	200m: 2:55.42	300m: 4:37.98					
9. Þorgerður Freyja Helgadóttir	11 BREI						5:55.18	419 ÍM
	50m: 38.40	150m: 2:10.27	250m: 3:45.74	350m: 5:16.87	400m: 5:55.18			
	100m: 1:25.02	200m: 2:53.62	300m: 4:37.75					
10. Ema Austa Pratusytė	10 SH						5:55.30	419 ÍM
	50m: 40.41	150m: 2:14.16	250m: 3:46.84	350m: 5:17.50	400m: 5:55.30			
	100m: 1:29.55	200m: 2:57.36	300m: 4:37.62					
11. Eydís Jóhannesdóttir	11 ÍRB						5:57.94	409 ÍM
	50m: 42.70	150m: 2:16.52	250m: 3:51.37	350m: 5:19.40	400m: 5:57.94			
	100m: 1:29.43	200m: 3:01.08	300m: 4:38.59					
12. Ísabella Jóhannsdóttir	10 Óðinn						6:07.21	379 ÍM
	50m: 41.19	150m: 2:18.70	250m: 3:56.28	350m: 5:28.12	400m: 6:07.21			
	100m: 1:27.32	200m: 3:08.32	300m: 4:45.86					
13. Álfrún Lóa Jónsdóttir	10 Fjöltnir						6:09.52	372 ÍM
	50m: 43.58	150m: 2:24.04	250m: 3:57.09	350m: 5:29.57	400m: 6:09.52			
	100m: 1:35.68	200m: 3:10.33	300m: 4:46.76					

Sundgrein 13
23.03.2024 - 16:14

karla, 1500m skriðsund

Opinn
Úrslitalistar

Mótsmet	16:08.55	Patrik Viggó Vilbergsson	BREI		15.03.2020
Íslandsmet	15:27.08	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Íslandsmet Unglinga	15:45.21	Anton Sveinn McKee	AEGIR	Canet-en-Roussillon (FRA)	09.06.2011
Íslandsmet Aldurshópur	16:12.57	Hólmur Grétarsson	SH	Gzira (MLT)	02.06.2023

EM : 15:39.74 / EM 19 - 21: 15:49.33 / EMU 16 - 18: 16:08.21 / NÆM 14 - 16: 17:00.00

Stig: FINA 2024

Sæti	F.ár		Tími		Stig
1. Andri Már Kristjánsson	06	SH	17:04.68	614	ÍM
50m: 29.62	300m: 3:19.10	550m: 6:12.70	800m: 9:06.19	1050m: 11:58.66	1300m: 14:52.30
100m: 1:03.07	350m: 3:53.93	600m: 6:46.91	850m: 9:40.83	1100m: 12:33.73	1350m: 15:26.38
150m: 1:37.37	400m: 4:28.53	650m: 7:21.97	900m: 10:15.69	1150m: 13:08.14	1400m: 16:00.75
200m: 2:11.42	450m: 5:02.44	700m: 7:56.45	950m: 10:48.55	1200m: 13:42.73	1450m: 16:33.13
250m: 2:45.13	500m: 5:37.78	750m: 8:31.07	1000m: 11:23.60	1250m: 14:17.72	1500m: 17:04.68
2. Karl Björnsson	08	SH	17:05.04	613	ÍM
50m: 30.59	300m: 3:19.49	550m: 6:12.94	800m: 9:05.50	1050m: 11:58.96	1300m: 14:52.13
100m: 1:03.31	350m: 3:54.41	600m: 6:47.08	850m: 9:40.23	1100m: 12:33.47	1350m: 15:26.62
150m: 1:37.77	400m: 4:28.60	650m: 7:21.98	900m: 10:14.51	1150m: 13:08.91	1400m: 16:00.41
200m: 2:11.41	450m: 5:03.57	700m: 7:56.34	950m: 10:49.08	1200m: 13:42.95	1450m: 16:34.09
250m: 2:45.87	500m: 5:37.97	750m: 8:31.25	1000m: 11:23.58	1250m: 14:18.07	1500m: 17:05.04
3. Birgir Hrafn Kjartansson	08	Ægir	18:00.30	524	ÍM
50m: 31.29	300m: 3:27.05	550m: 6:28.59	800m: 9:30.26	1050m: 12:33.53	1300m: 15:37.52
100m: 1:05.07	350m: 4:03.46	600m: 7:04.55	850m: 10:07.17	1100m: 13:10.14	1350m: 16:14.02
150m: 1:40.37	400m: 4:39.39	650m: 7:41.23	900m: 10:43.65	1150m: 13:46.93	1400m: 16:50.24
200m: 2:15.62	450m: 5:16.31	700m: 8:17.49	950m: 11:20.29	1200m: 14:23.92	1450m: 17:26.02
250m: 2:51.43	500m: 5:51.98	750m: 8:53.99	1000m: 11:56.49	1250m: 15:00.77	1500m: 18:00.30
4. Halldór Ingi Hafþórsson	08	SH	19:05.17	440	ÍM
50m: 33.11	300m: 3:44.79	550m: 6:57.22	800m: 10:08.32	1050m: 13:19.68	1300m: 16:33.99
100m: 1:11.12	350m: 4:23.03	600m: 7:35.30	850m: 10:46.73	1100m: 13:58.56	1350m: 17:12.19
150m: 1:49.04	400m: 5:01.68	650m: 8:13.40	900m: 11:24.63	1150m: 14:37.54	1400m: 17:51.21
200m: 2:27.89	450m: 5:40.02	700m: 8:51.63	950m: 12:02.36	1200m: 15:16.46	1450m: 18:28.56
250m: 3:06.39	500m: 6:18.71	750m: 9:29.98	1000m: 12:41.21	1250m: 15:55.07	1500m: 19:05.17
5. Magni Rafn Ragnarsson	10	Óðinn	19:23.08	420	ÍM
50m: 35.28	300m: 3:48.76	550m: 7:04.88	800m: 10:21.07	1050m: 13:35.43	1300m: 16:49.59
100m: 1:13.40	350m: 4:28.26	600m: 7:44.19	850m: 11:00.00	1100m: 14:14.15	1350m: 17:28.39
150m: 1:51.95	400m: 5:07.33	650m: 8:23.69	900m: 11:38.98	1150m: 14:53.12	1400m: 18:07.36
200m: 2:30.75	450m: 5:46.63	700m: 9:03.00	950m: 12:17.91	1200m: 15:31.93	1450m: 18:45.59
250m: 3:09.74	500m: 6:25.85	750m: 9:41.95	1000m: 12:56.85	1250m: 16:10.64	1500m: 19:23.08
6. Þór Eli Gunnarsson	11	SH	19:35.97	406	ÍM
50m: 33.69	300m: 3:52.44	550m: 7:12.43	800m: 10:30.69	1050m: 13:47.96	1300m: 17:04.46
100m: 1:13.12	350m: 4:32.79	600m: 7:52.00	850m: 11:10.37	1100m: 14:27.01	1350m: 17:43.59
150m: 1:53.13	400m: 5:12.82	650m: 8:31.50	900m: 11:49.46	1150m: 15:06.56	1400m: 18:21.81
200m: 2:32.22	450m: 5:53.12	700m: 9:11.18	950m: 12:29.68	1200m: 15:45.75	1450m: 18:59.64
250m: 3:12.59	500m: 6:32.68	750m: 9:50.96	1000m: 13:08.56	1250m: 16:25.46	1500m: 19:35.97
7. Kristjón Hrafn Kjartansson	11	SH	19:38.57	403	ÍM
50m: 34.94	300m: 3:53.73	550m: 7:11.79	800m: 10:31.01	1050m: 13:48.06	1300m: 17:04.90
100m: 1:13.96	350m: 4:33.44	600m: 7:52.10	850m: 11:10.43	1100m: 14:27.80	1350m: 17:44.02
150m: 1:52.94	400m: 5:13.29	650m: 8:31.58	900m: 11:50.08	1150m: 15:06.69	1400m: 18:23.26
200m: 2:33.25	450m: 5:52.62	700m: 9:11.84	950m: 12:29.21	1200m: 15:46.18	1450m: 19:01.82
250m: 3:13.28	500m: 6:32.67	750m: 9:51.02	1000m: 13:08.79	1250m: 16:25.21	1500m: 19:38.57
8. Andri Ólafsson	09	SH	19:59.70	382	ÍM
50m: 34.66	300m: 3:54.64	550m: 7:16.61	800m: 10:42.99	1050m: 14:06.84	1300m: 17:25.57
100m: 1:13.55	350m: 4:34.66	600m: 7:57.67	850m: 11:22.28	1100m: 14:46.11	1350m: 18:05.59
150m: 1:53.23	400m: 5:15.73	650m: 8:39.40	900m: 12:03.40	1150m: 15:26.42	1400m: 18:45.00
200m: 2:33.52	450m: 5:56.18	700m: 9:20.71	950m: 12:44.67	1200m: 16:06.76	1450m: 19:22.90
250m: 3:14.14	500m: 6:36.61	750m: 10:01.59	1000m: 13:26.31	1250m: 16:45.94	1500m: 19:59.70

Sundgrein 13, karla, 1500m skriðsund, Opinn

Sæti	F.ár		Tími		Stig
9. Benedikt Bjarni Melsted	08	Sunddeild KR	20:26.18	358	
50m: 36.13	300m: 4:00.65	550m: 7:30.13	800m: 10:55.79	1050m: 14:19.67	1300m: 17:44.36
100m: 1:15.01	350m: 4:42.66	600m: 8:11.36	850m: 11:36.46	1100m: 15:00.05	1350m: 18:25.38
150m: 1:55.72	400m: 5:24.80	650m: 8:53.48	900m: 12:17.09	1150m: 15:40.78	1400m: 19:06.07
200m: 2:36.61	450m: 6:05.98	700m: 9:33.98	950m: 12:57.61	1200m: 16:22.00	1450m: 19:46.20
250m: 3:18.55	500m: 6:48.09	750m: 10:15.26	1000m: 13:38.21	1250m: 17:03.41	1500m: 20:26.18
10. Jón Ingi Einarsson	11	Óðinn	21:32.19	306	
50m: 36.36	300m: 4:14.00	550m: 7:51.04	800m: 11:27.94	1050m: 15:05.64	1300m: 18:45.37
100m: 1:19.54	350m: 4:57.24	600m: 8:34.60	850m: 12:10.99	1100m: 15:49.51	1350m: 19:29.60
150m: 2:02.41	400m: 5:40.98	650m: 9:17.27	900m: 12:54.48	1150m: 16:34.21	1400m: 20:11.47
200m: 2:46.27	450m: 6:24.20	700m: 10:01.83	950m: 13:38.63	1200m: 17:18.12	1450m: 20:52.19
250m: 3:30.14	500m: 7:07.52	750m: 10:44.71	1000m: 14:22.36	1250m: 18:02.50	1500m: 21:32.19

Sundgrein 14

23.03.2024 - 16:35

karla, 50m baksund

Opinn
Úrslitalistar

Mótsmet	26.23	Örn Arnarson	SH		01.06.2008
Íslandsmet	25.86	Örn Arnarson	SH	Eindhoven (NED)	20.03.2008
Íslandsmet Unglinga	26.87	Kristinn Þórarinnsson	FJOL	Reykjavík	12.04.2014
Íslandsmet Aldurshópur	27.97	Brynjólfur Óli Karlsson	UBK	Reykjavík	24.04.2016

EM : 26.14 / EM 19 - 21: 26.40 / EMU 16 - 18: 26.93

Stig: FINA 2024

Sæti	F.ár		Tími	Stig
1. Guðmundur Leo Rafnsson	06	ÍRB	27.16	651 SSÍ
2. Fannar Snævar Hauksson	04	ÍRB	27.43	632 ÍM
3. Bergur Fálnir Bjarnason	06	SH	29.30	519 ÍM
4. Guðbjarni Sigþórsson	06	ÍA	30.40	464 ÍM
5. Ásberg Halldór Hansson	07	Ægir	30.67	452 ÍM
6. Örn Ægisson	06	Ármann	31.47	419 ÍM
7. Mykhailo S. Lafleur	07	ÍRB	32.92	366 ÍM
8. Arnar Milos Arnbjörnsson	08	ÍRB	33.27	354 ÍM
9. Martin Tsenov	92	ÍRB	33.59	344 ÍM
10. Matthias Máni Waagfjörð	08	SH	34.00	332
11. Jón Haukur Þórsson	08	Sunddeild KR	35.07	302
12. Arnór Karlsson	09	UMF Selfoss	35.50	291
13. Ingibjörn Natan Guðmundsson	09	Ægir	35.97	280
14. Ívan Elí Ólafsson	10	Óðinn	36.66	265
15. Bjarki Ragnar Arnarsson	12	UMFA	39.59	210
16. Þórður Bæhrenz Sigurðsson	11	Ármann	46.53	129 *

Sundgrein 15
23.03.2024 - 16:40

kvenna, 200m skriðsund

Opinn
Úrslitalistar

Mótsmet	2:04.98	Sigrún Brá Sverrisdóttir	Fjölnir		01.06.2008
Íslandsmet	1:57.98	Snaefridur Sol Jorunnardóttir	ISL	Fukuoka (JPN)	25.07.2023
Íslandsmet Unglinga	2:01.82	Snaefridur Sol Jorunnardóttir	ISL	Odense (DEN)	15.07.2018
Íslandsmet Aldurshópur	2:05.17	Vala Dís Cicero	SH	Reykjavík	02.04.2023
EM : 2:03.25 / EM 19 - 21: 2:04.52 / EMU 16 - 18: 2:06.69 / NÆM 14 - 16: 2:11.92					

Stig: FINA 2024

Sæti	F.ár						Tími	Stig
Opinn								
1.	Vala Dís Cicero	08	SH				2:04.79	739 SSÍ A
	50m: 29.04	100m: 1:01.03	150m: 1:33.47	200m: 2:04.79				
2.	Nadja Djurovic	07	BREI				2:07.37	695 SSÍ
	50m: 30.21	100m: 1:02.26	150m: 1:35.10	200m: 2:07.37				
3.	Katja Lilja Andriysoðttir	06	SH				2:08.81	672 SSÍ
	50m: 29.60	100m: 1:02.00	150m: 1:35.53	200m: 2:08.81				
4.	Sólveig Freyja Hákonardóttir	09	BREI				2:09.94	655 NÆM
	50m: 30.11	100m: 1:03.01	150m: 1:36.52	200m: 2:09.94				
5.	Ásdís Steindórsdóttir	09	BREI				2:12.13	623 SSÍ
	50m: 30.34	100m: 1:03.73	150m: 1:38.15	200m: 2:12.13				
6.	María Skorastein Sigurdardóttir	07	SH				2:15.29	580 ÍM
	50m: 31.39	100m: 1:05.41	150m: 1:40.25	200m: 2:15.29				
7.	Katrín Lóa Ingadóttir	08	Ármann				2:17.63	551 ÍM
	50m: 31.97	100m: 1:07.23	150m: 1:42.34	200m: 2:17.63				
8.	Halldóra Björt Ingimundardóttir	08	BREI				2:17.95	547 ÍM
	50m: 32.18	100m: 1:07.55	150m: 1:43.35	200m: 2:17.95				
9.	Kristín Rebekka Gunnarsdóttir	09	Ægir				2:18.59	539 ÍM
	50m: 31.19	100m: 1:07.25	150m: 1:43.42	200m: 2:18.59				
10.	Hulda Björg Magnúsdóttir Nilsen	08	Ægir				2:18.72	538 ÍM
	50m: 31.05	100m: 1:06.03	150m: 1:42.64	200m: 2:18.72				
11.	Bjarndís Olga Hansen	10	Ægir				2:19.77	526 ÍM
	50m: 32.31	100m: 1:08.00	150m: 1:44.67	200m: 2:19.77				
12.	Katla María Brynjarsdóttir	07	ÍRB				2:20.29	520 ÍM
	50m: 32.47	100m: 1:08.01	150m: 1:44.65	200m: 2:20.29				
13.	Ásdís Gunnarsdóttir	08	UMFA				2:20.33	520 ÍM
	50m: 33.06	100m: 1:09.60	150m: 1:46.47	200m: 2:20.33				
14.	Adriana Agnes Derti	10	ÍRB				2:20.77	515 ÍM
	50m: 32.89	100m: 1:08.83	150m: 1:45.83	200m: 2:20.77				
15.	Dagmar Arna Sigurðardóttir	09	SH				2:20.80	514 ÍM
	50m: 32.26	100m: 1:08.23	150m: 1:45.10	200m: 2:20.80				
16.	Maja Lind Cicero	05	SH				2:20.85	514 ÍM
	50m: 32.69	100m: 1:07.69	150m: 1:44.77	200m: 2:20.85				
17.	Guðbjörg Helga Hilmarsdóttir	11	BREI				2:21.82	503 ÍM
	50m: 32.39	100m: 1:08.73	150m: 1:45.46	200m: 2:21.82				
18.	Alicja Julia Kempisty	10	Óðinn				2:22.25	499 ÍM
	50m: 33.68	100m: 1:10.35	150m: 1:47.17	200m: 2:22.25				
19.	Ylfa Ásgerður Eyjólfsoðttir	06	Ægir				2:22.28	498 ÍM
	50m: 32.96	100m: 1:09.52	150m: 1:46.35	200m: 2:22.28				

Sundgrein 15, kvenna, 200m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
20.	Auguste Balciunaite 50m: 32.42 100m: 1:08.46 150m: 1:46.09 200m: 2:23.22	11	SH	2:23.22	489 ÍM
21.	Karen Sif Helgadóttir 50m: 32.64 100m: 1:10.34 150m: 1:48.98 200m: 2:25.99	10	Fjölnir	2:25.99	461 ÍM
22.	Aldís Ogmundsdóttir 50m: 34.16 100m: 1:11.59 150m: 1:49.78 200m: 2:26.62	09	Sunddeild KR	2:26.62	455 ÍM
23.	Guðrún Ísold Harðardóttir 50m: 33.46 100m: 1:11.47 150m: 1:50.61 200m: 2:28.49	11	BREI	2:28.49	438 ÍM
24.	Helga Sigurlaug Helgadóttir 50m: 34.42 100m: 1:12.18 150m: 1:51.33 200m: 2:28.51	07	SH	2:28.51	438 ÍM
25.	Katrín Ósk Aðalsteinsdóttir 50m: 31.62 100m: 1:08.58 150m: 1:48.04 200m: 2:28.60	09	SH	2:28.60	437 ÍM
26.	Freyja Sigríður Ásgeirsdóttir 50m: 34.22 100m: 1:13.25 150m: 1:52.07 200m: 2:28.69	07	Ægir	2:28.69	437 ÍM
27.	Natalía Eir Curtis 50m: 34.94 100m: 1:13.53 150m: 1:52.32 200m: 2:29.34	10	Ármann	2:29.34	431 ÍM
28.	Kolbrún Hilda Gunnarsdóttir 50m: 33.62 100m: 1:10.95 150m: 1:50.48 200m: 2:30.43	06	Ægir	2:30.43	422 ÍM
29.	Rebekka Rún Magnúsdóttir 50m: 34.49 100m: 1:14.39 150m: 1:54.32 200m: 2:31.37	08	SH	2:31.37	414
30.	Natalía Fanney Sigurðardóttir 50m: 35.46 100m: 1:14.55 150m: 1:54.11 200m: 2:32.60	10	ÍRB	2:32.60	404
31.	Halla Rún Fannarsdóttir 50m: 33.64 100m: 1:12.45 150m: 1:53.28 200m: 2:33.24	08	Óðinn	2:33.24	399
32.	Hanna Steinunn Guðnadóttir 50m: 36.62 100m: 1:16.57 150m: 1:57.22 200m: 2:35.91	11	ÍRB	2:35.91	379
33.	Sóley Helga Sigfríðardóttir 50m: 36.57 100m: 1:17.89 150m: 1:59.08 200m: 2:37.12	12	Fjölnir	2:37.12	370
34.	Ingibjörg Þóra Stefánsdóttir 50m: 36.10 100m: 1:16.60 150m: 1:58.31 200m: 2:38.07	08	SH	2:38.07	363
35.	Elsa Diljá Lunddal Rúnarsdóttir 50m: 37.10 100m: 1:18.10 150m: 1:58.79 200m: 2:38.34	10	SH	2:38.34	362
36.	Rannveig Perla Pétursdóttir 50m: 35.71 100m: 1:17.29 150m: 1:58.77 200m: 2:39.24	10	Ármann	2:39.24	355
37.	Ninja Ýr Logadóttir 50m: 36.72 100m: 1:16.46 150m: 1:57.75 200m: 2:39.32	09	SH	2:39.32	355
38.	Katrín Ísold Gunnsteinsdóttir 50m: 36.52 100m: 1:17.76 150m: 2:00.54 200m: 2:39.42	10	Ármann	2:39.42	354
39.	Birgitta Björt Kjartansdóttir 50m: 36.91 100m: 1:18.23 150m: 1:59.94 200m: 2:39.65	10	SH	2:39.65	353
40.	Birna Rún Jónsdóttir 50m: 36.13 100m: 1:17.15 150m: 1:59.96 200m: 2:41.06	09	UMFA	2:41.06	343
41.	Hildur Eldey Guðjónsdóttir 50m: 37.22 100m: 1:19.19 150m: 2:00.95 200m: 2:42.82	11	BREI	2:42.82	332

Sundgrein 15, kvenna, 200m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
42.	Emilía Anna Jóhannsdóttir	11	SH	2:44.87	320
	50m: 37.51 100m: 1:19.36 150m: 2:02.83 200m: 2:44.87				
43.	Elín Sara Skarphéðinsdóttir	10	ÍA	2:45.74	315
	100m: 1:21.62 200m: 2:45.74				
44.	Freyja Kjartansdóttir Narby	10	Sunddeild KR	2:47.55	305
	50m: 38.14 100m: 1:21.83 150m: 2:05.73 200m: 2:47.55				
45.	Sunna Dís Skarphéðinsdóttir	08	ÍA	2:47.83	304
	50m: 36.83 100m: 1:18.79 150m: 2:03.79 200m: 2:47.83				
46.	Viktoria Vasile	11	Sunddeild KR	2:49.08	297
	50m: 37.88 100m: 1:21.00 150m: 2:06.44 200m: 2:49.08				
47.	María Kristín Þorfinnsdóttir	11	SH	2:51.40	285
	50m: 39.08 100m: 1:23.84 150m: 2:07.99 200m: 2:51.40				
48.	Emilía Björt Magnúsdóttir	10	SH	2:52.01	282
	50m: 37.11 100m: 1:22.16 150m: 2:07.55 200m: 2:52.01				
49.	Karitas Kristjánsdóttir	10	Ármann	2:52.43	280
	50m: 38.13 100m: 1:23.21 150m: 2:08.99 200m: 2:52.43				
50.	Eyvör Ása Hólm	11	Fjölpir	2:56.21	262
	50m: 41.18 100m: 1:26.77 150m: 2:12.47 200m: 2:56.21				
51.	Bríana Ósk Alvarsdóttir	12	SH	2:57.12	258
	50m: 39.41 100m: 1:26.19 150m: 2:13.23 200m: 2:57.12				
52.	Guðdís Malín Magnúsdóttir	11	ÍRB	2:57.84	255
	50m: 38.28 100m: 1:23.64 150m: 2:11.26 200m: 2:57.84				
53.	Camilla Silfá Sigurðardóttir	09	SH	2:58.08	254
	50m: 39.29 100m: 1:24.41 150m: 2:11.69 200m: 2:58.08				

17 - 18 ára

1.	Nadja Djurovic	07	BREI	2:07.37	695 SSÍ
	50m: 30.21 100m: 1:02.26 150m: 1:35.10 200m: 2:07.37				
2.	Katja Lilja Andriysoóttir	06	SH	2:08.81	672 SSÍ
	50m: 29.60 100m: 1:02.00 150m: 1:35.53 200m: 2:08.81				
3.	María Skorastein Sigurdardóttir	07	SH	2:15.29	580 ÍM
	50m: 31.39 100m: 1:05.41 150m: 1:40.25 200m: 2:15.29				
4.	Katla María Brynjarsdóttir	07	ÍRB	2:20.29	520 ÍM
	50m: 32.47 100m: 1:08.01 150m: 1:44.65 200m: 2:20.29				
5.	Ylfa Ásgerður Eyjólfsoóttir	06	Ægir	2:22.28	498 ÍM
	50m: 32.96 100m: 1:09.52 150m: 1:46.35 200m: 2:22.28				
6.	Helga Sigurlaug Helgadoóttir	07	SH	2:28.51	438 ÍM
	50m: 34.42 100m: 1:12.18 150m: 1:51.33 200m: 2:28.51				
7.	Freyja Sigríður Ásgeirsoóttir	07	Ægir	2:28.69	437 ÍM
	50m: 34.22 100m: 1:13.25 150m: 1:52.07 200m: 2:28.69				
8.	Kolbrún Hilda Gunnarsdóttir	06	Ægir	2:30.43	422 ÍM
	50m: 33.62 100m: 1:10.95 150m: 1:50.48 200m: 2:30.43				

Sundgrein 15, kvenna, 200m skriðsund

15 - 16 ára

1.	Vala Dís Cicero	08	SH	2:04.79	739	SSÍ A
	50m: 29.04 100m: 1:01.03 150m: 1:33.47 200m: 2:04.79					
2.	Sólveig Freyja Hákonardóttir	09	BREI	2:09.94	655	NÆM
	50m: 30.11 100m: 1:03.01 150m: 1:36.52 200m: 2:09.94					
3.	Ásdís Steindórsdóttir	09	BREI	2:12.13	623	SSÍ
	50m: 30.34 100m: 1:03.73 150m: 1:38.15 200m: 2:12.13					
4.	Katrín Lóa Ingadóttir	08	Ármann	2:17.63	551	ÍM
	50m: 31.97 100m: 1:07.23 150m: 1:42.34 200m: 2:17.63					
5.	Halldóra Björt Ingimundardóttir	08	BREI	2:17.95	547	ÍM
	50m: 32.18 100m: 1:07.55 150m: 1:43.35 200m: 2:17.95					
6.	Kristín Rebekka Gunnarsdóttir	09	Ægir	2:18.59	539	ÍM
	50m: 31.19 100m: 1:07.25 150m: 1:43.42 200m: 2:18.59					
7.	Hulda Björg Magnúsdóttir Nilsen	08	Ægir	2:18.72	538	ÍM
	50m: 31.05 100m: 1:06.03 150m: 1:42.64 200m: 2:18.72					
8.	Ásdís Gunnarsdóttir	08	UMFA	2:20.33	520	ÍM
	50m: 33.06 100m: 1:09.60 150m: 1:46.47 200m: 2:20.33					
9.	Dagmar Arna Sigurðardóttir	09	SH	2:20.80	514	ÍM
	50m: 32.26 100m: 1:08.23 150m: 1:45.10 200m: 2:20.80					
10.	Aldís Ogmundsdóttir	09	Sunddeild KR	2:26.62	455	ÍM
	50m: 34.16 100m: 1:11.59 150m: 1:49.78 200m: 2:26.62					
11.	Katrín Ósk Aðalsteinsdóttir	09	SH	2:28.60	437	ÍM
	50m: 31.62 100m: 1:08.58 150m: 1:48.04 200m: 2:28.60					
12.	Rebekka Rún Magnúsdóttir	08	SH	2:31.37	414	
	50m: 34.49 100m: 1:14.39 150m: 1:54.32 200m: 2:31.37					
13.	Halla Rún Fannarsdóttir	08	Óðinn	2:33.24	399	
	50m: 33.64 100m: 1:12.45 150m: 1:53.28 200m: 2:33.24					
14.	Ingibjörg Þóra Stefánsdóttir	08	SH	2:38.07	363	
	50m: 36.10 100m: 1:16.60 150m: 1:58.31 200m: 2:38.07					
15.	Ninja Ýr Logadóttir	09	SH	2:39.32	355	
	50m: 36.72 100m: 1:16.46 150m: 1:57.75 200m: 2:39.32					
16.	Birna Rún Jónsdóttir	09	UMFA	2:41.06	343	
	50m: 36.13 100m: 1:17.15 150m: 1:59.96 200m: 2:41.06					
17.	Sunna Dís Skarphéðinsdóttir	08	ÍA	2:47.83	304	
	50m: 36.83 100m: 1:18.79 150m: 2:03.79 200m: 2:47.83					
18.	Camilla Silfá Sigurðardóttir	09	SH	2:58.08	254	
	50m: 39.29 100m: 1:24.41 150m: 2:11.69 200m: 2:58.08					

14 ára og yngri

1.	Bjarnís Olga Hansen	10	Ægir	2:19.77	526	ÍM
	50m: 32.31 100m: 1:08.00 150m: 1:44.67 200m: 2:19.77					
2.	Adriana Agnes Derti	10	ÍRB	2:20.77	515	ÍM
	50m: 32.89 100m: 1:08.83 150m: 1:45.83 200m: 2:20.77					
3.	Guðbjörg Helga Hilmarsdóttir	11	BREI	2:21.82	503	ÍM
	50m: 32.39 100m: 1:08.73 150m: 1:45.46 200m: 2:21.82					

Sundgrein 15, Stúlkur, 200m skriðsund, 14 ára og yngri

Sæti		F.ár		Tími	Stig
4.	Alicja Julia Kempisty 50m: 33.68 100m: 1:10.35	10	Óðinn	2:22.25	499 ÍM
5.	Auguste Balciunaite 50m: 32.42 100m: 1:08.46	11	SH	2:23.22	489 ÍM
6.	Karen Sif Helgadóttir 50m: 32.64 100m: 1:10.34	10	Fjölpir	2:25.99	461 ÍM
7.	Guðrún Ísold Harðardóttir 50m: 33.46 100m: 1:11.47	11	BREI	2:28.49	438 ÍM
8.	Natalía Eir Curtis 50m: 34.94 100m: 1:13.53	10	Ármann	2:29.34	431 ÍM
9.	Natalía Fanney Sigurðardóttir 50m: 35.46 100m: 1:14.55	10	ÍRB	2:32.60	404
10.	Hanna Steinunn Guðnadóttir 50m: 36.62 100m: 1:16.57	11	ÍRB	2:35.91	379
11.	Sóley Helga Sigfríðardóttir 50m: 36.57 100m: 1:17.89	12	Fjölpir	2:37.12	370
12.	Elsa Diljá Lunddal Rúnarsdóttir 50m: 37.10 100m: 1:18.10	10	SH	2:38.34	362
13.	Rannveig Perla Pétursdóttir 50m: 35.71 100m: 1:17.29	10	Ármann	2:39.24	355
14.	Katrín Ísold Gunnsteinsdóttir 50m: 36.52 100m: 1:17.76	10	Ármann	2:39.42	354
15.	Birgitta Björt Kjartansdóttir 50m: 36.91 100m: 1:18.23	10	SH	2:39.65	353
16.	Hildur Eldey Guðjónsdóttir 50m: 37.22 100m: 1:19.19	11	BREI	2:42.82	332
17.	Emilía Anna Jóhannsdóttir 50m: 37.51 100m: 1:19.36	11	SH	2:44.87	320
18.	Elín Sara Skarphéðinsdóttir 100m: 1:21.62 200m: 2:45.74	10	ÍA	2:45.74	315
19.	Freyja Kjartansdóttir Narby 50m: 38.14 100m: 1:21.83	10	Sunddeild KR	2:47.55	305
20.	Viktoria Vasile 50m: 37.88 100m: 1:21.00	11	Sunddeild KR	2:49.08	297
21.	María Kristín Þorfinnsdóttir 50m: 39.08 100m: 1:23.84	11	SH	2:51.40	285
22.	Emilía Björt Magnúsdóttir 50m: 37.11 100m: 1:22.16	10	SH	2:52.01	282
23.	Karitas Kristjánsdóttir 50m: 38.13 100m: 1:23.21	10	Ármann	2:52.43	280
24.	Eyvör Ása Hólm 50m: 41.18 100m: 1:26.77	11	Fjölpir	2:56.21	262
25.	Bríana Ósk Alvarsdóttir 50m: 39.41 100m: 1:26.19	12	SH	2:57.12	258

Sundgrein 15, Stúlkur, 200m skriðsund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
26. Guðdís Malín Magnúsdóttir	11 ÍRB	2:57.84	255
50m: 38.28 100m: 1:23.64 150m: 2:11.26 200m: 2:57.84			

Sundgrein 16

karla, 200m fjörsund

Opinn
Úrslitalistar

23.03.2024 - 17:01

Mótsmet	2:06.64	Birnir Freyr Hálfðánarsson	SH		10.03.2023
Íslandsmet	2:04.05	Birnir Freyr Hálfðánarsson	SH	Reykjavík	02.04.2023
Íslandsmet Unglinga	2:04.05	Birnir Freyr Hálfðánarsson	SH	Reykjavík	02.04.2023
Íslandsmet Aldurshópur	2:09.92	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	11.07.2021

EM : 2:04.17 / EM 19 - 21: 2:05.43 / EMU 16 - 18: 2:07.93 / NÆM 14 - 16: 2:14.77

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Birnir Freyr Hálfðánarsson	06 SH	2:06.52	731 SSÍ A
50m: 25.82 100m: 59.06 150m: 1:36.57 200m: 2:06.52			
2. Magnús Víðir Jónsson	08 SH	2:16.95	576 ÍM
50m: 28.68 100m: 1:03.91 150m: 1:45.68 200m: 2:16.95			
3. Nikolai Leo Jónsson	08 ÍRB	2:19.99	540 ÍM
50m: 30.36 100m: 1:07.74 150m: 1:47.72 200m: 2:19.99			
4. Denas Kazulis	08 ÍRB	2:20.76	531 ÍM
50m: 30.95 100m: 1:07.93 150m: 1:50.36 200m: 2:20.76			
5. Árni Þór Pálmason	09 ÍRB	2:28.48	452 ÍM
50m: 32.15 100m: 1:11.35 150m: 1:54.72 200m: 2:28.48			
6. Dominic Dadi Wheeler	07 BREI	2:28.61	451 ÍM
50m: 30.43 100m: 1:11.84 150m: 1:55.26 200m: 2:28.61			
7. Gísli Kristján Traustason	09 ÍRB	2:29.94	439 ÍM
50m: 32.63 100m: 1:12.55 150m: 1:57.40 200m: 2:29.94			
8. Mikael Fannar Arnarson	09 ÍRB	2:32.77	415 ÍM
50m: 34.23 100m: 1:13.95 150m: 1:56.40 200m: 2:32.77			
9. Egill Orri Baldursson	09 ÍRB	2:34.41	402 ÍM
50m: 32.96 100m: 1:11.28 150m: 2:00.70 200m: 2:34.41			
10. Vanja Djurovic	09 BREI	2:35.63	393 ÍM
50m: 32.80 100m: 1:12.89 150m: 2:01.06 200m: 2:35.63			
11. Jón Ingvar Eypórsson	10 BREI	2:36.64	385 ÍM
50m: 32.31 100m: 1:12.31 150m: 2:01.40 200m: 2:36.64			
12. Julian Jarnutowski	10 ÍRB	2:37.25	381
50m: 34.80 100m: 1:16.99 150m: 2:04.52 200m: 2:37.25			
13. Ragnar Halldórsson	09 BREI	2:37.66	378
50m: 34.17 100m: 1:16.22 150m: 2:02.87 200m: 2:37.66			
14. Ernir Máni Oddgeirsson	07 SH	2:46.17	322
50m: 38.33 100m: 1:21.43 150m: 2:08.17 200m: 2:46.17			
15. Viktor Bergmann Arnarsson	10 ÍRB	2:49.52	304
50m: 38.63 100m: 1:23.15 150m: 2:14.57 200m: 2:49.52			
16. Timotei Roland Randhawa	10 Sunddeild KR	2:50.45	299
50m: 37.37 100m: 1:18.85 150m: 2:13.23 200m: 2:50.45			

Sundgrein 16, karla, 200m fjórsund, Opinn

Sæti		F.ár		Tími	Stig
17.	Magni Rafn Ragnarsson	10	Óðinn	2:52.20	290
	50m: 40.09 100m: 1:28.44 150m: 2:16.02 200m: 2:52.20				
18.	Kristjón Hrafn Kjartansson	11	SH	2:52.95	286
	50m: 36.26 100m: 1:20.19 150m: 2:13.95 200m: 2:52.95				
19.	Alexander Reid McCormick	10	Óðinn	2:56.50	269
	50m: 39.88 100m: 1:30.63 150m: 2:19.26 200m: 2:56.50				
20.	Ívan Elí Ólafsson	10	Óðinn	2:57.02	267
	50m: 41.08 100m: 1:23.46 150m: 2:18.44 200m: 2:57.02				
21.	Jón Gísli Eðvaldsson	10	SH	2:57.56	264
	50m: 35.94 100m: 1:21.57 150m: 2:16.79 200m: 2:57.56				
22.	Jón Ingi Einarsson	11	Óðinn	2:58.94	258
	50m: 40.87 100m: 1:28.59 150m: 2:20.25 200m: 2:58.94				
23.	Aaron Sebastian Jóhannsson	12	SH	2:59.33	256
	50m: 39.43 100m: 1:26.07 150m: 2:21.36 200m: 2:59.33				
24.	Hrafn Guðmundsson	11	Sunddeild KR	2:59.93	254
	50m: 38.52 100m: 1:25.28 150m: 2:23.23 200m: 2:59.93				
25.	Sævar Sindri Jóhannesson	10	SH	2:59.97	254
	50m: 40.63 100m: 1:28.93 150m: 2:19.80 200m: 2:59.97				
26.	Daníel Andriysson	11	SH	3:03.28	240
	50m: 40.76 100m: 1:28.64 150m: 2:23.80 200m: 3:03.28				
27.	Luca Magni Barreiro Concheiro	09	Sunddeild KR	3:05.60	231
	50m: 41.94 100m: 1:30.37 200m: 3:05.60				
28.	Benedikt Már Þorvaldsson	10	Óðinn	3:06.64	227
	50m: 39.41 100m: 1:31.95 150m: 2:23.53 200m: 3:06.64				
29.	Guðfinnur Karlsson S11	88	Fjörður	SM13:09.15	218
	50m: 45.87 100m: 1:34.54 150m: 2:27.73 200m: 3:09.15				
30.	Halldór Ingi Ólafsson	13	SH	3:09.52	217
	50m: 42.55 100m: 1:32.47 150m: 2:31.64 200m: 3:09.52				
31.	Andrej Tepavcevic	12	SH	3:09.84	216
	50m: 47.75 100m: 1:39.55 150m: 2:31.44 200m: 3:09.84				
32.	Ólafur Bragason Thoroddsen	10	BREI	3:10.65	213
	50m: 45.19 100m: 1:32.08 150m: 2:26.77 200m: 3:10.65				
33.	Svanberg Leó Jóelsson	12	Ægir	3:11.32	211
	50m: 41.80 100m: 1:30.93 200m: 3:11.32				
34.	Hólmar Loki Ragnarsson	11	Ármann	3:15.42	198
	50m: 48.83 100m: 1:38.45 150m: 2:37.98 200m: 3:15.42				
35.	Paul Ingi Cicero	10	SH	3:16.05	196
	100m: 1:31.17 150m: 2:33.68 200m: 3:16.05				
36.	Daníel Rafn Atlason	10	SH	3:16.71	194
	50m: 42.05 100m: 1:35.92 150m: 2:34.73 200m: 3:16.71				
37.	Gísli Hrafn Ragnarsson	10	Sunddeild KR	3:20.13	184
	50m: 44.20 100m: 1:38.15 150m: 2:37.44 200m: 3:20.13				
38.	Kristófer Guðjónsson	13	ÍA	3:28.00	164
	50m: 47.75 100m: 1:45.27 150m: 2:42.65 200m: 3:28.00				

Sundgrein 16, karla, 200m fjórsund

17 - 18 ára

1.	Birnir Freyr Hálfánarsson	06	SH	2:06.52	731	SSÍ A
	50m: 25.82 100m: 59.06 150m: 1:36.57 200m: 2:06.52					
2.	Dominic Dadi Wheeler	07	BREI	2:28.61	451	ÍM
	50m: 30.43 100m: 1:11.84 150m: 1:55.26 200m: 2:28.61					
3.	Ernir Máni Oddgeirsson	07	SH	2:46.17	322	
	50m: 38.33 100m: 1:21.43 150m: 2:08.17 200m: 2:46.17					

15 - 16 ára

1.	Magnús Víðir Jónsson	08	SH	2:16.95	576	ÍM
	50m: 28.68 100m: 1:03.91 150m: 1:45.68 200m: 2:16.95					
2.	Nikolai Leo Jónsson	08	ÍRB	2:19.99	540	ÍM
	50m: 30.36 100m: 1:07.74 150m: 1:47.72 200m: 2:19.99					
3.	Denas Kazulis	08	ÍRB	2:20.76	531	ÍM
	50m: 30.95 100m: 1:07.93 150m: 1:50.36 200m: 2:20.76					
4.	Árni Þór Pálmason	09	ÍRB	2:28.48	452	ÍM
	50m: 32.15 100m: 1:11.35 150m: 1:54.72 200m: 2:28.48					
5.	Gísli Kristján Traustason	09	ÍRB	2:29.94	439	ÍM
	50m: 32.63 100m: 1:12.55 150m: 1:57.40 200m: 2:29.94					
6.	Mikael Fannar Arnarson	09	ÍRB	2:32.77	415	ÍM
	50m: 34.23 100m: 1:13.95 150m: 1:56.40 200m: 2:32.77					
7.	Egill Orri Baldursson	09	ÍRB	2:34.41	402	ÍM
	50m: 32.96 100m: 1:11.28 150m: 2:00.70 200m: 2:34.41					
8.	Vanja Djurovic	09	BREI	2:35.63	393	ÍM
	50m: 32.80 100m: 1:12.89 150m: 2:01.06 200m: 2:35.63					
9.	Ragnar Halldórsson	09	BREI	2:37.66	378	
	50m: 34.17 100m: 1:16.22 150m: 2:02.87 200m: 2:37.66					
10.	Luca Magni Barreiro Concheiro	09	Sunddeild KR	3:05.60	231	
	50m: 41.94 100m: 1:30.37 200m: 3:05.60					

14 ára og yngri

1.	Jón Ingvar Eypórsson	10	BREI	2:36.64	385	ÍM
	50m: 32.31 100m: 1:12.31 150m: 2:01.40 200m: 2:36.64					
2.	Julian Jarnutowski	10	ÍRB	2:37.25	381	
	50m: 34.80 100m: 1:16.99 150m: 2:04.52 200m: 2:37.25					
3.	Viktor Bergmann Arnarsson	10	ÍRB	2:49.52	304	
	50m: 38.63 100m: 1:23.15 150m: 2:14.57 200m: 2:49.52					
4.	Timotei Roland Randhawa	10	Sunddeild KR	2:50.45	299	
	50m: 37.37 100m: 1:18.85 150m: 2:13.23 200m: 2:50.45					
5.	Magni Rafn Ragnarsson	10	Óðinn	2:52.20	290	
	50m: 40.09 100m: 1:28.44 150m: 2:16.02 200m: 2:52.20					
6.	Kristjón Hrafn Kjartansson	11	SH	2:52.95	286	
	50m: 36.26 100m: 1:20.19 150m: 2:13.95 200m: 2:52.95					
7.	Alexander Reid McCormick	10	Óðinn	2:56.50	269	
	50m: 39.88 100m: 1:30.63 150m: 2:19.26 200m: 2:56.50					

Sundgrein 16, Piltar, 200m fjórsund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
8. Ívan Elí Ólafsson 50m: 41.08 100m: 1:23.46 150m: 2:18.44 200m: 2:57.02	10 Óðinn	2:57.02	267
9. Jón Gísli Eðvaldsson 50m: 35.94 100m: 1:21.57 150m: 2:16.79 200m: 2:57.56	10 SH	2:57.56	264
10. Jón Ingi Einarsson 50m: 40.87 100m: 1:28.59 150m: 2:20.25 200m: 2:58.94	11 Óðinn	2:58.94	258
11. Aaron Sebastian Jóhannsson 50m: 39.43 100m: 1:26.07 150m: 2:21.36 200m: 2:59.33	12 SH	2:59.33	256
12. Hrafn Guðmundsson 50m: 38.52 100m: 1:25.28 150m: 2:23.23 200m: 2:59.93	11 Sunddeild KR	2:59.93	254
13. Sævar Sindri Jóhannesson 50m: 40.63 100m: 1:28.93 150m: 2:19.80 200m: 2:59.97	10 SH	2:59.97	254
14. Daníel Andriysson 50m: 40.76 100m: 1:28.64 150m: 2:23.80 200m: 3:03.28	11 SH	3:03.28	240
15. Benedikt Már Þorvaldsson 50m: 39.41 100m: 1:31.95 150m: 2:23.53 200m: 3:06.64	10 Óðinn	3:06.64	227
16. Halldór Ingi Ólafsson 50m: 42.55 100m: 1:32.47 150m: 2:31.64 200m: 3:09.52	13 SH	3:09.52	217
17. Andrej Tepavcevic 50m: 47.75 100m: 1:39.55 150m: 2:31.44 200m: 3:09.84	12 SH	3:09.84	216
18. Ólafur Bragason Thoroddsen 50m: 45.19 100m: 1:32.08 150m: 2:26.77 200m: 3:10.65	10 BREI	3:10.65	213
19. Svanberg Leó Jóelsson 50m: 41.80 100m: 1:30.93 200m: 3:11.32	12 Ægir	3:11.32	211
20. Hólmar Loki Ragnarsson 50m: 48.83 100m: 1:38.45 150m: 2:37.98 200m: 3:15.42	11 Ármann	3:15.42	198
21. Paul Ingi Cicero 100m: 1:31.17 150m: 2:33.68 200m: 3:16.05	10 SH	3:16.05	196
22. Daníel Rafn Atlason 50m: 42.05 100m: 1:35.92 150m: 2:34.73 200m: 3:16.71	10 SH	3:16.71	194
23. Gísli Hrafn Ragnarsson 50m: 44.20 100m: 1:38.15 150m: 2:37.44 200m: 3:20.13	10 Sunddeild KR	3:20.13	184
24. Kristófer Guðjónsson 50m: 47.75 100m: 1:45.27 150m: 2:42.65 200m: 3:28.00	13 ÍA	3:28.00	164

Sundgrein 17
23.03.2024 - 17:20

kvenna, 100m bringusund

Opinn
Úrslitalistar

Mótsmet	1:09.80	Hrafnhildur Lúthersdóttir	SH		01.04.2017
Íslandsmet	1:06.45	Hrafnhildur Lúthersdóttir	SH	London (GBR)	18.05.2016
Íslandsmet Unglinga	1:10.19	Hrafnhildur Lúthersdóttir	SH	Reykjavík	20.03.2009
Íslandsmet Aldurshópur	1:14.21	Eva Margrét Falsdóttir	IRB	Reykjavík	18.07.2020

EM : 1:09.96 / EM 19 - 21: 1:10.68 / EMU 16 - 18: 1:11.91 / NÆM 14 - 16: 1:14.87

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Eva Margrét Falsdóttir	05 ÍRB	1:13.50	664 ÍM
50m: 34.94 100m: 1:13.50			
2. Margrét Anna Lapas	09 BREI	1:15.68	608 SSÍ
50m: 35.45 100m: 1:15.68			
3. Maja Lind Cicero	05 SH	1:21.11	494 ÍM
50m: 38.54 100m: 1:21.11			
4. Sunna Arnfinnsdóttir	07 ÍA	1:22.32	472 ÍM
50m: 39.64 100m: 1:22.32			
5. Katla Mist Bragadóttir	07 Ármann	1:22.81	464 ÍM
50m: 39.41 100m: 1:22.81			
6. Ragnheiður L. Gunnsteinsdóttir	07 BREI	1:23.52	452 ÍM
50m: 38.82 100m: 1:23.52			
7. Eydís Arna Ísaksen	08 BREI	1:24.05	444 ÍM
50m: 38.57 100m: 1:24.05			
8. Álfrún Lóa Jónsdóttir	10 Fjölnir	1:26.35	409 ÍM
50m: 40.93 100m: 1:26.35			
9. Thea Sif Hjaltadóttir	11 Ármann	1:26.46	408 ÍM
50m: 44.07 100m: 1:26.46			
10. Valdís Rós Þorsteinsdóttir	07 SH	1:27.14	398 ÍM
50m: 40.08 100m: 1:27.14			
11. Austėja Savickaitė	09 ÍRB	1:28.32	382 ÍM
50m: 41.30 100m: 1:28.32			
12. Embla Dögg Helgadóttir	08 Ægir	1:29.09	372 ÍM
50m: 41.49 100m: 1:29.09			
13. Ísabella Jóhannsdóttir	10 Óðinn	1:29.13	372 ÍM
50m: 41.87 100m: 1:29.13			
14. Viktoria Emilia Orlita	09 ÍA	1:30.17	359 ÍM
50m: 42.22 100m: 1:30.17			
15. Hildur Erla Hákonardóttir	10 SH	1:30.54	355
50m: 43.26 100m: 1:30.54			
16. Kamilla Ýr Ísaksdóttir Guðmann	11 BREI	1:31.05	349
50m: 43.46 100m: 1:31.05			
17. Ásta Margrét Björgvinsdóttir	09 Ægir	1:31.91	339
50m: 42.20 100m: 1:31.91			
18. Natalía Eir Curtis	10 Ármann	1:31.99	338
50m: 43.33 100m: 1:31.99			
19. Dórothea Margrét Jakobsdóttir	08 Ármann	1:33.57	321
50m: 45.22 100m: 1:33.57			

Sundgrein 17, kvenna, 100m bringusund, Opinn

Sæti		F.ár	Tími	Stig
20.	Karen Anna Orlita 50m: 44.22 100m: 1:33.85	12	ÍA	1:33.85 319
21.	Gabija Marija Savickaitė 50m: 45.38 100m: 1:36.10	08	ÍRB	1:36.10 297
22.	Ásta Þórey Einarsdóttir 50m: 47.86 100m: 1:37.55	13	SH	1:37.55 284
23.	Brieta Laufey Ingimarsdóttir 50m: 46.85 100m: 1:38.66	11	Óðinn	1:38.66 274
24.	Tinna Karen Sigurðardóttir 50m: 46.86 100m: 1:39.72	08	SH	1:39.72 265
25.	Karen Júlía Traustadóttir 50m: 47.42 100m: 1:41.25	12	ÍRB	1:41.25 254
26.	Herdís Daðadóttir 50m: 47.09 100m: 1:41.32	12	Fjölur	1:41.32 253
27.	Yrsa Gunnlaugsdóttir 50m: 49.22 100m: 1:42.99	08	Ármann	1:42.99 241
28.	Áróra Mjöll Jónsdóttir 50m: 49.75 100m: 1:43.56	13	Fjölur	1:43.56 237
29.	Margrét Brynja Steingrimsdóttir 50m: 49.20 100m: 1:44.55	12	UMFA	1:44.55 230
30.	Lára Margrét Hermannsdóttir 50m: 49.06 100m: 1:45.63	09	ÍRB	1:45.63 223
31.	Iðunn Emma Ásgeirsdóttir 50m: 49.05 100m: 1:46.14	12	Fjölur	1:46.14 220
32.	Elín Helga Arnardóttir 50m: 50.56 100m: 1:46.54	14	SH	1:46.54 218
33.	Auður M. Sigurbjörnsdóttir 50m: 49.61 100m: 1:47.22	11	Óðinn	1:47.22 213
34.	Matthilda Lilja Larsen 50m: 52.28 100m: 1:51.18	14	SH	1:51.18 191
35.	Brynhildur Freyja Stefánsdóttir 50m: 52.91 100m: 1:51.50	12	SH	1:51.50 190
36.	Eyvör Ása Hólm 50m: 54.08 100m: 1:52.20	11	Fjölur	1:52.20 186
37.	Thelma Björnsdóttir S6 Sb5 50m: 56.18 100m: 1:58.26	96	ÍFR	SB5 1:58.26 159 *

17 - 18 ára

1.	Sunna Arnfinnsdóttir 50m: 39.64 100m: 1:22.32	07	ÍA	1:22.32 472 ÍM
2.	Katla Mist Bragadóttir 50m: 39.41 100m: 1:22.81	07	Ármann	1:22.81 464 ÍM
3.	Ragnheiður L. Gunnsteinsdóttir 50m: 38.82 100m: 1:23.52	07	BREI	1:23.52 452 ÍM

Sundgrein 17, Stúlkur, 100m bringusund, 17 - 18 ára

Sæti	F.ár	Tími	Stig
4. Valdís Rós Þorsteinsdóttir 50m: 40.08 100m: 1:27.14	07 SH	1:27.14	398 ÍM

15 - 16 ára

1. Margrét Anna Lapas 50m: 35.45 100m: 1:15.68	09 BREI	1:15.68	608 SSÍ
2. Eydís Arna Ísaksen 50m: 38.57 100m: 1:24.05	08 BREI	1:24.05	444 ÍM
3. Austėja Savickaitė 50m: 41.30 100m: 1:28.32	09 ÍRB	1:28.32	382 ÍM
4. Embla Dögg Helgadóttir 50m: 41.49 100m: 1:29.09	08 Ægir	1:29.09	372 ÍM
5. Viktoría Emilia Orlita 50m: 42.22 100m: 1:30.17	09 ÍA	1:30.17	359 ÍM
6. Ásta Margrét Björgvinsdóttir 50m: 42.20 100m: 1:31.91	09 Ægir	1:31.91	339
7. Dórothea Margrét Jakobsdóttir 50m: 45.22 100m: 1:33.57	08 Ármann	1:33.57	321
8. Gabija Marija Savickaitė 50m: 45.38 100m: 1:36.10	08 ÍRB	1:36.10	297
9. Tinna Karen Sigurðardóttir 50m: 46.86 100m: 1:39.72	08 SH	1:39.72	265
10. Yrsa Gunnlaugsdóttir 50m: 49.22 100m: 1:42.99	08 Ármann	1:42.99	241
11. Lára Margrét Hermannsdóttir 50m: 49.06 100m: 1:45.63	09 ÍRB	1:45.63	223

14 ára og yngri

1. Álfrún Lóa Jónsdóttir 50m: 40.93 100m: 1:26.35	10 Fjölnir	1:26.35	409 ÍM
2. Thea Sif Hjaltadóttir 50m: 44.07 100m: 1:26.46	11 Ármann	1:26.46	408 ÍM
3. Ísabella Jóhannsdóttir 50m: 41.87 100m: 1:29.13	10 Óðinn	1:29.13	372 ÍM
4. Hildur Erla Hákonardóttir 50m: 43.26 100m: 1:30.54	10 SH	1:30.54	355
5. Kamilla Ýr Ísaksdóttir Guðmann 50m: 43.46 100m: 1:31.05	11 BREI	1:31.05	349
6. Natalía Eir Curtis 50m: 43.33 100m: 1:31.99	10 Ármann	1:31.99	338
7. Karen Anna Orlita 50m: 44.22 100m: 1:33.85	12 ÍA	1:33.85	319
8. Ásta Þórey Einarsdóttir 50m: 47.86 100m: 1:37.55	13 SH	1:37.55	284

Sundgrein 17, Stúlkur, 100m bringusund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
9. Bríet Laufey Ingimarsdóttir 50m: 46.85 100m: 1:38.66	11 Óðinn	1:38.66	274
10. Karen Júlía Traustadóttir 50m: 47.42 100m: 1:41.25	12 ÍRB	1:41.25	254
11. Herdís Daðadóttir 50m: 47.09 100m: 1:41.32	12 Fjöltnir	1:41.32	253
12. Áróra Mjöll Jónsdóttir 50m: 49.75 100m: 1:43.56	13 Fjöltnir	1:43.56	237
13. Margrét Brynja Steingrímsdóttir 50m: 49.20 100m: 1:44.55	12 UMFA	1:44.55	230
14. Iðunn Emma Ásgeirsdóttir 50m: 49.05 100m: 1:46.14	12 Fjöltnir	1:46.14	220
15. Elín Helga Arnardóttir 50m: 50.56 100m: 1:46.54	14 SH	1:46.54	218
16. Auður M. Sigurbjörnsdóttir 50m: 49.61 100m: 1:47.22	11 Óðinn	1:47.22	213
17. Matthilda Lilja Larsen 50m: 52.28 100m: 1:51.18	14 SH	1:51.18	191
18. Brynhildur Freyja Stefánsdóttir 50m: 52.91 100m: 1:51.50	12 SH	1:51.50	190
19. Eyvör Ása Hólm 50m: 54.08 100m: 1:52.20	11 Fjöltnir	1:52.20	186

Sundgrein 18
23.03.2024 - 17:30

karla, 50m bringusund

Opinn
Úrslitalistar

Mótsmet	28.72	Mladen Tepavcevic	SH		01.06.2008
Íslandsmet	27.46	Anton Sveinn McKee	SH	Gwangju (KOR)	23.07.2019
Íslandsmet Unglinga	28.33	Snorri Dagur Einarsson	SH	Gzira (MLT)	02.06.2023
Íslandsmet Aldurshópur	31.41	Snorri Dagur Einarsson	SH	Reykjavik	18.07.2020

EM : 28.39 / EM 19 - 21: 28.68 / EMU 16 - 18: 29.25

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Snorri Dagur Einarsson	05 SH	28.41	762 EM
2. Aron Bjarki Pétursson	01 SH	29.48	682 ÍM
3. Nikolai Leo Jónsson	08 ÍRB	32.03	531 ÍM
4. Arnór Egill Einarsson	07 SH	32.88	491 ÍM
5. Róbert Ísak Jónsson	01 SH	33.66	458 ÍM
6. Arnar Logi Ægisson	07 SH	34.24	435 ÍM
7. Jón Ingi Halldórsson	04 BREI	36.34	364 ÍM
8. Már Óskar Þorsteinsson	07 SH	36.59	356
9. Guðmundur Halldórsson	04 BREI	36.80	350
10. Gabríel Ingi Derti	08 ÍRB	37.75	324
11. Ernir Erlendsson	05 UMFG	38.22	312
12. Jakob Ingi Reynisson	06 ÍRB	38.27	311
13. Kajus Jatautas	10 ÍA	38.66	302
14. Benedikt Már Þorvaldsson	10 Óðinn	41.59	242

Sundgrein 19

kvenna, 50m flugsund

Opinn

23.03.2024 - 17:33

Úrslitalistar

Mótsmet	28.09	Bryndís Rún Hansen	Óðinn		01.06.2010
Íslandsmet	26.68	Bryndís Hansen	ODINN	London (GBR)	16.05.2016
Íslandsmet Unglinga	27.65	Bryndís Hansen	ODINN	Reykjavík	19.03.2010
Íslandsmet Aldurshópur	27.93	Bryndís Hansen	ODINN	Belgrade (SRB)	03.08.2008

EM : 27.34 / EM 19 - 21: 27.62 / EMU 16 - 18: 28.10

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Vala Dís Cicero	08 SH	28.81	609 SSÍ
2. Nadja Djurovic	07 BREI	29.26	582 ÍM
3. Guðbjörg Bjartey Guðmundsdóttir	05 ÍA	29.74	554 ÍM
4. Birgitta Ingólfssdóttir	05 SH	30.52	512 ÍM
5. Elísabet Arnoddsdóttir	09 ÍRB	30.94	492 ÍM
6. Hekla Kristrún Mist Arnarsdóttir	06 Ægir	30.99	489 ÍM
7. Kristín Ásta Sigtryggsdóttir	09 Ægir	31.86	450 ÍM
8. Katrín Ósk Aðalsteinsdóttir	09 SH	31.93	447 ÍM
9. Halla Rún Fannarsdóttir	08 Óðinn	33.13	400 ÍM
10. Freydis Lilja Bergþórsdóttir	09 ÍRB	33.43	390 ÍM
11. Athena Líf Thrastardóttir	07 ÍRB	33.63	383 ÍM
12. Bergey Huld Arnarsdóttir	11 BREI	33.71	380 ÍM
13. Ágústa Inga Arnarsdóttir	06 Stjarnan	34.55	353
14. Aldís Ogmundsdóttir	09 Sunddeild KR	34.72	348
15. Hallgerður Hoskuldsdóttir	04 UMF Selfoss	35.23	333
16. Eydís Jóhannesdóttir	11 ÍRB	35.37	329
17. Gabriela Róza Bondarow	10 Ármann	35.62	322
18. Emelía Ýr Gunnarsdóttir	05 Fjörður	36.57	298 S14
19. Karen Anna Orlita	12 ÍA	36.81	292
20. Natalía Fanney Sigurðardóttir	10 ÍRB	37.17	283
21. Viktoria Vasile	11 Sunddeild KR	38.29	259

Sundgrein 20

karla, 100m skriðsund

Opinn

23.03.2024 - 17:37

Úrslitalistar

Mótsmet	51.66	Igor Cerensek	CRO		01.06.2008
Íslandsmet	49.97	Orn Arnarson	SH	Monte-Carlo (MON)	05.06.2007
Íslandsmet Unglinga	51.65	Orn Arnarson	SH	Istanbul (TUR)	26.07.1999
Íslandsmet Aldurshópur	54.31	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	10.07.2021

EM : 50.39 / EM 19 - 21: 50.91 / EMU 16 - 18: 51.92 / NEM 14 - 16: 54.70

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Guðmundur Leo Rafnsson	06 ÍRB	53.10	687 ÍM
50m: 26.34 100m: 53.10			
2. Veigar Hrafn Sigþórsson	05 SH	53.57	669 ÍM
50m: 25.95 100m: 53.57			
3. Guðmundur Karl Karlsson	05 ÍRB	54.73	627 ÍM
50m: 26.80 100m: 54.73			
4. Guðbjarni Sigþórsson	06 ÍA	54.87	622 ÍM
50m: 26.33 100m: 54.87			
5. Stefán Ingi Ólafsson	06 Ægir	57.46	542 ÍM
50m: 27.57 100m: 57.46			

Sundgrein 20, karla, 100m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
6.	Daði Þór Friðriksson 50m: 27.66 100m: 57.65	07	SH	57.65	537 ÍM
7.	Orn Ægisson 50m: 28.09 100m: 58.62	06	Ármann	58.62	510 ÍM
8.	Björn Yngvi Guðmundsson 50m: 27.80 100m: 58.69	07	SH	58.69	508 ÍM
9.	Ásberg Halldór Hansson 50m: 28.68 100m: 58.81	07	Ægir	58.81	505 ÍM
10.	Jón Ingi Halldórsson 50m: 28.72 100m: 1:00.02	04	BREI	1:00.02	475 ÍM
11.	Dominic Dadi Wheeler 50m: 29.72 100m: 1:00.46	07	BREI	1:00.46	465 ÍM
12.	Martin Tsenov 50m: 29.38 100m: 1:01.01	92	ÍRB	1:01.01	453 ÍM
13.	Mykhailo S. Lafleur 50m: 29.82 100m: 1:01.09	07	ÍRB	1:01.09	451 ÍM
14.	Kajus Jatautas 50m: 29.69 100m: 1:01.53	10	ÍA	1:01.53	441 ÍM
15.	Jón Ingvar Eypórsson 50m: 29.62 100m: 1:01.61	10	BREI	1:01.61	440 ÍM
16.	Guðmundur Halldórsson 50m: 29.28 100m: 1:01.89	04	BREI	1:01.89	434
17.	Egill Orri Baldursson 50m: 30.14 100m: 1:03.32	09	ÍRB	1:03.32	405
18.	Jón Haukur Þórsson 50m: 30.78 100m: 1:03.57	08	Sunddeild KR	1:03.57	400
19.	Ragnar Halldórsson 50m: 30.91 100m: 1:03.58	09	BREI	1:03.58	400
20.	Julian Jarnutowski 50m: 30.56 100m: 1:03.74	10	ÍRB	1:03.74	397
21.	Þórður Karl Steinarsson 50m: 30.82 100m: 1:03.76	09	Sunddeild KR	1:03.76	396
22.	Mikael Fannar Arnarson 50m: 30.21 100m: 1:03.79	09	ÍRB	1:03.79	396
23.	Huginn Leví Pétursson 50m: 31.40 100m: 1:04.51	09	BREI	1:04.51	383
24.	Gabriel Ingi Derti 50m: 31.73 100m: 1:05.84	08	ÍRB	1:05.84	360
25.	Magni Rafn Ragnarsson 50m: 32.56 100m: 1:06.94	10	Óðinn	1:06.94	343
26.	Viktor Bergmann Arnarsson 50m: 32.92 100m: 1:07.50	10	ÍRB	1:07.50	334
27.	Timotei Roland Randhawa 50m: 32.64 100m: 1:07.88	10	Sunddeild KR	1:07.88	328

Sundgrein 20, karla, 100m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
28.	Ernir Máni Oddgeirsson 50m: 32.85 100m: 1:08.71	07	SH	1:08.71	317
29.	Ingibjörn Natan Guðmundsson 50m: 32.73 100m: 1:08.82	09	Ægir	1:08.82	315
30.	Arnór Karlsson 50m: 31.47 100m: 1:09.14	09	UMF Selfoss	1:09.14	311
31.	Alexander Reid McCormick 50m: 33.90 100m: 1:09.23	10	Óðinn	1:09.23	310
32.	Matthias Máni Waagfjörð 50m: 33.00 100m: 1:09.79	08	SH	1:09.79	302
33.	Jón Gísli Eðvaldsson 50m: 34.71 100m: 1:11.14	10	SH	1:11.14	285
34.	Viljar Fannarsson	10	Fjölínir	1:11.55	280
35.	Bjarki Ragnar Arnarsson 50m: 34.15 100m: 1:12.14	12	UMFA	1:12.14	274
36.	Aaron Sebastian Jóhannsson 50m: 34.58 100m: 1:12.34	12	SH	1:12.34	271
37.	Jón Ingi Einarsson 50m: 34.20 100m: 1:12.68	11	Óðinn	1:12.68	268
38.	Ívan Elí Ólafsson 50m: 34.62 100m: 1:12.69	10	Óðinn	1:12.69	267
39.	Hrafn Guðmundsson 50m: 34.93 100m: 1:13.41	11	Sunddeild KR	1:13.41	260
40.	Luca Magni Barreiro Concheiro 50m: 35.03 100m: 1:14.00	09	Sunddeild KR	1:14.00	253
41.	Hólmar Loki Ragnarsson 50m: 35.93 100m: 1:14.23	11	Ármann	1:14.23	251
42.	Svanberg Leó Jóelsson 50m: 35.37 100m: 1:15.07	12	Ægir	1:15.07	243
43.	Tristan Orri Borghildarson 50m: 35.37 100m: 1:15.44	10	ÍRB	1:15.44	239
44.	Daníel Andriysson 50m: 36.53 100m: 1:16.09	11	SH	1:16.09	233
45.	Bragi Valur Gestsson 50m: 35.14 100m: 1:16.13	08	Sunddeild KR	1:16.13	233
46.	Sævar Sindri Jóhannesson 50m: 36.74 100m: 1:16.30	10	SH	1:16.30	231
47.	Benedikt Már Þorvaldsson 50m: 37.90 100m: 1:16.57	10	Óðinn	1:16.57	229
48.	Andrej Tepavcevic 50m: 37.19 100m: 1:17.01	12	SH	1:17.01	225
49.	Ýmir Snær Hlynsson 50m: 35.50 100m: 1:17.53	02	ÖSP	S14 1:17.53	220
50.	Gabriel Jarnutowski 50m: 36.88 100m: 1:17.60	11	ÍRB	1:17.60	220

Sundgrein 20, karla, 100m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
51.	Daníel Rafn Atlason 50m: 37.93 100m: 1:17.93	10	SH	1:17.93	217
52.	Benjamín Pétursson	12	UMFA	1:18.38	213
53.	Paul Ingi Cicero 50m: 37.85 100m: 1:18.46	10	SH	1:18.46	213
54.	Halldór Ingi Ólafsson 50m: 38.27 100m: 1:19.63	13	SH	1:19.63	203
55.	Þórbergur Eriksson 50m: 39.27 100m: 1:21.72	12	ÍRB	1:21.72	188
56.	Þórður Bæhrenz Sigurðsson 50m: 40.22 100m: 1:21.97	11	Ármann	1:21.97	186
57.	Tómas Ingi Þórðarson 50m: 39.60 100m: 1:22.21	11	Fjölpir	1:22.21	185
58.	Gísli Hrafn Ragnarsson 50m: 38.42 100m: 1:22.92	10	Sunddeild KR	1:22.92	180
59.	Kristófer Guðjónsson 50m: 40.35 100m: 1:27.30	13	ÍA	1:27.30	154
60.	Breki Þór Hauksson 50m: 41.47 100m: 1:27.45	12	ÍRB	1:27.45	153

17 - 18 ára

1.	Guðmundur Leo Rafnsson 50m: 26.34 100m: 53.10	06	ÍRB	53.10	687	ÍM
2.	Guðbjarni Sigþórsson 50m: 26.33 100m: 54.87	06	ÍA	54.87	622	ÍM
3.	Stefán Ingi Ólafsson 50m: 27.57 100m: 57.46	06	Ægír	57.46	542	ÍM
4.	Daði Þór Friðriksson 50m: 27.66 100m: 57.65	07	SH	57.65	537	ÍM
5.	Orn Ægisson 50m: 28.09 100m: 58.62	06	Ármann	58.62	510	ÍM
6.	Björn Yngvi Guðmundsson 50m: 27.80 100m: 58.69	07	SH	58.69	508	ÍM
7.	Ásberg Halldór Hansson 50m: 28.68 100m: 58.81	07	Ægír	58.81	505	ÍM
8.	Dominic Dadi Wheeler 50m: 29.72 100m: 1:00.46	07	BREI	1:00.46	465	ÍM
9.	Mykhailo S. Lafleur 50m: 29.82 100m: 1:01.09	07	ÍRB	1:01.09	451	ÍM
10.	Ernir Máni Oddgeirsson 50m: 32.85 100m: 1:08.71	07	SH	1:08.71	317	

Sundgrein 20, karla, 100m skriðsund

15 - 16 ára

1. Egill Orri Baldursson	09	ÍRB	1:03.32	405
50m: 30.14 100m: 1:03.32				
2. Jón Haukur Þórsson	08	Sunddeild KR	1:03.57	400
50m: 30.78 100m: 1:03.57				
3. Ragnar Halldórsson	09	BREI	1:03.58	400
50m: 30.91 100m: 1:03.58				
4. Þórður Karl Steinarsson	09	Sunddeild KR	1:03.76	396
50m: 30.82 100m: 1:03.76				
5. Mikael Fannar Arnarson	09	ÍRB	1:03.79	396
50m: 30.21 100m: 1:03.79				
6. Huginn Leví Pétursson	09	BREI	1:04.51	383
50m: 31.40 100m: 1:04.51				
7. Gabríel Ingi Derti	08	ÍRB	1:05.84	360
50m: 31.73 100m: 1:05.84				
8. Ingibjörn Natan Guðmundsson	09	Ægir	1:08.82	315
50m: 32.73 100m: 1:08.82				
9. Arnór Karlsson	09	UMF Selfoss	1:09.14	311
50m: 31.47 100m: 1:09.14				
10. Matthias Máni Waagfjörð	08	SH	1:09.79	302
50m: 33.00 100m: 1:09.79				
11. Luca Magni Barreiro Concheiro	09	Sunddeild KR	1:14.00	253
50m: 35.03 100m: 1:14.00				
12. Bragi Valur Gestsson	08	Sunddeild KR	1:16.13	233
50m: 35.14 100m: 1:16.13				

14 ára og yngri

1. Kajus Jatautas	10	ÍA	1:01.53	441	ÍM
50m: 29.69 100m: 1:01.53					
2. Jón Ingvar Eypórsson	10	BREI	1:01.61	440	ÍM
50m: 29.62 100m: 1:01.61					
3. Julian Jarnutowski	10	ÍRB	1:03.74	397	
50m: 30.56 100m: 1:03.74					
4. Magni Rafn Ragnarsson	10	Óðinn	1:06.94	343	
50m: 32.56 100m: 1:06.94					
5. Viktor Bergmann Arnarsson	10	ÍRB	1:07.50	334	
50m: 32.92 100m: 1:07.50					
6. Timotei Roland Randhawa	10	Sunddeild KR	1:07.88	328	
50m: 32.64 100m: 1:07.88					
7. Alexander Reid McCormick	10	Óðinn	1:09.23	310	
50m: 33.90 100m: 1:09.23					
8. Jón Gísli Eðvaldsson	10	SH	1:11.14	285	
50m: 34.71 100m: 1:11.14					
9. Viljar Fannarsson	10	Fjölnir	1:11.55	280	

Sundgrein 20, Piltar, 100m skriðsund, 14 ára og yngri

Sæti		F.ár		Tími	Stig
10.	Bjarki Ragnar Arnarsson 50m: 34.15 100m: 1:12.14	12	UMFA	1:12.14	274
11.	Aaron Sebastian Jóhannsson 50m: 34.58 100m: 1:12.34	12	SH	1:12.34	271
12.	Jón Ingi Einarsson 50m: 34.20 100m: 1:12.68	11	Óðinn	1:12.68	268
13.	Ívan Elí Ólafsson 50m: 34.62 100m: 1:12.69	10	Óðinn	1:12.69	267
14.	Hrafn Guðmundsson 50m: 34.93 100m: 1:13.41	11	Sunddeild KR	1:13.41	260
15.	Hólmar Loki Ragnarsson 50m: 35.93 100m: 1:14.23	11	Ármann	1:14.23	251
16.	Svanberg Leó Jóelsson 50m: 35.37 100m: 1:15.07	12	Ægir	1:15.07	243
17.	Tristan Orri Borghildarson 50m: 35.37 100m: 1:15.44	10	ÍRB	1:15.44	239
18.	Daníel Andriysson 50m: 36.53 100m: 1:16.09	11	SH	1:16.09	233
19.	Sævar Sindri Jóhannesson 50m: 36.74 100m: 1:16.30	10	SH	1:16.30	231
20.	Benedikt Már Þorvaldsson 50m: 37.90 100m: 1:16.57	10	Óðinn	1:16.57	229
21.	Andrej Tepavcevic 50m: 37.19 100m: 1:17.01	12	SH	1:17.01	225
22.	Gabriel Jarnutowski 50m: 36.88 100m: 1:17.60	11	ÍRB	1:17.60	220
23.	Daníel Rafn Atlason 50m: 37.93 100m: 1:17.93	10	SH	1:17.93	217
24.	Benjamín Pétursson	12	UMFA	1:18.38	213
25.	Paul Ingi Cicero 50m: 37.85 100m: 1:18.46	10	SH	1:18.46	213
26.	Halldór Ingi Ólafsson 50m: 38.27 100m: 1:19.63	13	SH	1:19.63	203
27.	Þórbergur Eriksson 50m: 39.27 100m: 1:21.72	12	ÍRB	1:21.72	188
28.	Þórður Bæhrenz Sigurðsson 50m: 40.22 100m: 1:21.97	11	Ármann	1:21.97	186
29.	Tómas Ingi Þórðarson 50m: 39.60 100m: 1:22.21	11	Fjölnir	1:22.21	185
30.	Gísli Hrafn Ragnarsson 50m: 38.42 100m: 1:22.92	10	Sunddeild KR	1:22.92	180
31.	Kristófer Guðjónsson 50m: 40.35 100m: 1:27.30	13	ÍA	1:27.30	154
32.	Breki Þór Hauksson 50m: 41.47 100m: 1:27.45	12	ÍRB	1:27.45	153

Sundgrein 21
23.03.2024 - 17:51

kvenna, 100m baksund

Opinn
Úrslitalistar

Mótsmet	1:02.52	Eygló Ósk Gústafsdóttir	Ægir		01.04.2017
Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	AEGIR	Kazan (RUS)	03.08.2015
Íslandsmet Unglinga	1:01.08	Eygló Ósk Gústafsdóttir	AEGIR	Broenshoej (DEN)	28.03.2013
Íslandsmet Aldurshópur	1:04.64	Ylfa Lind Kristmannsdóttir	ARM	Reykjavík	02.04.2023

EM : 1:02.94 / EM 19 - 21: 1:03.58 / EMU 16 - 18: 1:04.69 / NÆM 14 - 16: 1:07.36

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Ylfa Lind Kristmannsdóttir 50m: 32.06 100m: 1:05.48	08 Ármann	1:05.48	671 NÆM
2. Ástrós Lovísa Hauksdóttir 50m: 32.84 100m: 1:08.86	08 ÍRB	1:08.86	577 ÍM
3. Ragnheiður Ásta Magnúsdóttir 50m: 33.52 100m: 1:09.16	07 BREI	1:09.16	569 ÍM
4. Sunna Arnfinnsdóttir 50m: 34.18 100m: 1:09.32	07 ÍA	1:09.32	565 ÍM
5. Freyja Birkisdóttir 50m: 34.05 100m: 1:10.08	06 BREI	1:10.08	547 ÍM
6. Ylfa Ásgerður Eyjólfsdóttir 50m: 34.71 100m: 1:10.29	06 Ægir	1:10.29	542 ÍM
7. Helga Sigurlaug Helgadóttir 50m: 36.10 100m: 1:11.36	07 SH	1:11.36	518 ÍM
8. Kristín Rebekka Gunnarsdóttir 50m: 35.16 100m: 1:12.57	09 Ægir	1:12.57	493 ÍM
9. Dagmar Arna Sigurðardóttir 50m: 35.76 100m: 1:13.86	09 SH	1:13.86	467 ÍM
10. Athena Líf Thrastardóttir 50m: 35.48 100m: 1:14.12	07 ÍRB	1:14.12	462 ÍM
11. Bjarndís Olga Hansen 50m: 37.09 100m: 1:15.16	10 Ægir	1:15.16	443 ÍM
12. Katrín Lóa Ingadóttir 50m: 36.79 100m: 1:15.27	08 Ármann	1:15.27	441 ÍM
13. Dagbjörg Hlíf Ólafsdóttir 50m: 36.32 100m: 1:16.44	05 SH	1:16.44	421 ÍM
14. Tinna Karen Sigurðardóttir 50m: 37.64 100m: 1:18.02	08 SH	1:18.02	396 ÍM
15. Halldóra Björt Ingimundardóttir 50m: 37.47 100m: 1:18.11	08 BREI	1:18.11	395 ÍM
16. Ingibjörg Svava Magnúsardóttir 50m: 37.87 100m: 1:18.49	05 ÍA	1:18.49	389 ÍM
17. Freyja Sigríður Ásgeirsdóttir 50m: 38.72 100m: 1:19.45	07 Ægir	1:19.45	375 ÍM
18. Halla Rún Fannarsdóttir 50m: 37.74 100m: 1:19.83	08 Óðinn	1:19.83	370 ÍM
19. Rebekka Rún Magnúsdóttir 50m: 38.91 100m: 1:19.92	08 SH	1:19.92	369 ÍM

Sundgrein 21, kvenna, 100m baksund, Opinn

Sæti		F.ár		Tími	Stig
20.	Kolbrún Hilda Gunnarsdóttir 50m: 39.15 100m: 1:20.81	06	Ægir	1:20.81	357
21.	Lilja Rakel Hannesdóttir Bridde 50m: 39.12 100m: 1:21.02	11	BREI	1:21.02	354
22.	Valdís Rós Þorsteinsdóttir 50m: 39.80 100m: 1:21.22	07	SH	1:21.22	351
23.	Natalía Eir Curtis 50m: 40.62 100m: 1:21.37	10	Ármann	1:21.37	349
24.	Elsa Diljá Lunddal Rúnarsdóttir 50m: 40.55 100m: 1:23.06	10	SH	1:23.06	328
25.	Viktoría Emilia Orlita 50m: 40.29 100m: 1:23.69	09	ÍA	1:23.69	321
26.	Hanna Steinunn Guðnadóttir 50m: 40.87 100m: 1:23.90	11	ÍRB	1:23.90	319
27.	Katrín Ísold Gunnsteinsdóttir 50m: 40.86 100m: 1:24.11	10	Ármann	1:24.11	316
28.	Thea Sif Hjaltadóttir 50m: 41.82 100m: 1:24.24	11	Ármann	1:24.24	315
29.	Bergþóra Sól Hálfðánsdóttir 50m: 41.58 100m: 1:24.95	06	ÍRB	1:24.95	307
30.	Rannveig Perla Pétursdóttir 50m: 42.14 100m: 1:25.32	10	Ármann	1:25.32	303
31.	Karen Júlía Traustadóttir 50m: 41.19 100m: 1:25.98	12	ÍRB	1:25.98	296
32.	Tinna Salome Róbertsdóttir 50m: 41.98 100m: 1:26.02	11	BREI	1:26.02	296
33.	Guðrún Lára Arnarsdóttir 50m: 41.11 100m: 1:26.07	09	Stjarnan	1:26.07	295
34.	Ingibjörg Þóra Stefánsdóttir 50m: 42.90 100m: 1:26.30	08	SH	1:26.30	293
35.	Gabriela Róza Bondarow 50m: 42.53 100m: 1:27.61	10	Ármann	1:27.61	280
36.	Eva Goda Pratusyte 50m: 42.54 100m: 1:27.68	12	SH	1:27.68	279
37.	Karitas Kristjánsdóttir 50m: 42.93 100m: 1:28.21	10	Ármann	1:28.21	274
38.	Bríana Ósk Alvarsdóttir 50m: 43.48 100m: 1:28.80	12	SH	1:28.80	269
39.	Ásta Þórey Einarsdóttir 50m: 44.04 100m: 1:29.11	13	SH	1:29.11	266
40.	Birgitta Björt Kjartansdóttir 50m: 44.46 100m: 1:30.27	10	SH	1:30.27	256
41.	Freyja Kjartansdóttir Narby 50m: 44.74 100m: 1:30.71	10	Sunddeild KR	1:30.71	252

Sundgrein 21, kvenna, 100m baksund, Opinn

Sæti		F.ár		Tími	Stig
42.	Sunna Dís Skarphéðinsdóttir 50m: 45.25 100m: 1:32.78	08	ÍA	1:32.78	235
43.	Emilía Björt Magnúsdóttir 50m: 44.92 100m: 1:32.83	10	SH	1:32.83	235
44.	Sóley Helga Sigfríðardóttir 50m: 45.90 100m: 1:33.81	12	Fjölpir	1:33.81	228
45.	María Kristín Þorfinnsdóttir 50m: 46.11 100m: 1:34.12	11	SH	1:34.12	225
46.	Elín Sara Skarphéðinsdóttir	10	ÍA	1:34.15	225
47.	Guðdís Malín Magnúsdóttir 50m: 45.83 100m: 1:35.15	11	ÍRB	1:35.15	218
48.	Áróra Mjöll Jónsdóttir 50m: 47.15 100m: 1:35.69	13	Fjölpir	1:35.69	215
49.	Hildur Eldey Guðjónsdóttir 50m: 46.63 100m: 1:35.70	11	BREI	1:35.70	214
50.	Camilla Silfá Sigurðardóttir 50m: 47.17 100m: 1:36.16	09	SH	1:36.16	211
51.	Bríet Laufey Ingimarsdóttir 50m: 46.71 100m: 1:36.54	11	Óðinn	1:36.54	209
52.	Viktoria Vasile 50m: 47.93 100m: 1:36.73	11	Sunddeild KR	1:36.73	208
53.	Margrét Brynja Steingrímsdóttir 50m: 48.52 100m: 1:37.15	12	UMFA	1:37.15	205
54.	Elín Helga Arnardóttir 50m: 49.68 100m: 1:41.24	14	SH	1:41.24	181
55.	Rakel Ósk Kristjánsdóttir 50m: 49.01 100m: 1:41.89	11	UMFA	1:41.89	178
56.	Lára Margrét Hermannsdóttir 50m: 50.41 100m: 1:42.95	09	ÍRB	1:42.95	172
57.	Matthilda Lilja Larsen 50m: 50.97 100m: 1:44.38	14	SH	1:44.38	165
58.	Sigrún Kjartansdóttir 50m: 59.29 100m: 2:03.83	03	Fjörður	S16 2:03.83	99 *

17 - 18 ára

1.	Ragnheiður Ásta Magnúsdóttir 50m: 33.52 100m: 1:09.16	07	BREI	1:09.16	569 ÍM
2.	Sunna Arnfinnsdóttir 50m: 34.18 100m: 1:09.32	07	ÍA	1:09.32	565 ÍM
3.	Freyja Birkisdóttir 50m: 34.05 100m: 1:10.08	06	BREI	1:10.08	547 ÍM
4.	Ylfa Ásgerður Eyjólfsdóttir 50m: 34.71 100m: 1:10.29	06	Ægir	1:10.29	542 ÍM
5.	Helga Sigurlaug Helgadóttir 50m: 36.10 100m: 1:11.36	07	SH	1:11.36	518 ÍM

Sundgrein 21, Stúlkur, 100m baksund, 17 - 18 ára

Sæti		F.ár		Tími	Stig
6.	Athena Líf Thrastardóttir 50m: 35.48 100m: 1:14.12	07	ÍRB	1:14.12	462 ÍM
7.	Freyja Sigríður Ásgeirsdóttir 50m: 38.72 100m: 1:19.45	07	Ægir	1:19.45	375 ÍM
8.	Kolbrún Hilda Gunnarsdóttir 50m: 39.15 100m: 1:20.81	06	Ægir	1:20.81	357
9.	Valdís Rós Þorsteinsdóttir 50m: 39.80 100m: 1:21.22	07	SH	1:21.22	351
10.	Bergþóra Sól Hálfðánsdóttir 50m: 41.58 100m: 1:24.95	06	ÍRB	1:24.95	307

15 - 16 ára

1.	Ylfa Lind Kristmannsdóttir 50m: 32.06 100m: 1:05.48	08	Ármann	1:05.48	671 NÆM
2.	Ástrós Lovísa Hauksdóttir 50m: 32.84 100m: 1:08.86	08	ÍRB	1:08.86	577 ÍM
3.	Kristín Rebekka Gunnarsdóttir 50m: 35.16 100m: 1:12.57	09	Ægir	1:12.57	493 ÍM
4.	Dagmar Arna Sigurðardóttir 50m: 35.76 100m: 1:13.86	09	SH	1:13.86	467 ÍM
5.	Katrín Lóa Ingadóttir 50m: 36.79 100m: 1:15.27	08	Ármann	1:15.27	441 ÍM
6.	Tinna Karen Sigurðardóttir 50m: 37.64 100m: 1:18.02	08	SH	1:18.02	396 ÍM
7.	Haldóra Björt Ingimundardóttir 50m: 37.47 100m: 1:18.11	08	BREI	1:18.11	395 ÍM
8.	Halla Rún Fannarsdóttir 50m: 37.74 100m: 1:19.83	08	Óðinn	1:19.83	370 ÍM
9.	Rebekka Rún Magnúsdóttir 50m: 38.91 100m: 1:19.92	08	SH	1:19.92	369 ÍM
10.	Viktoria Emilia Orlita 50m: 40.29 100m: 1:23.69	09	ÍA	1:23.69	321
11.	Guðrún Lára Arnarsdóttir 50m: 41.11 100m: 1:26.07	09	Stjarnan	1:26.07	295
12.	Ingibjörg Þóra Stefánsdóttir 50m: 42.90 100m: 1:26.30	08	SH	1:26.30	293
13.	Sunna Dís Skarphéðinsdóttir 50m: 45.25 100m: 1:32.78	08	ÍA	1:32.78	235
14.	Camilla Silfá Sigurðardóttir 50m: 47.17 100m: 1:36.16	09	SH	1:36.16	211
15.	Lára Margrét Hermannsdóttir 50m: 50.41 100m: 1:42.95	09	ÍRB	1:42.95	172

Sundgrein 21, kvenna, 100m baksund

14 ára og yngri

1.	Bjarndís Olga Hansen	10	Ægir	1:15.16	443	ÍM
	50m: 37.09 100m: 1:15.16					
2.	Lilja Rakel Hannesdóttir Bridde	11	BREI	1:21.02	354	
	50m: 39.12 100m: 1:21.02					
3.	Natalía Eir Curtis	10	Ármann	1:21.37	349	
	50m: 40.62 100m: 1:21.37					
4.	Elsa Diljá Lunddal Rúnarsdóttir	10	SH	1:23.06	328	
	50m: 40.55 100m: 1:23.06					
5.	Hanna Steinunn Guðnadóttir	11	ÍRB	1:23.90	319	
	50m: 40.87 100m: 1:23.90					
6.	Katrín Ísold Gunnsteinsdóttir	10	Ármann	1:24.11	316	
	50m: 40.86 100m: 1:24.11					
7.	Thea Sif Hjaltadóttir	11	Ármann	1:24.24	315	
	50m: 41.82 100m: 1:24.24					
8.	Rannveig Perla Pétursdóttir	10	Ármann	1:25.32	303	
	50m: 42.14 100m: 1:25.32					
9.	Karen Júlía Traustadóttir	12	ÍRB	1:25.98	296	
	50m: 41.19 100m: 1:25.98					
10.	Tinna Salome Róbertsdóttir	11	BREI	1:26.02	296	
	50m: 41.98 100m: 1:26.02					
11.	Gabriela Róza Bondarow	10	Ármann	1:27.61	280	
	50m: 42.53 100m: 1:27.61					
12.	Eva Goda Pratusyte	12	SH	1:27.68	279	
	50m: 42.54 100m: 1:27.68					
13.	Karitas Kristjánsdóttir	10	Ármann	1:28.21	274	
	50m: 42.93 100m: 1:28.21					
14.	Bríana Ósk Alvarsdóttir	12	SH	1:28.80	269	
	50m: 43.48 100m: 1:28.80					
15.	Ásta Þórey Einarsdóttir	13	SH	1:29.11	266	
	50m: 44.04 100m: 1:29.11					
16.	Birgitta Björt Kjartansdóttir	10	SH	1:30.27	256	
	50m: 44.46 100m: 1:30.27					
17.	Freyja Kjartansdóttir Narby	10	Sunddeild KR	1:30.71	252	
	50m: 44.74 100m: 1:30.71					
18.	Emilía Björt Magnúsdóttir	10	SH	1:32.83	235	
	50m: 44.92 100m: 1:32.83					
19.	Sóley Helga Sigfríðardóttir	12	Fjölur	1:33.81	228	
	50m: 45.90 100m: 1:33.81					
20.	María Kristín Þorfinnsdóttir	11	SH	1:34.12	225	
	50m: 46.11 100m: 1:34.12					
21.	Elín Sara Skarphéðinsdóttir	10	ÍA	1:34.15	225	
22.	Guðdís Malín Magnúsdóttir	11	ÍRB	1:35.15	218	
	50m: 45.83 100m: 1:35.15					
23.	Áróra Mjöll Jónsdóttir	13	Fjölur	1:35.69	215	
	50m: 47.15 100m: 1:35.69					

Sundgrein 21, Stúlkur, 100m baksund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
24. Hildur Eldey Guðjónsdóttir 50m: 46.63 100m: 1:35.70	11 BREI	1:35.70	214
25. Bríet Laufey Ingimarsdóttir 50m: 46.71 100m: 1:36.54	11 Óðinn	1:36.54	209
26. Viktoria Vasile 50m: 47.93 100m: 1:36.73	11 Sunddeild KR	1:36.73	208
27. Margrét Brynja Steingrimsdóttir 50m: 48.52 100m: 1:37.15	12 UMFA	1:37.15	205
28. Elín Helga Arnardóttir 50m: 49.68 100m: 1:41.24	14 SH	1:41.24	181
29. Raket Ósk Kristjánsdóttir 50m: 49.01 100m: 1:41.89	11 UMFA	1:41.89	178
30. Matthilda Lilja Larsen 50m: 50.97 100m: 1:44.38	14 SH	1:44.38	165

Sundgrein 22

karla, 200m flugsund

Opinn
Úrslitalistar

23.03.2024 - 18:11

Mótsmet	2:12.13	Jón Þór Hallgrímsson	ÍA		01.06.2010
Íslandsmet	2:02.97	Sindri Thor Jakobsson	IRB	Prague (CZE)	09.07.2009
Íslandsmet Unglinga	2:02.97	Sindri Thor Jakobsson	IRB	Prague (CZE)	09.07.2009
Íslandsmet Aldurshópur	2:12.82	Viktor Forafonov	FJOLN	Bergen (NOR)	05.05.2017

EM : 2:01.24 / EM 19 - 21: 2:02.48 / EMU 16 - 18: 2:04.91 / NÆM 14 - 16: 2:11.59

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Bergur Fáfur Bjarnason 50m: 29.34 100m: 1:03.09 150m: 1:38.97 200m: 2:14.92	06 SH	2:14.92	546 ÍM
2. Daði Rafn Falsson 50m: 31.26 100m: 1:06.99 150m: 1:45.04 200m: 2:21.43	08 ÍRB	2:21.43	474 ÍM
3. Bartosz Henke 50m: 30.96 100m: 1:08.63 150m: 1:46.71 200m: 2:21.89	05 SH	2:21.89	470 ÍM
4. Styrmir Snær Árnason 50m: 33.36 100m: 1:11.53 150m: 1:53.25 200m: 2:35.85	10 SH	2:35.85	354 ÍM
5. Andri Ólafsson 50m: 35.21 100m: 1:19.29 150m: 2:07.11 200m: 2:52.07	09 SH	2:52.07	263
6. Viljar Fannarsson 50m: 36.64 100m: 1:20.06 150m: 2:07.15 200m: 2:55.60	10 Fjölur	2:55.60	248
7. Þór Eli Gunnarsson 50m: 39.65 100m: 1:27.74 150m: 2:17.78 200m: 3:07.51	11 SH	3:07.51	203
8. Kristjón Hrafn Kjartansson 50m: 38.34 100m: 1:26.55 150m: 2:19.09 200m: 3:09.32	11 SH	3:09.32	197

Sundgrein 22, karla, 200m flugsund

17 - 18 ára

1. Bergur Fálnir Bjarnason 06 SH 2:14.92 546 ÍM
50m: 29.34 100m: 1:03.09 150m: 1:38.97 200m: 2:14.92

15 - 16 ára

1. Daði Rafn Falsson 08 ÍRB 2:21.43 474 ÍM
50m: 31.26 100m: 1:06.99 150m: 1:45.04 200m: 2:21.43
2. Andri Ólafsson 09 SH 2:52.07 263
50m: 35.21 100m: 1:19.29 150m: 2:07.11 200m: 2:52.07

14 ára og yngri

1. Styrmir Snær Árnason 10 SH 2:35.85 354 ÍM
50m: 33.36 100m: 1:11.53 150m: 1:53.25 200m: 2:35.85
2. Viljar Fannarsson 10 Fjölpir 2:55.60 248
50m: 36.64 100m: 1:20.06 150m: 2:07.15 200m: 2:55.60
3. Þór Eli Gunnarsson 11 SH 3:07.51 203
50m: 39.65 100m: 1:27.74 150m: 2:17.78 200m: 3:07.51
4. Kristjón Hrafn Kjartansson 11 SH 3:09.32 197
50m: 38.34 100m: 1:26.55 150m: 2:19.09 200m: 3:09.32

Sundgrein 23
23.03.2024 - 18:15

kvenna, 800m skriðsund

Opinn
Úrslitalistar

Mótsmet	9:04.93	Inga Elín Cryer	ÍA		01.04.2012
Íslandsmet	8:53.76	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	11.03.2012
Íslandsmet Unglinga	9:08.86	Freyja Birkisdóttir	UBK	Reykjavík	28.01.2022
Íslandsmet Aldurshópur	9:09.32	Freyja Birkisdóttir	UBK	Reykjavík	24.04.2021

EM : 8:57.99 / EM 19 - 21: 9:03.48 / EMU 16 - 18: 9:12.95 / NÆM 14 - 16: 9:35.76

Stig: FINA 2024

Sæti	F.ár		Tími		Stig						
1. Katja Lilja Andriysoðttir	06	SH	9:09.54	686	EMU						
50m:	30.79	200m:	2:14.48	350m:	3:59.04	500m:	5:43.30	650m:	7:28.12	800m:	9:09.54
100m:	1:04.75	250m:	2:49.17	400m:	4:33.92	550m:	6:18.29	700m:	8:02.39		
150m:	1:39.57	300m:	3:24.03	450m:	5:08.82	600m:	6:53.02	750m:	8:36.34		
2. Ásdís Steindórsdóttir	09	BREI	9:21.90	642	NÆM						
50m:	31.76	200m:	2:17.59	350m:	4:04.40	500m:	5:51.01	650m:	7:37.91	800m:	9:21.90
100m:	1:06.78	250m:	2:53.11	400m:	4:40.14	550m:	6:26.75	700m:	8:13.61		
150m:	1:42.29	300m:	3:28.83	450m:	5:15.35	600m:	7:02.39	750m:	8:48.28		
3. Sólvieg Freyja Hákonardóttir	09	BREI	9:24.42	633	NÆM						
50m:	32.29	200m:	2:19.31	350m:	4:06.41	500m:	5:54.10	650m:	7:41.53	800m:	9:24.42
100m:	1:07.92	250m:	2:55.00	400m:	4:42.33	550m:	6:29.57	700m:	8:17.14		
150m:	1:43.35	300m:	3:30.82	450m:	5:17.98	600m:	7:05.76	750m:	8:51.49		
4. Sunneva Bergmann Ásbjornsoðttir	07	ÍRB	9:47.22	562	ÍM						
50m:	31.86	200m:	2:20.72	350m:	4:11.27	500m:	6:03.55	650m:	7:57.00	800m:	9:47.22
100m:	1:07.52	250m:	2:57.28	400m:	4:48.51	550m:	6:41.48	700m:	8:34.39		
150m:	1:44.12	300m:	3:34.02	450m:	5:26.53	600m:	7:18.95	750m:	9:11.53		

Sundgrein 23, kvenna, 800m skriðsund, Opinn

Sæti	F.ár		Tími		Stig
5. Katla María Brynjarsdóttir	07	ÍRB	9:59.81	527	ÍM
50m: 33.49	200m: 2:25.20	350m: 4:18.35	500m: 6:12.54	650m: 8:06.40	800m: 9:59.81
100m: 1:10.14	250m: 3:02.89	400m: 4:56.26	550m: 6:50.40	700m: 8:44.39	
150m: 1:47.53	300m: 3:40.64	450m: 5:34.35	600m: 7:28.43	750m: 9:22.18	
6. Hulda Björg Magnúsdóttir Nilsen	08	Ægir	10:03.74	517	ÍM
50m: 33.28	200m: 2:26.67	350m: 4:21.67	500m: 6:16.53	650m: 8:10.58	800m: 10:03.74
100m: 1:10.81	250m: 3:04.90	400m: 5:00.02	550m: 6:54.83	700m: 8:48.76	
150m: 1:48.59	300m: 3:43.15	450m: 5:37.94	600m: 7:32.96	750m: 9:26.53	
7. Alicja Julia Kempisty	10	Óðinn	10:17.11	484	ÍM
50m: 36.49	200m: 2:36.04	350m: 4:33.57	500m: 6:31.87	650m: 8:26.38	800m: 10:17.11
100m: 1:16.70	250m: 3:15.13	400m: 5:13.42	550m: 7:09.64	700m: 9:04.70	
150m: 1:56.07	300m: 3:54.92	450m: 5:52.46	600m: 7:49.17	750m: 9:41.88	
8. Þorgerður Freyja Helgadóttir	11	BREI	10:22.75	471	ÍM
50m: 34.37	200m: 2:32.15	350m: 4:30.32	500m: 6:29.11	650m: 8:26.65	800m: 10:22.75
100m: 1:13.43	250m: 3:11.43	400m: 5:09.66	550m: 7:08.40	700m: 9:05.81	
150m: 1:52.76	300m: 3:51.04	450m: 5:49.19	600m: 7:47.62	750m: 9:44.60	
9. Karen Sif Helgadóttir	10	Fjölpir	10:31.08	453	ÍM
50m: 33.91	200m: 2:30.45	350m: 4:30.52	500m: 6:32.10	650m: 8:34.28	800m: 10:31.08
100m: 1:12.00	250m: 3:10.64	400m: 5:09.96	550m: 7:13.44	700m: 9:14.11	
150m: 1:51.24	300m: 3:50.05	450m: 5:51.11	600m: 7:53.37	750m: 9:53.25	
10. Ema Austa Pratusytė	10	SH	10:41.69	431	ÍM
50m: 36.71	200m: 2:39.42	350m: 4:42.33	500m: 6:43.63	650m: 8:44.97	800m: 10:41.69
100m: 1:17.70	250m: 3:20.26	400m: 5:22.87	550m: 7:24.12	700m: 9:25.36	
150m: 1:58.37	300m: 4:01.41	450m: 6:03.79	600m: 8:04.41	750m: 10:05.34	
11. Hildur Erla Hákonardóttir	10	SH	10:42.61	429	ÍM
50m: 37.02	200m: 2:40.00	350m: 4:43.22	500m: 6:43.80	650m: 8:45.15	800m: 10:42.61
100m: 1:17.81	250m: 3:21.15	400m: 5:23.40	550m: 7:24.10	700m: 9:25.71	
150m: 1:58.93	300m: 4:02.01	450m: 6:03.75	600m: 8:04.92	750m: 10:04.84	
12. Bergey Huld Arnarsdóttir	11	BREI	10:54.40	406	ÍM
50m: 36.24	200m: 2:39.38	350m: 4:42.90	500m: 6:47.95	650m: 8:52.38	800m: 10:54.40
100m: 1:16.79	250m: 3:20.29	400m: 5:24.26	550m: 7:29.26	700m: 9:34.48	
150m: 1:57.68	300m: 4:01.55	450m: 6:05.77	600m: 8:11.18	750m: 10:14.84	
13. Ninja Ýr Logadóttir	09	SH	11:27.82	350	
50m: 38.92	200m: 2:46.56	350m: 4:58.75	500m: 7:09.50	650m: 9:19.45	800m: 11:27.82
100m: 1:20.71	250m: 3:30.42	400m: 5:42.43	550m: 7:52.96	700m: 10:02.16	
150m: 2:03.62	300m: 4:14.41	450m: 6:27.08	600m: 8:36.19	750m: 10:45.54	
14. Birna Rún Jónsdóttir	09	UMFA	11:31.72	344	
50m: 37.02	200m: 2:45.78	350m: 4:58.06	500m: 7:09.86	650m: 9:23.47	800m: 11:31.72
100m: 1:18.80	250m: 3:30.31	400m: 5:42.15	550m: 7:54.37	700m: 10:07.22	
150m: 2:02.10	300m: 4:14.04	450m: 6:26.68	600m: 8:38.56	750m: 10:50.86	
15. Emilía Anna Jóhannsdóttir	11	SH	11:51.11	316	
50m: 38.73	200m: 2:52.88	350m: 5:09.52	500m: 7:24.98	650m: 9:39.39	800m: 11:51.11
100m: 1:22.27	250m: 3:38.47	400m: 5:54.49	550m: 8:09.59	700m: 10:23.47	
150m: 2:07.79	300m: 4:24.07	450m: 6:39.78	600m: 8:54.34	750m: 11:08.42	
16. Dórothea Margrét Jakobsdóttir	08	Ármann	12:01.07	303	
50m: 39.52	200m: 2:57.80	350m: 5:17.40	500m: 7:34.77	650m: 9:54.57	800m: 12:01.07
100m: 1:24.83	250m: 3:44.05	400m: 6:02.40	550m: 8:21.27	700m: 10:39.54	
150m: 2:11.75	300m: 4:30.25	450m: 6:48.92	600m: 9:08.59	750m: 11:23.29	

Sundgrein 24
24.03.2024 - 10:00

karla, 400m fjórsund

Opinn
Úrslitalistar

Mótsmet	4:36.21	Hocine Haciane	AND		01.06.2010
Íslandsmet	4:23.64	Anton Sveinn McKee	AEGIR	Laugardalslaug	15.04.2012
Íslandsmet Unglinga	4:30.15	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	10.07.2011
Íslandsmet Aldurshópur	4:35.30	Hólmar Grétarsson	SH	Maribor (SLO)	28.07.2023
EM : 4:27.47 / EM 19 - 21: 4:30.20 / EMU 16 - 18: 4:35.57 / NÆM 14 - 16: 4:50.31					

Stig: FINA 2024

Sæti	F.ár						Tími	Stig
1. Birnir Freyr Hálfánarsson	06 SH						4:41.77	637 ÍM
50m:	28.47	150m:	1:40.05	250m:	2:58.02	350m:	4:10.28	
100m:	1:02.04	200m:	2:17.77	300m:	3:38.02	400m:	4:41.77	
2. Daði Rafn Falsson	08 ÍRB						4:53.20	565 ÍM
50m:	29.79	150m:	1:44.43	250m:	3:04.43	350m:	4:20.80	
100m:	1:05.01	200m:	2:22.60	300m:	3:46.38	400m:	4:53.20	
3. Nikolai Leo Jónsson	08 ÍRB						5:00.93	523 ÍM
50m:	31.15	150m:	1:45.93	250m:	3:06.23	350m:	4:25.26	
100m:	1:06.45	200m:	2:24.64	300m:	3:48.72	400m:	5:00.93	
4. Denas Kazulis	08 ÍRB						5:05.27	501 ÍM
50m:	32.73	150m:	1:51.84	250m:	3:15.97	350m:	4:32.90	
100m:	1:12.10	200m:	2:30.77	300m:	4:00.92	400m:	5:05.27	
5. Árni Þór Pálmason	09 ÍRB						5:16.37	450 ÍM
50m:	33.44	150m:	1:55.34	250m:	3:20.84	350m:	4:42.04	
100m:	1:13.50	200m:	2:35.15	300m:	4:05.83	400m:	5:16.37	
6. Gísli Kristján Traustason	09 ÍRB						5:24.03	419 ÍM
50m:	33.78	150m:	1:55.77	250m:	3:23.64	350m:	4:47.56	
100m:	1:13.43	200m:	2:36.49	300m:	4:09.79	400m:	5:24.03	
7. Vanja Djurovic	09 BREI						5:35.76	376 ÍM
50m:	35.60	150m:	2:00.19	250m:	3:31.22	350m:	5:00.11	
100m:	1:16.74	200m:	2:42.15	300m:	4:21.98	400m:	5:35.76	
8. Jón Ingvar Eypórsson	10 BREI						5:37.71	370 ÍM
50m:	33.41	150m:	1:56.66	250m:	3:30.03	350m:	5:00.53	
100m:	1:13.09	200m:	2:39.81	300m:	4:22.88	400m:	5:37.71	
9. Julian Jarnutowski	10 ÍRB						5:39.01	366 ÍM
50m:	37.41	150m:	2:04.34	250m:	3:35.36	350m:	5:04.72	
100m:	1:20.53	200m:	2:47.12	300m:	4:24.68	400m:	5:39.01	
10. Magni Rafn Ragnarsson	10 Óðinn						6:01.71	301
50m:	41.12	150m:	2:18.48	250m:	3:55.30	350m:	5:23.34	
100m:	1:29.03	200m:	3:05.54	300m:	4:43.69	400m:	6:01.71	
11. Alexander Reid McCormick	10 Óðinn						6:06.98	288
50m:	41.22	150m:	2:19.18	250m:	3:58.50	350m:	5:29.70	
100m:	1:27.60	200m:	3:09.55	300m:	4:48.35	400m:	6:06.98	

Sundgrein 25
24.03.2024 - 10:13

kvenna, 1500m skriðsund

Opinn
Úrslitalistar

Mótsmet	17:33.23	Freyja Birkisdóttir	BREI		19.03.2022
Íslandsmet	17:17.61	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	23.07.2011
Íslandsmet Unglinga	17:25.46	Freyja Birkisdóttir	UBK	Otopeni (ROU)	05.07.2022
Íslandsmet Aldurshópur	17:32.11	Freyja Birkisdóttir	UBK	Reykjavik	25.04.2021

EM : 17:07.97 / EM 19 - 21: 17:18.45 / EMU 16 - 18: 17:36.54

Stig: FINA 2024

Sæti	F.ár		Tími		Stig	
1. Freyja Birkisdóttir	06	BREI	17:54.08	629	SSÍ	
50m: 32.26	300m: 3:30.18	550m: 6:29.37	800m: 9:31.13	1050m: 12:31.60	1300m: 15:31.78	
100m: 1:07.78	350m: 4:06.18	600m: 7:05.67	850m: 10:07.22	1100m: 13:07.40	1350m: 16:07.73	
150m: 1:43.80	400m: 4:41.55	650m: 7:42.51	900m: 10:43.36	1150m: 13:43.52	1400m: 16:43.63	
200m: 2:19.00	450m: 5:17.34	700m: 8:19.07	950m: 11:19.58	1200m: 14:19.43	1450m: 17:19.30	
250m: 2:54.74	500m: 5:53.10	750m: 8:55.33	1000m: 11:55.69	1250m: 14:55.55	1500m: 17:54.08	
2. Sunna Arnfinnsdóttir	07	ÍA	18:24.70	578	ÍM	
50m: 33.05	300m: 3:38.39	550m: 6:44.89	800m: 9:50.97	1050m: 12:56.46	1300m: 16:01.25	
100m: 1:09.31	350m: 4:15.78	600m: 7:21.70	850m: 10:27.88	1100m: 13:33.58	1350m: 16:37.72	
150m: 1:46.09	400m: 4:53.03	650m: 7:59.56	900m: 11:05.03	1150m: 14:10.45	1400m: 17:14.00	
200m: 2:23.80	450m: 5:30.54	700m: 8:36.71	950m: 11:42.60	1200m: 14:47.33	1450m: 17:49.79	
250m: 3:01.17	500m: 6:07.91	750m: 9:13.91	1000m: 12:19.06	1250m: 15:24.50	1500m: 18:24.70	
3. Alicja Julia Kempisty	10	Óðinn	19:34.88	480	ÍM	
50m: 34.58	300m: 3:49.37	550m: 7:07.94	800m: 10:27.26	1050m: 13:45.71	1300m: 17:03.31	
100m: 1:12.45	350m: 4:29.02	600m: 7:47.44	850m: 11:07.03	1100m: 14:25.19	1350m: 17:42.26	
150m: 1:51.27	400m: 5:08.34	650m: 8:27.77	900m: 11:46.52	1150m: 15:04.64	1400m: 18:21.15	
200m: 2:30.08	450m: 5:48.36	700m: 9:07.41	950m: 12:26.41	1200m: 15:44.15	1450m: 18:59.49	
250m: 3:09.85	500m: 6:28.09	750m: 9:47.86	1000m: 13:06.19	1250m: 16:23.83	1500m: 19:34.88	
4. Guðrún Ísold Harðardóttir	11	BREI	20:03.61	447	ÍM	
50m: 34.90	300m: 3:52.40	550m: 7:14.74	800m: 10:37.35	1050m: 13:59.99	1300m: 17:23.32	
100m: 1:13.63	350m: 4:32.96	600m: 7:54.92	850m: 11:17.80	1100m: 14:40.14	1350m: 18:04.08	
150m: 1:53.64	400m: 5:13.12	650m: 8:36.03	900m: 11:58.00	1150m: 15:20.84	1400m: 18:44.23	
200m: 2:32.68	450m: 5:53.82	700m: 9:16.17	950m: 12:39.06	1200m: 16:01.59	1450m: 19:24.64	
250m: 3:12.92	500m: 6:33.95	750m: 9:56.96	1000m: 13:19.47	1250m: 16:42.73	1500m: 20:03.61	
5. Guðbjörg Helga Hilmarsdóttir	11	BREI	20:06.57	444	ÍM	
50m: 34.65	300m: 3:57.51	550m: 7:21.04	800m: 10:45.16	1050m: 14:07.52	1300m: 17:29.04	
100m: 1:14.86	350m: 4:38.07	600m: 8:02.83	850m: 11:25.71	1100m: 14:47.77	1350m: 18:08.81	
150m: 1:55.37	400m: 5:18.95	650m: 8:42.88	900m: 12:06.05	1150m: 15:27.65	1400m: 18:48.72	
200m: 2:35.95	450m: 5:59.50	700m: 9:23.20	950m: 12:46.00	1200m: 16:08.20	1450m: 19:27.58	
250m: 3:16.40	500m: 6:40.49	750m: 10:04.12	1000m: 13:27.48	1250m: 16:48.20	1500m: 20:06.57	
6. Þorgerður Freyja Helgadóttir	11	BREI	20:07.30	443	ÍM	
50m: 35.83	300m: 3:58.58	550m: 7:22.87	800m: 10:45.76	1050m: 14:08.09	1300m: 17:30.00	
100m: 1:16.04	350m: 4:39.65	600m: 8:03.68	850m: 11:26.92	1100m: 14:48.27	1350m: 18:10.66	
150m: 1:56.73	400m: 5:20.62	650m: 8:44.58	900m: 12:06.83	1150m: 15:28.85	1400m: 18:50.21	
200m: 2:36.80	450m: 6:01.57	700m: 9:24.70	950m: 12:47.38	1200m: 16:08.79	1450m: 19:29.50	
250m: 3:17.66	500m: 6:41.94	750m: 10:05.57	1000m: 13:27.62	1250m: 16:49.56	1500m: 20:07.30	
7. Ísabella Jóhannsdóttir	10	Óðinn	21:42.40	353	ÍM	
50m: 36.20	300m: 4:14.04	550m: 7:53.58	800m: 11:33.23	1050m: 15:13.99	1300m: 18:55.35	
100m: 1:18.89	350m: 4:57.26	600m: 8:37.02	850m: 12:16.79	1100m: 15:59.01	1350m: 19:38.65	
150m: 2:02.14	400m: 5:42.03	650m: 9:20.67	900m: 13:01.24	1150m: 16:43.19	1400m: 20:21.76	
200m: 2:46.32	450m: 6:25.30	700m: 10:05.58	950m: 13:45.26	1200m: 17:27.68	1450m: 21:03.47	
250m: 3:29.57	500m: 7:09.47	750m: 10:48.59	1000m: 14:30.19	1250m: 18:11.23	1500m: 21:42.40	
8. Hildur Eldey Guðjónsdóttir	11	BREI	22:18.21	325		
50m: 38.32	300m: 4:21.54	550m: 8:08.65	800m: 11:56.08	1050m: 15:41.83	1300m: 19:25.40	
100m: 1:21.83	350m: 5:07.03	600m: 8:55.12	850m: 12:41.19	1100m: 16:27.50	1350m: 20:08.32	
150m: 2:05.98	400m: 5:52.98	650m: 9:39.57	900m: 13:26.39	1150m: 17:11.46	1400m: 20:52.50	
200m: 2:51.24	450m: 6:37.76	700m: 10:26.08	950m: 14:12.18	1200m: 17:56.66	1450m: 21:35.65	
250m: 3:35.76	500m: 7:24.08	750m: 11:10.49	1000m: 14:57.69	1250m: 18:40.65	1500m: 22:18.21	

Sundgrein 26
24.03.2024 - 10:36

kvenna, 200m baksund

Opinn
Úrslitalistar

Mótsmet	2:13.15	Eygló Ósk Gústafsdóttir	Ægir		01.04.2017
Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	AEGIR	Rio (BRA)	11.08.2016
Íslandsmet Unglinga	2:10.38	Eygló Ósk Gústafsdóttir	AEGIR	Laugardalslaug	13.04.2012
Íslandsmet Aldurshópur	2:18.83	Eygló Ósk Gústafsdóttir	AEGIR	Helsinki (FIN)	14.07.2010
EM : 2:16.17 / EM 19 - 21: 2:17.56 / EMU 16 - 18: 2:19.95 / NÆM 14 - 16: 2:25.73					

Stig: FINA 2024

Sæti	F.ár		Tími	Stig
Opinn				
1.	Ylfa Lind Kristmannsdóttir	08 Ármann	2:26.36	595 ÍM
	50m: 32.79 100m: 1:09.14 150m: 1:47.20 200m: 2:26.36			
2.	Ástrós Lovísa Hauksdóttir	08 ÍRB	2:30.46	548 ÍM
	50m: 33.93 100m: 1:12.10 150m: 1:51.28 200m: 2:30.46			
3.	Ylfa Ásgerður Eyjólfsdóttir	06 Ægir	2:30.61	546 ÍM
	50m: 36.08 100m: 1:14.33 150m: 1:53.31 200m: 2:30.61			
4.	Dagmar Arna Sigurðardóttir	09 SH	2:32.87	522 ÍM
	50m: 35.37 100m: 1:14.01 150m: 1:53.87 200m: 2:32.87			
5.	Bjarndís Olga Hansen	10 Ægir	2:34.06	510 ÍM
	50m: 36.27 100m: 1:14.89 150m: 1:55.37 200m: 2:34.06			
6.	Kristín Rebekka Gunnarsdóttir	09 Ægir	2:36.48	487 ÍM
	50m: 36.57 100m: 1:15.67 150m: 1:56.01 200m: 2:36.48			
7.	Helga Sigurlaug Helgadóttir	07 SH	2:38.41	469 ÍM
	50m: 36.75 100m: 1:17.34 150m: 1:59.04 200m: 2:38.41			
8.	Katrín Lóa Ingadóttir	08 Ármann	2:38.55	468 ÍM
	50m: 37.70 100m: 1:17.69 150m: 1:58.35 200m: 2:38.55			
9.	Katla María Brynjarsdóttir	07 ÍRB	2:38.86	465 ÍM
	50m: 37.46 100m: 1:17.24 150m: 1:59.03 200m: 2:38.86			
10.	Athena Líf Thrastardóttir	07 ÍRB	2:39.46	460 ÍM
	50m: 35.64 100m: 1:16.39 150m: 1:59.24 200m: 2:39.46			
11.	Elsa Diljá Lunddal Rúnarsdóttir	10 SH	2:50.92	373 ÍM
	50m: 40.99 100m: 1:24.33 150m: 2:08.16 200m: 2:50.92			
12.	Lilja Rakel Hannesdóttir Bridde	11 BREI	2:52.02	366 ÍM
	50m: 39.67 100m: 1:23.74 150m: 2:07.57 200m: 2:52.02			
13.	Karen Sif Helgadóttir	10 Fjölnir	2:52.53	363 ÍM
	50m: 40.22 100m: 1:24.46 150m: 2:08.87 200m: 2:52.53			
14.	Karen Júlía Traustadóttir	12 ÍRB	2:52.94	361 ÍM
	50m: 41.26 100m: 1:25.39 150m: 2:10.89 200m: 2:52.94			
15.	Viktoría Emilia Orlita	09 ÍA	2:52.97	360 ÍM
	50m: 39.54 100m: 1:23.40 150m: 2:08.69 200m: 2:52.97			
16.	Aldís Ogmundsdóttir	09 Sunddeild KR	2:53.53	357 ÍM
	50m: 40.97 100m: 1:25.01 150m: 2:09.61 200m: 2:53.53			
17.	Natalía Eir Curtis	10 Ármann	2:53.92	354 ÍM
	50m: 41.88 100m: 1:25.81 150m: 2:10.75 200m: 2:53.92			
18.	Thea Sif Hjaltadóttir	11 Ármann	2:54.62	350 ÍM
	50m: 40.98 100m: 1:25.76 150m: 2:11.25 200m: 2:54.62			
19.	Hanna Steinunn Guðnadóttir	11 ÍRB	2:54.84	349 ÍM
	50m: 41.74 100m: 1:26.33 150m: 2:11.91 200m: 2:54.84			

Sundgrein 26, kvenna, 200m baksund, Opinn

Sæti		F.ár		Tími	Stig
20.	Ingibjörg Þóra Stefánsdóttir	08	SH	2:55.29	346 ÍM
	50m: 42.32 100m: 1:26.90 150m: 2:11.83 200m: 2:55.29				
21.	Katrín Ísold Gunnsteinsdóttir	10	Ármann	2:56.86	337
	50m: 41.64 100m: 1:26.49 150m: 2:13.01 200m: 2:56.86				
22.	Natalía Fanney Sigurðardóttir	10	ÍRB	2:57.87	331
	50m: 41.32 100m: 1:26.80 150m: 2:13.62 200m: 2:57.87				
23.	Karitas Kristjánsdóttir	10	Ármann	3:00.10	319
	50m: 42.62 100m: 1:28.40 150m: 2:15.05 200m: 3:00.10				
24.	Thelma Ösp Sveinbjörnsdóttir	10	SH	3:00.43	317
	50m: 42.77 100m: 1:28.94 150m: 2:15.95 200m: 3:00.43				
25.	Rannveig Perla Pétursdóttir	10	Ármann	3:00.61	316
	50m: 40.55 100m: 1:26.76 150m: 2:14.97 200m: 3:00.61				
26.	Emilía Anna Jóhannsdóttir	11	SH	3:04.88	295
	50m: 43.92 100m: 1:31.12 150m: 2:19.84 200m: 3:04.88				
27.	Tinna Salome Róbertsdóttir	11	BREI	3:04.91	295
	50m: 44.48 100m: 1:32.30 150m: 2:20.62 200m: 3:04.91				
28.	Guðrún Lára Arnarsdóttir	09	Stjarnan	3:04.99	294
	50m: 40.79 100m: 1:27.64 150m: 2:17.97 200m: 3:04.99				
29.	Eva Goda Pratusyte	12	SH	3:05.57	292
	50m: 43.68 100m: 1:32.02 150m: 2:19.78 200m: 3:05.57				
30.	Gabriela Róza Bondarow	10	Ármann	3:06.07	289
	50m: 42.23 100m: 1:29.34 150m: 2:17.08 200m: 3:06.07				
31.	Birna Rún Jónsdóttir	09	UMFA	3:10.49	270
	50m: 43.22 100m: 1:32.46 150m: 2:22.91 200m: 3:10.49				
32.	María Kristín Þorfinnsdóttir	11	SH	3:12.26	262
	50m: 47.11 100m: 1:36.81 150m: 2:26.08 200m: 3:12.26				
33.	Sóley Helga Sigfríðardóttir	12	Fjöltnir	3:12.51	261
	50m: 46.22 100m: 1:35.64 150m: 2:26.96 200m: 3:12.51				
34.	Guðdís Malín Magnúsdóttir	11	ÍRB	3:16.82	244
	50m: 46.46 100m: 1:37.59 150m: 2:29.92 200m: 3:16.82				
35.	Briet Laufey Ingimarsdóttir	11	Óðinn	3:19.66	234
	50m: 47.53 100m: 1:38.80 150m: 2:32.05 200m: 3:19.66				
36.	Margrét Brynja Steingrímsdóttir	12	UMFA	3:22.04	226
	50m: 49.79 100m: 1:42.04 150m: 2:34.68 200m: 3:22.04				

17 - 18 ára

1.	Ylfa Ásgerður Eyjólfsdóttir	06	Ægir	2:30.61	546 ÍM
	50m: 36.08 100m: 1:14.33 150m: 1:53.31 200m: 2:30.61				
2.	Helga Sigurlaug Helgadóttir	07	SH	2:38.41	469 ÍM
	50m: 36.75 100m: 1:17.34 150m: 1:59.04 200m: 2:38.41				
3.	Katla María Brynjarsdóttir	07	ÍRB	2:38.86	465 ÍM
	50m: 37.46 100m: 1:17.24 150m: 1:59.03 200m: 2:38.86				
4.	Athena Líf Thrastardóttir	07	ÍRB	2:39.46	460 ÍM
	50m: 35.64 100m: 1:16.39 150m: 1:59.24 200m: 2:39.46				

Sundgrein 26, kvenna, 200m baksund

15 - 16 ára

1.	Ylfa Lind Kristmannsdóttir	08	Ármann	2:26.36	595	ÍM
	50m: 32.79 100m: 1:09.14 150m: 1:47.20 200m: 2:26.36					
2.	Ástrós Lovísa Hauksdóttir	08	ÍRB	2:30.46	548	ÍM
	50m: 33.93 100m: 1:12.10 150m: 1:51.28 200m: 2:30.46					
3.	Dagmar Arna Sigurðardóttir	09	SH	2:32.87	522	ÍM
	50m: 35.37 100m: 1:14.01 150m: 1:53.87 200m: 2:32.87					
4.	Kristín Rebekka Gunnarsdóttir	09	Ægir	2:36.48	487	ÍM
	50m: 36.57 100m: 1:15.67 150m: 1:56.01 200m: 2:36.48					
5.	Katrín Lóa Ingadóttir	08	Ármann	2:38.55	468	ÍM
	50m: 37.70 100m: 1:17.69 150m: 1:58.35 200m: 2:38.55					
6.	Viktoria Emilia Orlita	09	ÍA	2:52.97	360	ÍM
	50m: 39.54 100m: 1:23.40 150m: 2:08.69 200m: 2:52.97					
7.	Aldís Ogmundsdóttir	09	Sunddeild KR	2:53.53	357	ÍM
	50m: 40.97 100m: 1:25.01 150m: 2:09.61 200m: 2:53.53					
8.	Ingibjörg Þóra Stefánsdóttir	08	SH	2:55.29	346	ÍM
	50m: 42.32 100m: 1:26.90 150m: 2:11.83 200m: 2:55.29					
9.	Guðrún Lára Arnarsdóttir	09	Stjarnan	3:04.99	294	
	50m: 40.79 100m: 1:27.64 150m: 2:17.97 200m: 3:04.99					
10.	Birna Rún Jónsdóttir	09	UMFA	3:10.49	270	
	50m: 43.22 100m: 1:32.46 150m: 2:22.91 200m: 3:10.49					

14 ára og yngri

1.	Bjarnís Olga Hansen	10	Ægir	2:34.06	510	ÍM
	50m: 36.27 100m: 1:14.89 150m: 1:55.37 200m: 2:34.06					
2.	Elsa Diljá Lunddal Rúnarsdóttir	10	SH	2:50.92	373	ÍM
	50m: 40.99 100m: 1:24.33 150m: 2:08.16 200m: 2:50.92					
3.	Lilja Rakel Hannesdóttir Bridde	11	BREI	2:52.02	366	ÍM
	50m: 39.67 100m: 1:23.74 150m: 2:07.57 200m: 2:52.02					
4.	Karen Sif Helgadóttir	10	Fjölnir	2:52.53	363	ÍM
	50m: 40.22 100m: 1:24.46 150m: 2:08.87 200m: 2:52.53					
5.	Karen Júlía Traustadóttir	12	ÍRB	2:52.94	361	ÍM
	50m: 41.26 100m: 1:25.39 150m: 2:10.89 200m: 2:52.94					
6.	Natalía Eir Curtis	10	Ármann	2:53.92	354	ÍM
	50m: 41.88 100m: 1:25.81 150m: 2:10.75 200m: 2:53.92					
7.	Thea Sif Hjaltadóttir	11	Ármann	2:54.62	350	ÍM
	50m: 40.98 100m: 1:25.76 150m: 2:11.25 200m: 2:54.62					
8.	Hanna Steinunn Guðnadóttir	11	ÍRB	2:54.84	349	ÍM
	50m: 41.74 100m: 1:26.33 150m: 2:11.91 200m: 2:54.84					
9.	Katrín Ísold Gunnsteinsdóttir	10	Ármann	2:56.86	337	
	50m: 41.64 100m: 1:26.49 150m: 2:13.01 200m: 2:56.86					
10.	Natalía Fanney Sigurðardóttir	10	ÍRB	2:57.87	331	
	50m: 41.32 100m: 1:26.80 150m: 2:13.62 200m: 2:57.87					
11.	Karitas Kristjánsdóttir	10	Ármann	3:00.10	319	
	50m: 42.62 100m: 1:28.40 150m: 2:15.05 200m: 3:00.10					

Sundgrein 26, Stúlkur, 200m baksund, 14 ára og yngri

Sæti		F.ár		Tími	Stig
12.	Thelma Ösp Sveinbjörnsdóttir	10	SH	3:00.43	317
	50m: 42.77 100m: 1:28.94 150m: 2:15.95 200m: 3:00.43				
13.	Rannveig Perla Pétursdóttir	10	Ármann	3:00.61	316
	50m: 40.55 100m: 1:26.76 150m: 2:14.97 200m: 3:00.61				
14.	Emilía Anna Jóhannsdóttir	11	SH	3:04.88	295
	50m: 43.92 100m: 1:31.12 150m: 2:19.84 200m: 3:04.88				
15.	Tinna Salome Róbertsdóttir	11	BREI	3:04.91	295
	50m: 44.48 100m: 1:32.30 150m: 2:20.62 200m: 3:04.91				
16.	Eva Goda Pratusyte	12	SH	3:05.57	292
	50m: 43.68 100m: 1:32.02 150m: 2:19.78 200m: 3:05.57				
17.	Gabriela Róza Bondarow	10	Ármann	3:06.07	289
	50m: 42.23 100m: 1:29.34 150m: 2:17.08 200m: 3:06.07				
18.	María Kristín Þorfinnsdóttir	11	SH	3:12.26	262
	50m: 47.11 100m: 1:36.81 150m: 2:26.08 200m: 3:12.26				
19.	Sóley Helga Sigfríðardóttir	12	Fjölur	3:12.51	261
	50m: 46.22 100m: 1:35.64 150m: 2:26.96 200m: 3:12.51				
20.	Guðdís Malín Magnúsdóttir	11	ÍRB	3:16.82	244
	50m: 46.46 100m: 1:37.59 150m: 2:29.92 200m: 3:16.82				
21.	Bríet Laufey Ingimarsdóttir	11	Óðinn	3:19.66	234
	50m: 47.53 100m: 1:38.80 150m: 2:32.05 200m: 3:19.66				
22.	Margrét Brynja Steingrimsdóttir	12	UMFA	3:22.04	226
	50m: 49.79 100m: 1:42.04 150m: 2:34.68 200m: 3:22.04				

Sundgrein 27
24.03.2024 - 10:57

karla, 200m skriðsund

Opinn
Úrslitalistar

Mótsmet	1:54.58	Igor Cerensek	CRO		01.06.2008
Íslandsmet	1:49.78	Orn Arnarson	SH	Sydney (AUS)	16.09.2000
Íslandsmet Unglinga	1:50.63	Orn Arnarson	SH	Antwerpen (BEL)	30.07.1998
Íslandsmet Aldurshópur	1:57.07	Magnús Viðir Jónsson	SH	Maribor (SLO)	27.07.2023

EM : 1:51.21 / EM 19 - 21: 1:52.35 / EMU 16 - 18: 1:54.58 / NÆM 14 - 16: 2:00.71

Stig: FINA 2024

Sæti		F.ár		Tími	Stig
Opinn					
1.	Magnús Viðir Jónsson	08	SH	1:58.05	645 NÆM
	50m: 27.60 100m: 57.55 150m: 1:28.08 200m: 1:58.05				
2.	Veigar Hrafn Sigþórsson	05	SH	1:58.48	638 ÍM
	50m: 27.64 100m: 58.01 150m: 1:28.60 200m: 1:58.48				
3.	Guðmundur Karl Karlsson	05	ÍRB	1:59.76	617 ÍM
	50m: 28.18 100m: 59.28 150m: 1:29.81 200m: 1:59.76				
4.	Karl Björnsson	08	SH	2:05.76	533 ÍM
	50m: 29.21 100m: 1:00.62 150m: 1:33.82 200m: 2:05.76				
5.	Stefán Ingi Ólafsson	06	Ægir	2:06.49	524 ÍM
	50m: 29.25 100m: 1:01.42 150m: 1:34.55 200m: 2:06.49				
6.	Andri Már Kristjánsson	06	SH	2:07.03	517 ÍM
	50m: 28.26 100m: 1:01.06 150m: 1:34.99 200m: 2:07.03				

Sundgrein 27, karla, 200m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
7.	Daði Þór Friðriksson 50m: 28.26 100m: 1:00.20 150m: 1:34.51 200m: 2:08.06	07	SH	2:08.06	505 ÍM
8.	Birgir Hrafn Kjartansson 50m: 28.76 100m: 1:01.62 150m: 1:35.62 200m: 2:08.34	08	Ægir	2:08.34	502 ÍM
9.	Dominic Dadi Wheeler 50m: 30.25 100m: 1:03.71 150m: 1:38.96 200m: 2:12.55	07	BREI	2:12.55	455 ÍM
10.	Jón Ingvar Eypórsson 50m: 30.58 100m: 1:05.68 150m: 1:40.70 200m: 2:16.06	10	BREI	2:16.06	421 ÍM
11.	Egill Orri Baldursson 50m: 31.05 100m: 1:06.01 150m: 1:42.20 200m: 2:16.72	09	ÍRB	2:16.72	415 ÍM
12.	Halldór Ingi Hafþórsson 50m: 31.33 100m: 1:06.97 150m: 1:42.99 200m: 2:18.38	08	SH	2:18.38	400 ÍM
13.	Þórður Karl Steinarsson 50m: 31.81 100m: 1:09.06 150m: 1:45.50 200m: 2:20.21	09	Sunddeild KR	2:20.21	385
14.	Martin Tsenov 50m: 31.77 100m: 1:07.08 150m: 1:44.39 200m: 2:22.05	92	ÍRB	2:22.05	370
15.	Viktor Bergmann Arnarsson 50m: 33.81 100m: 1:11.16 150m: 1:48.28 200m: 2:22.60	10	ÍRB	2:22.60	365
16.	Styrmir Snær Árnason 50m: 33.39 100m: 1:10.35 150m: 1:47.28 200m: 2:22.87	10	SH	2:22.87	363
17.	Huginn Leví Pétursson 50m: 32.34 100m: 1:10.20 150m: 1:47.67 200m: 2:23.47	09	BREI	2:23.47	359
18.	Maciej Stefan Markowski 50m: 29.83 100m: 1:04.97 150m: 1:43.78 200m: 2:24.10	06	Stjarnan	2:24.10	354
19.	Ingibjörn Natan Guðmundsson 50m: 32.56 100m: 1:09.32 150m: 1:48.24 200m: 2:25.49	09	Ægir	2:25.49	344
20.	Ernir Máni Oddgeirsson 50m: 32.56 100m: 1:10.50 150m: 1:49.15 200m: 2:26.00	07	SH	2:26.00	340
21.	Kristjón Hrafn Kjartansson 50m: 33.14 100m: 1:10.39 150m: 1:48.67 200m: 2:26.48	11	SH	2:26.48	337
22.	Alexander Reid McCormick 50m: 34.35 100m: 1:12.21 150m: 1:51.65 200m: 2:28.67	10	Óðinn	2:28.67	322
23.	Jón Ingi Einarsson 50m: 34.45 100m: 1:13.29 150m: 1:53.88 200m: 2:31.93	11	Óðinn	2:31.93	302
24.	Hólmar Loki Ragnarsson 50m: 35.47 100m: 1:14.74 150m: 1:54.57 200m: 2:32.23	11	Ármann	2:32.23	300
25.	Aaron Sebastian Jóhannsson 50m: 35.50 100m: 1:15.59 150m: 1:56.35 200m: 2:35.55	12	SH	2:35.55	281
26.	Benedikt Már Þorvaldsson 50m: 35.66 100m: 1:16.50 150m: 1:58.64 200m: 2:37.13	10	Óðinn	2:37.13	273
27.	Ívan Elí Ólafsson 50m: 35.69 100m: 1:16.67 150m: 1:57.80 200m: 2:37.45	10	Óðinn	2:37.45	271
28.	Svanberg Leó Jóelsson 50m: 35.61 100m: 1:15.86 150m: 1:58.04 200m: 2:39.61	12	Ægir	2:39.61	260

Sundgrein 27, karla, 200m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
29.	Daníel Andriysson 50m: 37.34 100m: 1:17.86 150m: 1:59.46 200m: 2:40.29	11	SH	2:40.29	257
30.	Viljar Fannarsson 50m: 35.39 100m: 1:15.02 150m: 1:58.35 200m: 2:40.64	10	Fjöltnir	2:40.64	255
31.	Tristan Orri Borghildarson 50m: 36.51 100m: 1:18.73 150m: 2:01.30 200m: 2:41.06	10	ÍRB	2:41.06	254
32.	Guðfinnur Karlsson S11 50m: 37.08 100m: 1:18.39 150m: 2:00.30 200m: 2:41.12	88	Fjörður	S11 2:41.12	253
33.	Hrafn Guðmundsson 50m: 34.75 100m: 1:16.19 150m: 1:59.49 200m: 2:42.95	11	Sunddeild KR	2:42.95	245
34.	Gabriel Jarnutowski 50m: 37.80 100m: 1:20.12 150m: 2:02.89 200m: 2:43.36	11	ÍRB	2:43.36	243
35.	Andrej Tepavcevic 50m: 35.99 100m: 1:17.57 150m: 2:01.33 200m: 2:43.42	12	SH	2:43.42	243
36.	Luca Magni Barreiro Concheiro 50m: 37.11 100m: 1:19.62 150m: 2:04.01 200m: 2:45.24	09	Sunddeild KR	2:45.24	235
37.	Paul Ingi Cicero 50m: 36.73 100m: 1:19.73 150m: 2:03.62 200m: 2:45.55	10	SH	2:45.55	233
38.	Bragi Valur Gestsson 50m: 35.51 100m: 1:17.36 150m: 2:02.32 200m: 2:45.77	08	Sunddeild KR	2:45.77	232
39.	Sævar Sindri Jóhannesson 50m: 36.96 100m: 1:20.25 150m: 2:05.64 200m: 2:46.54	10	SH	2:46.54	229
40.	Halldór Ingi Ólafsson 50m: 36.76 100m: 1:19.49 150m: 2:02.72 200m: 2:47.14	13	SH	2:47.14	227
41.	Daníel Rafn Atlason 50m: 36.81 100m: 1:19.83 150m: 2:04.93 200m: 2:47.21	10	SH	2:47.21	226
42.	Gísli Hrafn Ragnarsson 50m: 36.65 100m: 1:19.29 150m: 2:03.45 200m: 2:47.33	10	Sunddeild KR	2:47.33	226
43.	Ólafur Bragason Thoroddsen 50m: 35.85 100m: 1:18.70 150m: 2:04.65 200m: 2:48.17	10	BREI	2:48.17	223
44.	Bjarki Ragnar Arnarsson 50m: 36.04 100m: 1:20.47 150m: 2:06.48 200m: 2:49.30	12	UMFA	2:49.30	218
45.	Benjamín Pétursson 50m: 37.10 100m: 1:21.12 200m: 2:50.31	12	UMFA	2:50.31	214
46.	Benjamín Þór Jónsson 50m: 36.55 100m: 1:20.97 150m: 2:06.29 200m: 2:51.41	12	Ægir	2:51.41	210
47.	Ýmir Snær Hlynsson 50m: 36.84 100m: 1:20.61 150m: 2:06.79 200m: 2:54.04	02	ÖSP	S14 2:54.04	201
48.	Þórbergur Eriksson 50m: 39.76 100m: 1:25.14 150m: 2:13.28 200m: 2:58.11	12	ÍRB	2:58.11	187

Sundgrein 27, karla, 200m skriðsund

17 - 18 ára

1.	Stefán Ingi Ólafsson	06	Ægir	2:06.49	524	ÍM
	50m: 29.25 100m: 1:01.42 150m: 1:34.55 200m: 2:06.49					
2.	Andri Már Kristjánsson	06	SH	2:07.03	517	ÍM
	50m: 28.26 100m: 1:01.06 150m: 1:34.99 200m: 2:07.03					
3.	Daði Þór Friðriksson	07	SH	2:08.06	505	ÍM
	50m: 28.26 100m: 1:00.20 150m: 1:34.51 200m: 2:08.06					
4.	Dominic Dadi Wheeler	07	BREI	2:12.55	455	ÍM
	50m: 30.25 100m: 1:03.71 150m: 1:38.96 200m: 2:12.55					
5.	Maciej Stefan Markowski	06	Stjarnan	2:24.10	354	
	50m: 29.83 100m: 1:04.97 150m: 1:43.78 200m: 2:24.10					
6.	Ernir Máni Oddgeirsson	07	SH	2:26.00	340	
	50m: 32.56 100m: 1:10.50 150m: 1:49.15 200m: 2:26.00					

15 - 16 ára

1.	Magnús Víðir Jónsson	08	SH	1:58.05	645	NÆM
	50m: 27.60 100m: 57.55 150m: 1:28.08 200m: 1:58.05					
2.	Karl Björnsson	08	SH	2:05.76	533	ÍM
	50m: 29.21 100m: 1:00.62 150m: 1:33.82 200m: 2:05.76					
3.	Birgir Hrafn Kjartansson	08	Ægir	2:08.34	502	ÍM
	50m: 28.76 100m: 1:01.62 150m: 1:35.62 200m: 2:08.34					
4.	Egill Orri Baldursson	09	ÍRB	2:16.72	415	ÍM
	50m: 31.05 100m: 1:06.01 150m: 1:42.20 200m: 2:16.72					
5.	Halldór Ingi Hafþórsson	08	SH	2:18.38	400	ÍM
	50m: 31.33 100m: 1:06.97 150m: 1:42.99 200m: 2:18.38					
6.	Þórður Karl Steinarsson	09	Sunddeild KR	2:20.21	385	
	50m: 31.81 100m: 1:09.06 150m: 1:45.50 200m: 2:20.21					
7.	Huginn Leví Pétursson	09	BREI	2:23.47	359	
	50m: 32.34 100m: 1:10.20 150m: 1:47.67 200m: 2:23.47					
8.	Ingibjörn Natan Guðmundsson	09	Ægir	2:25.49	344	
	50m: 32.56 100m: 1:09.32 150m: 1:48.24 200m: 2:25.49					
9.	Luca Magni Barreiro Concheiro	09	Sunddeild KR	2:45.24	235	
	50m: 37.11 100m: 1:19.62 150m: 2:04.01 200m: 2:45.24					
10.	Bragi Valur Gestsson	08	Sunddeild KR	2:45.77	232	
	50m: 35.51 100m: 1:17.36 150m: 2:02.32 200m: 2:45.77					

14 ára og yngri

1.	Jón Ingvar Eypórsson	10	BREI	2:16.06	421	ÍM
	50m: 30.58 100m: 1:05.68 150m: 1:40.70 200m: 2:16.06					
2.	Viktor Bergmann Arnarsson	10	ÍRB	2:22.60	365	
	50m: 33.81 100m: 1:11.16 150m: 1:48.28 200m: 2:22.60					
3.	Styrmir Snær Árnason	10	SH	2:22.87	363	
	50m: 33.39 100m: 1:10.35 150m: 1:47.28 200m: 2:22.87					
4.	Kristjón Hrafn Kjartansson	11	SH	2:26.48	337	
	50m: 33.14 100m: 1:10.39 150m: 1:48.67 200m: 2:26.48					

Sundgrein 27, Piltar, 200m skriðsund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
5. Alexander Reid McCormick 50m: 34.35 100m: 1:12.21 150m: 1:51.65 200m: 2:28.67	10 Óðinn	2:28.67	322
6. Jón Ingi Einarsson 50m: 34.45 100m: 1:13.29 150m: 1:53.88 200m: 2:31.93	11 Óðinn	2:31.93	302
7. Hólmur Loki Ragnarsson 50m: 35.47 100m: 1:14.74 150m: 1:54.57 200m: 2:32.23	11 Ármann	2:32.23	300
8. Aaron Sebastian Jóhannsson 50m: 35.50 100m: 1:15.59 150m: 1:56.35 200m: 2:35.55	12 SH	2:35.55	281
9. Benedikt Már Þorvaldsson 50m: 35.66 100m: 1:16.50 150m: 1:58.64 200m: 2:37.13	10 Óðinn	2:37.13	273
10. Ívan Elí Ólafsson 50m: 35.69 100m: 1:16.67 150m: 1:57.80 200m: 2:37.45	10 Óðinn	2:37.45	271
11. Svanberg Leó Jólsson 50m: 35.61 100m: 1:15.86 150m: 1:58.04 200m: 2:39.61	12 Ægir	2:39.61	260
12. Daníel Andriysson 50m: 37.34 100m: 1:17.86 150m: 1:59.46 200m: 2:40.29	11 SH	2:40.29	257
13. Viljar Fannarsson 50m: 35.39 100m: 1:15.02 150m: 1:58.35 200m: 2:40.64	10 Fjölur	2:40.64	255
14. Tristan Orri Borghildarson 50m: 36.51 100m: 1:18.73 150m: 2:01.30 200m: 2:41.06	10 ÍRB	2:41.06	254
15. Hrafn Guðmundsson 50m: 34.75 100m: 1:16.19 150m: 1:59.49 200m: 2:42.95	11 Sunddeild KR	2:42.95	245
16. Gabriel Jarnutowski 50m: 37.80 100m: 1:20.12 150m: 2:02.89 200m: 2:43.36	11 ÍRB	2:43.36	243
17. Andrej Tepavcevic 50m: 35.99 100m: 1:17.57 150m: 2:01.33 200m: 2:43.42	12 SH	2:43.42	243
18. Paul Ingi Cicero 50m: 36.73 100m: 1:19.73 150m: 2:03.62 200m: 2:45.55	10 SH	2:45.55	233
19. Sævar Sindri Jóhannesson 50m: 36.96 100m: 1:20.25 150m: 2:05.64 200m: 2:46.54	10 SH	2:46.54	229
20. Halldór Ingi Ólafsson 50m: 36.76 100m: 1:19.49 150m: 2:02.72 200m: 2:47.14	13 SH	2:47.14	227
21. Daníel Rafn Atlason 50m: 36.81 100m: 1:19.83 150m: 2:04.93 200m: 2:47.21	10 SH	2:47.21	226
22. Gísli Hrafn Ragnarsson 50m: 36.65 100m: 1:19.29 150m: 2:03.45 200m: 2:47.33	10 Sunddeild KR	2:47.33	226
23. Ólafur Bragason Thoroddsen 50m: 35.85 100m: 1:18.70 150m: 2:04.65 200m: 2:48.17	10 BREI	2:48.17	223
24. Bjarki Ragnar Arnarsson 50m: 36.04 100m: 1:20.47 150m: 2:06.48 200m: 2:49.30	12 UMFA	2:49.30	218
25. Benjamín Pétursson 50m: 37.10 100m: 1:21.12 200m: 2:50.31	12 UMFA	2:50.31	214
26. Benjamín Þór Jónsson 50m: 36.55 100m: 1:20.97 150m: 2:06.29 200m: 2:51.41	12 Ægir	2:51.41	210

Sundgrein 27, Piltar, 200m skriðsund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
27. Þórbergur Eriksson	12 ÍRB	2:58.11	187
50m: 39.76 100m: 1:25.14 150m: 2:13.28 200m: 2:58.11			

Sundgrein 28

24.03.2024 - 11:14

kvenna, 100m flugsund

Opinn
Úrslitalistar

Mótsmet	1:03.69	Jóhanna Elín Guðmundsdóttir	SH		15.03.2020
Íslandsmet	59.87	Sarah Blake Bateman	AEGIR	London (GBR)	28.07.2012
Íslandsmet Unglinga	1:01.54	Sarah Blake Bateman	AEGIR	Omaha (USA)	29.06.2008
Íslandsmet Aldurshópur	1:03.44	Vala Dís Cicero	SH	Jonkoping (SWE)	08.07.2023

EM : 1:00.59 / EM 19 - 21: 1:01.21 / EMU 16 - 18: 1:02.28 / NÆM 14 - 16: 1:04.85

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Vala Dís Cicero	08 SH	1:03.65	662 NÆM
50m: 29.32 100m: 1:03.65			
2. Nadja Djurovic	07 BREI	1:04.25	643 ÍM
50m: 29.70 100m: 1:04.25			
3. Sólveig Freyja Hákonardóttir	09 BREI	1:09.02	519 ÍM
50m: 32.24 100m: 1:09.02			
4. Elísabet Arnoddsdóttir	09 ÍRB	1:09.67	504 ÍM
50m: 31.55 100m: 1:09.67			
5. Freydís Lilja Bergþórsdóttir	09 ÍRB	1:10.50	487 ÍM
50m: 33.02 100m: 1:10.50			
6. Hekla Krístrún Mist Arnarsdóttir	06 Ægir	1:11.36	469 ÍM
50m: 32.58 100m: 1:11.36			
7. Adríana Agnes Derti	10 ÍRB	1:11.80	461 ÍM
50m: 33.38 100m: 1:11.80			
8. Kristín Ásta Sigtryggsdóttir	09 Ægir	1:11.97	458 ÍM
50m: 33.14 100m: 1:11.97			
9. Katrín Ósk Aðalsteinsdóttir	09 SH	1:15.16	402 ÍM
50m: 33.26 100m: 1:15.16			
10. Tinna Karen Sigurðardóttir	08 SH	1:18.65	351
50m: 36.23 100m: 1:18.65			
11. Halla Rún Fannarsdóttir	08 Óðinn	1:19.11	344
50m: 33.74 100m: 1:19.11			
12. Helga Sigurlaug Helgadóttir	07 SH	1:21.23	318
50m: 37.05 100m: 1:21.23			
13. Ema Austa Pratusyté	10 SH	1:22.38	305
50m: 38.60 100m: 1:22.38			
14. Ísabella Jóhannsdóttir	10 Óðinn	1:24.35	284
50m: 38.51 100m: 1:24.35			
15. Rebekka Rún Magnúsdóttir	08 SH	1:28.05	250
50m: 39.13 100m: 1:28.05			
16. Emelía Ýr Gunnarsdóttir	05 Fjörður	S14 1:30.51	230
50m: 39.01 100m: 1:30.51			

Sundgrein 28, kvenna, 100m flugsund, Opinn

Sæti		F.ár	Tími	Stig
17.	Karen Anna Orlita 50m: 38.34 100m: 1:30.83	12	ÍA	1:30.83 227
18.	Gabriela Róza Bondarow 50m: 38.77 100m: 1:32.49	10	Ármann	1:32.49 215
19.	Birgitta Björt Kjartansdóttir 50m: 38.93 100m: 1:33.69	10	SH	1:33.69 207
20.	Ninja Ýr Logadóttir 50m: 42.33 100m: 1:33.91	09	SH	1:33.91 206
21.	Freyja Kjartansdóttir Narby 50m: 45.30 100m: 1:40.42	10	Sunddeild KR	1:40.42 168
22.	Auður M. Sigurbjörnsdóttir 50m: 46.99 100m: 1:42.87	11	Óðinn	1:42.87 156

17 - 18 ára

1.	Nadja Djurovic 50m: 29.70 100m: 1:04.25	07	BREI	1:04.25 643 ÍM
2.	Hekla Kristrún Mist Arnarsdóttir 50m: 32.58 100m: 1:11.36	06	Ægir	1:11.36 469 ÍM
3.	Helga Sigurlaug Helgadóttir 50m: 37.05 100m: 1:21.23	07	SH	1:21.23 318

15 - 16 ára

1.	Vala Dís Cicero 50m: 29.32 100m: 1:03.65	08	SH	1:03.65 662 NÆM
2.	Sólveig Freyja Hákonardóttir 50m: 32.24 100m: 1:09.02	09	BREI	1:09.02 519 ÍM
3.	Elísabet Arnoddsdóttir 50m: 31.55 100m: 1:09.67	09	ÍRB	1:09.67 504 ÍM
4.	Freydís Lilja Bergþórsdóttir 50m: 33.02 100m: 1:10.50	09	ÍRB	1:10.50 487 ÍM
5.	Kristín Ásta Sigtryggsdóttir 50m: 33.14 100m: 1:11.97	09	Ægir	1:11.97 458 ÍM
6.	Katrín Ósk Aðalsteinsdóttir 50m: 33.26 100m: 1:15.16	09	SH	1:15.16 402 ÍM
7.	Tinna Karen Sigurðardóttir 50m: 36.23 100m: 1:18.65	08	SH	1:18.65 351
8.	Halla Rún Fannarsdóttir 50m: 33.74 100m: 1:19.11	08	Óðinn	1:19.11 344
9.	Rebekka Rún Magnúsdóttir 50m: 39.13 100m: 1:28.05	08	SH	1:28.05 250
10.	Ninja Ýr Logadóttir 50m: 42.33 100m: 1:33.91	09	SH	1:33.91 206

Sundgrein 28, kvenna, 100m flugsund

14 ára og yngri

1. Adríana Agnes Derti	10	ÍRB	1:11.80	461	ÍM
50m: 33.38 100m: 1:11.80					
2. Ema Austa Pratusyté	10	SH	1:22.38	305	
50m: 38.60 100m: 1:22.38					
3. Ísabella Jóhannsdóttir	10	Óðinn	1:24.35	284	
50m: 38.51 100m: 1:24.35					
4. Karen Anna Orlita	12	ÍA	1:30.83	227	
50m: 38.34 100m: 1:30.83					
5. Gabriela Róza Bondarow	10	Ármann	1:32.49	215	
50m: 38.77 100m: 1:32.49					
6. Birgitta Björt Kjartansdóttir	10	SH	1:33.69	207	
50m: 38.93 100m: 1:33.69					
7. Freyja Kjartansdóttir Narby	10	Sunddeild KR	1:40.42	168	
50m: 45.30 100m: 1:40.42					
8. Auður M. Sigurbjörnsdóttir	11	Óðinn	1:42.87	156	
50m: 46.99 100m: 1:42.87					

Sundgrein 29

24.03.2024 - 11:20

karla, 50m flugsund

Opinn
Úrslitalistar

Mótsmet	25.23	Birnir Freyr Hálfðánarsson	SH		10.03.2023
Íslandsmet	24.02	Orn Arnarson	SH	Melbourne (AUS)	25.03.2007
Íslandsmet Unglinga	24.89	Birnir Freyr Hálfðánarsson	SH	Gzira (MLT)	02.06.2023
Íslandsmet Aldurshópur	26.06	Birnir Freyr Hálfðánarsson	SH	Reykjavik	05.06.2021

EM : 24.44 / EM 19 - 21: 24.69 / EMU 16 - 18: 25.18

Stig: FINA 2024

Sæti	F.ár		Tími	Stig	
1. Birnir Freyr Hálfðánarsson	06	SH	25.13	695	EMU
2. Fannar Snævar Hauksson	04	ÍRB	25.83	640	ÍM
3. Róbert Ísak Jónsson	01	SH	27.43	535	ÍM
4. Einar Helgi Guðlaugsson	91	Ægir	27.81	513	ÍM
5. Guðbjarni Sigþórsson	06	ÍA	27.85	511	ÍM
6. Orn Ægisson	06	Ármann	28.83	460	ÍM
7. Björn Yngvi Guðmundsson	07	SH	29.19	444	ÍM
8. Jón Ingi Halldórsson	04	BREI	30.15	402	ÍM
9. Arnar Milos Ambjornsson	08	ÍRB	30.17	402	ÍM
10. Kajus Jatautas	10	ÍA	30.21	400	ÍM
11. Martin Tsenov	92	ÍRB	30.75	379	
12. Jón Haukur Þórsson	08	Sunddeild KR	31.31	359	
13. Jakob Ingi Reynisson	06	ÍRB	31.39	357	
14. Ragnar Halldórsson	09	BREI	31.92	339	
15. Gabríel Ingi Derti	08	ÍRB	33.26	300	
16. Viljar Fannarsson	10	Fjölur	34.32	273	
17. Benedikt Már Þorvaldsson	10	Óðinn	35.27	251	
18. Hrafn Guðmundsson	11	Sunddeild KR	36.75	222	
19. Luca Magni Barreiro Concheiro	09	Sunddeild KR	41.10	159	*

Sundgrein 30
24.03.2024 - 11:24

kvenna, 50m bringusund

Opinn
Úrslitalistar

Mótsmet	31.55	Hrafnhildur Lúthersdóttir	SH		01.04.2017
Íslandsmet	30.71	Hrafnhildur Lúthersdóttir	SH	Budapest (HUN)	29.07.2017
Íslandsmet Unglinga	32.56	Hrafnhildur Lúthersdóttir	SH	Reykjavík	21.03.2009
Íslandsmet Aldurshópur	34.36	Karen M Arngeirsdóttir	IRB	Reykjavík	11.04.2015

EM : 32.22 / EM 19 - 21: 32.55 / EMU 16 - 18: 33.12

Stig: FINA 2024

Sæti	F.ár	Timi	Stig
1. Birgitta Ingólfssdóttir	05 SH	33.07	685 SSÍ
2. Eva Margrét Falsdóttir	05 ÍRB	34.12	624 ÍM
3. Margrét Anna Lapas	09 BREI	34.41	608 ÍM
4. Freyja Birkisdóttir	06 BREI	35.05	575 ÍM
5. Katja Lilja Andriysdóttir	06 SH	35.94	534 ÍM
6. Álfrún Lóa Jónsdóttir	10 Fjölnir	37.78	459 ÍM
7. Ragnheiður L. Gunnsteinsdóttir	07 BREI	37.86	456 ÍM
8. Eydís Arna Ísaksen	08 BREI	37.98	452 ÍM
9. Sunna Arnfinnsdóttir	07 ÍA	38.17	445 ÍM
10. Valdís Rós Þorsteinsdóttir	07 SH	39.04	416 ÍM
11. Ísabella Jóhannsdóttir	10 Óðinn	39.47	403 ÍM
12. Embla Dögg Helgadóttir	08 Ægir	39.69	396 ÍM
13. Thea Sif Hjaltadóttir	11 Ármann	40.14	383 ÍM
14. Austėja Savickaitė	09 ÍRB	41.41	349
15. Ásta Margrét Björgvinsdóttir	09 Ægir	41.53	346
16. Viktoria Emilia Orlita	09 ÍA	42.23	329
17. Alicja Julia Kempisty	10 Óðinn	42.95	312
18. Kamilla Ýr Ísaksdóttir Guðmann	11 BREI	43.21	307
19. Karen Anna Orlita	12 ÍA	44.73	277
20. Gabija Marija Savickaitė	08 ÍRB	44.75	276
21. Thelma Björnsdóttir S6 Sb5	96 ÍFR	SB5 55.77	142 *

Sundgrein 31
24.03.2024 - 11:29

karla, 200m bringusund

Opinn
Úrslitalistar

Mótsmet	2:21.26	Anton Sveinn McKee	Ægir		01.06.2010
Íslandsmet	2:08.74	Anton Sveinn McKee	SH	Budapest (HUN)	22.06.2022
Íslandsmet Unglinga	2:17.86	Jakob Sveinsson	AEGIR	Sydney (AUS)	18.09.2000
Íslandsmet Aldurshópur	2:29.86	Dadi Björnsson	SH	Reykjavík	27.01.2019

EM : 2:15.38 / EM 19 - 21: 2:16.76 / EMU 16 - 18: 2:19.48 / NÆM 14 - 16: 2:26.94

Stig: FINA 2024

Sæti	F.ár	Timi	Stig
1. Snorri Dagur Einarsson	05 SH	2:23.83	664 ÍM
50m: 31.65 100m: 1:10.02 150m: 1:46.97 200m: 2:23.83			
2. Nikolai Leo Jónsson	08 ÍRB	2:37.07	509 ÍM
50m: 35.40 100m: 1:15.85 150m: 1:57.03 200m: 2:37.07			
3. Mikael Fannar Arnarson	09 ÍRB	2:40.83	474 ÍM
50m: 35.94 100m: 1:16.94 150m: 1:58.44 200m: 2:40.83			
4. Daði Rafn Falsón	08 ÍRB	2:43.45	452 ÍM
50m: 37.16 100m: 1:19.31 150m: 2:02.17 200m: 2:43.45			
5. Már Óskar Þorsteinsson	07 SH	2:49.89	402 ÍM
50m: 37.59 100m: 1:20.67 150m: 2:04.78 200m: 2:49.89			

Sundgrein 31, karla, 200m bringusund, Opinn

Sæti		F.ár		Tími	Stig
6.	Arnar Logi Ægisson	07	SH	2:51.17	393 ÍM
	50m: 36.26 100m: 1:18.27 150m: 2:03.59 200m: 2:51.17				
7.	Andri Ólafsson	09	SH	3:00.66	335
	50m: 39.85 100m: 1:25.91 150m: 2:13.36 200m: 3:00.66				
8.	Magni Rafn Ragnarsson	10	Óðinn	3:05.18	311
	50m: 43.57 100m: 1:31.34 150m: 2:18.82 200m: 3:05.18				
9.	Ernir Máni Oddgeirsson	07	SH	3:09.96	288
	50m: 42.40 100m: 1:31.33 150m: 2:21.80 200m: 3:09.96				
10.	Jón Ingi Einarsson	11	Óðinn	3:11.32	282
	50m: 44.15 100m: 1:33.13 150m: 2:22.56 200m: 3:11.32				
11.	Andrej Tepavcevic	12	SH	3:25.38	228
	50m: 46.22 100m: 1:38.62 150m: 2:31.96 200m: 3:25.38				
12.	Benjamín Pétursson	12	UMFA	3:43.90	176
	50m: 50.06 100m: 1:47.30 150m: 2:46.93 200m: 3:43.90				

17 - 18 ára

1.	Már Óskar Þorsteinsson	07	SH	2:49.89	402 ÍM
	50m: 37.59 100m: 1:20.67 150m: 2:04.78 200m: 2:49.89				
2.	Arnar Logi Ægisson	07	SH	2:51.17	393 ÍM
	50m: 36.26 100m: 1:18.27 150m: 2:03.59 200m: 2:51.17				
3.	Ernir Máni Oddgeirsson	07	SH	3:09.96	288
	50m: 42.40 100m: 1:31.33 150m: 2:21.80 200m: 3:09.96				

15 - 16 ára

1.	Nikolai Leo Jónsson	08	ÍRB	2:37.07	509 ÍM
	50m: 35.40 100m: 1:15.85 150m: 1:57.03 200m: 2:37.07				
2.	Mikael Fannar Arnarson	09	ÍRB	2:40.83	474 ÍM
	50m: 35.94 100m: 1:16.94 150m: 1:58.44 200m: 2:40.83				
3.	Daði Rafn Falsson	08	ÍRB	2:43.45	452 ÍM
	50m: 37.16 100m: 1:19.31 150m: 2:02.17 200m: 2:43.45				
4.	Andri Ólafsson	09	SH	3:00.66	335
	50m: 39.85 100m: 1:25.91 150m: 2:13.36 200m: 3:00.66				

14 ára og yngri

1.	Magni Rafn Ragnarsson	10	Óðinn	3:05.18	311
	50m: 43.57 100m: 1:31.34 150m: 2:18.82 200m: 3:05.18				
2.	Jón Ingi Einarsson	11	Óðinn	3:11.32	282
	50m: 44.15 100m: 1:33.13 150m: 2:22.56 200m: 3:11.32				
3.	Andrej Tepavcevic	12	SH	3:25.38	228
	50m: 46.22 100m: 1:38.62 150m: 2:31.96 200m: 3:25.38				
4.	Benjamín Pétursson	12	UMFA	3:43.90	176
	50m: 50.06 100m: 1:47.30 150m: 2:46.93 200m: 3:43.90				

Sundgrein 32
24.03.2024 - 11:37

kvenna, 100m skriðsund

Opinn
Úrslitalistar

Mótsmet	57.61	Jóhanna Elín Guðmundsdóttir	SH		01.04.2020
Íslandsmet	54.74	Snaefridur Sol Jorunnardóttir	ISL	Fukuoka (JPN)	27.07.2023
Íslandsmet Unglinga	56.31	Snaefridur Sol Jorunnardóttir	ISL	Odense (DEN)	12.07.2018
Íslandsmet Aldurshópur	58.00	Vala Dís Cicero	SH	Maribor (SLO)	24.07.2023
EM : 56.35 / EM 19 - 21: 56.93 / EMU 16 - 18: 57.92 / NÆM 14 - 16: 1:00.31					

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Vala Dís Cicero	08 SH	57.53	726 EMU
50m: 27.81 100m: 57.53			
2. Nadja Djurovic	07 BREI	1:00.07	637 ÍM
50m: 29.14 100m: 1:00.07			
3. Ylfa Lind Kristmannsdóttir	08 Ármann	1:00.42	626 ÍM
50m: 28.93 100m: 1:00.42			
4. Sólveig Freyja Hákonardóttir	09 BREI	1:00.78	615 SSÍ
50m: 29.78 100m: 1:00.78			
5. Ásdís Gunnarsdóttir	08 UMFA	1:01.48	595 ÍM
50m: 29.45 100m: 1:01.48			
6. Ásdís Steindórsdóttir	09 BREI	1:01.68	589 ÍM
50m: 30.00 100m: 1:01.68			
7. María Skorastein Sigurdardóttir	07 SH	1:02.08	577 ÍM
50m: 29.78 100m: 1:02.08			
8. Ragnheiður Ásta Magnúsdóttir	07 BREI	1:02.76	559 ÍM
50m: 30.24 100m: 1:02.76			
9. Halldóra Björt Ingimundardóttir	08 BREI	1:02.87	556 ÍM
50m: 30.02 100m: 1:02.87			
10. Kristín Rebekka Gunnarsdóttir	09 Ægir	1:03.60	537 ÍM
50m: 30.69 100m: 1:03.60			
11. Ylfa Ásgerður Eyjólfsdóttir	06 Ægir	1:04.46	516 ÍM
50m: 30.60 100m: 1:04.46			
12. Margrét Anna Lapas	09 BREI	1:04.58	513 ÍM
50m: 31.18 100m: 1:04.58			
13. Hulda Björg Magnúsdóttir Nilsen	08 Ægir	1:04.76	509 ÍM
50m: 30.49 100m: 1:04.76			
14. Ágústa Inga Arnarsdóttir	06 Stjarnan	1:04.84	507 ÍM
50m: 30.58 100m: 1:04.84			
15. Auguste Balciunaite	11 SH	1:05.43	493 ÍM
50m: 31.09 100m: 1:05.43			
16. Karen Sif Helgadóttir	10 Fjölnir	1:06.10	478 ÍM
50m: 31.47 100m: 1:06.10			
17. Guðbjörg Helga Hilmarsdóttir	11 BREI	1:06.20	476 ÍM
50m: 31.47 100m: 1:06.20			
18. Ingibjörg Svava Magnúsardóttir	05 ÍA	1:06.31	474 ÍM
50m: 32.02 100m: 1:06.31			
19. Bjarnís Olga Hansen	10 Ægir	1:07.49	449 ÍM
50m: 32.57 100m: 1:07.49			

Sundgrein 32, kvenna, 100m skriðsund, Opinn

Sæti		F.ár		Tími	Stig
20.	Álfrún Lóa Jónsdóttir 50m: 32.32 100m: 1:07.78	10	Fjölnir	1:07.78	444 ÍM
21.	Freyja Sigríður Ásgeirsdóttir 50m: 32.49 100m: 1:08.35	07	Ægir	1:08.35	433 ÍM
22.	Tinna Karen Sigurðardóttir 50m: 32.84 100m: 1:08.44	08	SH	1:08.44	431 ÍM
	Bergey Huld Arnarsdóttir 50m: 31.65 100m: 1:08.44	11	BREI	1:08.44	431 ÍM
24.	Halla Rún Fannarsdóttir 50m: 33.68 100m: 1:08.53	08	Óðinn	1:08.53	429 ÍM
25.	Aldís Ogmundsdóttir 50m: 33.69 100m: 1:09.61	09	Sunddeild KR	1:09.61	409 ÍM
26.	Birgitta Björt Kjartansdóttir 50m: 34.19 100m: 1:09.79	10	SH	1:09.79	406 ÍM
27.	Sunna Dís Skarphéðinsdóttir 50m: 33.07 100m: 1:09.87	08	ÍA	1:09.87	405 ÍM
28.	Thelma Ösp Sveinbjörnsdóttir 50m: 33.74 100m: 1:10.73	10	SH	1:10.73	390
29.	Gabriela Róza Bondarow 50m: 34.23 100m: 1:11.03	10	Ármann	1:11.03	385
30.	Rebekka Rún Magnúsdóttir 50m: 34.96 100m: 1:11.60	08	SH	1:11.60	376
31.	Bergþóra Sól Hálfðánsdóttir 50m: 35.35 100m: 1:12.02	06	ÍRB	1:12.02	370
32.	Dóróthea Margrét Jakobsdóttir 50m: 35.11 100m: 1:12.25	08	Ármann	1:12.25	366
33.	Ema Austa Pratusyté 50m: 35.55 100m: 1:12.70	10	SH	1:12.70	359
34.	Ninja Ýr Logadóttir 50m: 35.23 100m: 1:12.75	09	SH	1:12.75	359
35.	Katrín Tinna Andrésdóttir 50m: 34.02 100m: 1:12.87	06	Stjarnan	1:12.87	357
36.	Birna Rún Jónsdóttir 50m: 34.75 100m: 1:12.94	09	UMFA	1:12.94	356
37.	Elsa Diljá Lunddal Rúnarsdóttir 50m: 35.89 100m: 1:13.85	10	SH	1:13.85	343
38.	Sóley Helga Sigfríðardóttir 50m: 36.44 100m: 1:14.06	12	Fjölnir	1:14.06	340
39.	Alexandra Dís Gunnarsdóttir 50m: 33.88 100m: 1:14.16	11	ÍRB	1:14.16	339
40.	Ásta Margrét Björgvinsdóttir 50m: 35.64 100m: 1:14.39	09	Ægir	1:14.39	335
41.	Hanna Steinunn Guðnadóttir 50m: 36.05 100m: 1:15.14	11	ÍRB	1:15.14	325

Sundgrein 32, kvenna, 100m skriðsund, Opinn

Sæti		F.ár	Tími	Stig
42.	Elín Sara Skarphéðinsdóttir 50m: 37.65 100m: 1:15.40	10	ÍA	1:15.40 322
43.	Anna Rósa Þrastardóttir 50m: 35.63 100m: 1:15.58	04	Fjörður	S14 1:15.58 320
44.	Emilía Anna Jóhannsdóttir 50m: 37.24 100m: 1:16.14	11	SH	1:16.14 313
45.	Áróra Mjöll Jónsdóttir 50m: 38.39 100m: 1:17.92	13	Fjölnir	1:17.92 292
46.	Ásta Þórey Einarsdóttir 50m: 38.19 100m: 1:19.37	13	SH	1:19.37 276
47.	Freyja Kjartansdóttir Narby 50m: 37.90 100m: 1:19.72	10	Sunddeild KR	1:19.72 272
48.	María Kristín Þorfinnsdóttir 50m: 38.81 100m: 1:20.18	11	SH	1:20.18 268
49.	Herdís Daðadóttir 50m: 38.15 100m: 1:21.07	12	Fjölnir	1:21.07 259
50.	Tinna Salome Róbertsdóttir 50m: 37.72 100m: 1:21.76	11	BREI	1:21.76 252
51.	Bríana Ósk Alvarsdóttir 50m: 38.56 100m: 1:21.90	12	SH	1:21.90 251
52.	Camilla Silfá Sigurðardóttir 50m: 39.29 100m: 1:22.54	09	SH	1:22.54 245
53.	Karitas Kristjánsdóttir 50m: 38.85 100m: 1:22.79	10	Ármann	1:22.79 243
54.	Auður M. Sigurbjörnsdóttir 50m: 40.48 100m: 1:22.81	11	Óðinn	1:22.81 243
55.	Iðunn Emma Ásgeirsdóttir 50m: 40.71 100m: 1:25.20	12	Fjölnir	1:25.20 223
56.	Eyvör Ása Hólm 50m: 41.87 100m: 1:25.56	11	Fjölnir	1:25.56 220
57.	Guðdís Malín Magnúsdóttir 50m: 40.47 100m: 1:26.77	11	ÍRB	1:26.77 211
58.	Elín Helga Arnardóttir 50m: 40.18 100m: 1:28.68	14	SH	1:28.68 198
59.	Thelma Björnsdóttir S6 Sb5 50m: 44.30 100m: 1:31.03	96	ÍFR	S6 1:31.03 183 *

17 - 18 ára

1.	Nadja Djurovic 50m: 29.14 100m: 1:00.07	07	BREI	1:00.07 637 ÍM
2.	María Skorastein Sigurdardóttir 50m: 29.78 100m: 1:02.08	07	SH	1:02.08 577 ÍM
3.	Ragnheiður Ásta Magnúsdóttir 50m: 30.24 100m: 1:02.76	07	BREI	1:02.76 559 ÍM

Sundgrein 32, Stúlkur, 100m skriðsund, 17 - 18 ára

Sæti	F.ár	Tími	Stig
4. Ylfa Ásgerður Eyjólfsdóttir 50m: 30.60 100m: 1:04.46	06 Ægir	1:04.46	516 ÍM
5. Ágústa Inga Arnarsdóttir 50m: 30.58 100m: 1:04.84	06 Stjarnan	1:04.84	507 ÍM
6. Freyja Sigríður Ásgeirsdóttir 50m: 32.49 100m: 1:08.35	07 Ægir	1:08.35	433 ÍM
7. Bergþóra Sól Hálfðánsdóttir 50m: 35.35 100m: 1:12.02	06 ÍRB	1:12.02	370
8. Katrín Tinna Andrésdóttir 50m: 34.02 100m: 1:12.87	06 Stjarnan	1:12.87	357

15 - 16 ára

1. Vala Dís Cicero 50m: 27.81 100m: 57.53	08 SH	57.53	726 EMU
2. Ylfa Lind Kristmannsdóttir 50m: 28.93 100m: 1:00.42	08 Ármann	1:00.42	626 ÍM
3. Sólveig Freyja Hákonardóttir 50m: 29.78 100m: 1:00.78	09 BREI	1:00.78	615 SSÍ
4. Ásdís Gunnarsdóttir 50m: 29.45 100m: 1:01.48	08 UMFA	1:01.48	595 ÍM
5. Ásdís Steindórsdóttir 50m: 30.00 100m: 1:01.68	09 BREI	1:01.68	589 ÍM
6. Halldóra Björt Ingimundardóttir 50m: 30.02 100m: 1:02.87	08 BREI	1:02.87	556 ÍM
7. Kristín Rebekka Gunnarsdóttir 50m: 30.69 100m: 1:03.60	09 Ægir	1:03.60	537 ÍM
8. Margrét Anna Lapas 50m: 31.18 100m: 1:04.58	09 BREI	1:04.58	513 ÍM
9. Hulda Björg Magnúsdóttir Nilsen 50m: 30.49 100m: 1:04.76	08 Ægir	1:04.76	509 ÍM
10. Tinna Karen Sigurðardóttir 50m: 32.84 100m: 1:08.44	08 SH	1:08.44	431 ÍM
11. Halla Rún Fannarsdóttir 50m: 33.68 100m: 1:08.53	08 Óðinn	1:08.53	429 ÍM
12. Aldís Ogmundsdóttir 50m: 33.69 100m: 1:09.61	09 Sunddeild KR	1:09.61	409 ÍM
13. Sunna Dís Skarphéðinsdóttir 50m: 33.07 100m: 1:09.87	08 ÍA	1:09.87	405 ÍM
14. Rebekka Rún Magnúsdóttir 50m: 34.96 100m: 1:11.60	08 SH	1:11.60	376
15. Dórothea Margrét Jakobsdóttir 50m: 35.11 100m: 1:12.25	08 Ármann	1:12.25	366
16. Ninja Ýr Logadóttir 50m: 35.23 100m: 1:12.75	09 SH	1:12.75	359

Sundgrein 32, Stúlkur, 100m skriðsund, 15 - 16 ára

Sæti		F.ár		Tími	Stig
17.	Birna Rún Jónsdóttir 50m: 34.75 100m: 1:12.94	09	UMFA	1:12.94	356
18.	Ásta Margrét Björgvinsdóttir 50m: 35.64 100m: 1:14.39	09	Ægir	1:14.39	335
19.	Camilla Silfá Sigurðardóttir 50m: 39.29 100m: 1:22.54	09	SH	1:22.54	245

14 ára og yngri

1.	Auguste Balciunaite 50m: 31.09 100m: 1:05.43	11	SH	1:05.43	493 ÍM
2.	Karen Sif Helgadóttir 50m: 31.47 100m: 1:06.10	10	Fjölpir	1:06.10	478 ÍM
3.	Guðbjörg Helga Hilmarsdóttir 50m: 31.47 100m: 1:06.20	11	BREI	1:06.20	476 ÍM
4.	Bjarndís Olga Hansen 50m: 32.57 100m: 1:07.49	10	Ægir	1:07.49	449 ÍM
5.	Álfrún Lóa Jónsdóttir 50m: 32.32 100m: 1:07.78	10	Fjölpir	1:07.78	444 ÍM
6.	Bergey Huld Arnarsdóttir 50m: 31.65 100m: 1:08.44	11	BREI	1:08.44	431 ÍM
7.	Birgitta Björt Kjartansdóttir 50m: 34.19 100m: 1:09.79	10	SH	1:09.79	406 ÍM
8.	Thelma Ösp Sveinbjörnsdóttir 50m: 33.74 100m: 1:10.73	10	SH	1:10.73	390
9.	Gabriela Róza Bondarow 50m: 34.23 100m: 1:11.03	10	Ármann	1:11.03	385
10.	Ema Austa Pratusyté 50m: 35.55 100m: 1:12.70	10	SH	1:12.70	359
11.	Elsa Diljá Lunddal Rúnarsdóttir 50m: 35.89 100m: 1:13.85	10	SH	1:13.85	343
12.	Sóley Helga Sigfríðardóttir 50m: 36.44 100m: 1:14.06	12	Fjölpir	1:14.06	340
13.	Alexandra Dís Gunnarsdóttir 50m: 33.88 100m: 1:14.16	11	ÍRB	1:14.16	339
14.	Hanna Steinunn Guðnadóttir 50m: 36.05 100m: 1:15.14	11	ÍRB	1:15.14	325
15.	Elín Sara Skarphéðinsdóttir 50m: 37.65 100m: 1:15.40	10	ÍA	1:15.40	322
16.	Emilía Anna Jóhannsdóttir 50m: 37.24 100m: 1:16.14	11	SH	1:16.14	313
17.	Áróra Mjöll Jónsdóttir 50m: 38.39 100m: 1:17.92	13	Fjölpir	1:17.92	292
18.	Ásta Þórey Einarsdóttir 50m: 38.19 100m: 1:19.37	13	SH	1:19.37	276

Sundgrein 32, Stúlkur, 100m skriðsund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
19. Freyja Kjartansdóttir Narby 50m: 37.90 100m: 1:19.72	10 Sunddeild KR	1:19.72	272
20. María Kristín Þorfinnsdóttir 50m: 38.81 100m: 1:20.18	11 SH	1:20.18	268
21. Herdís Daðadóttir 50m: 38.15 100m: 1:21.07	12 Fjölur	1:21.07	259
22. Tinna Salome Róbertsdóttir 50m: 37.72 100m: 1:21.76	11 BREI	1:21.76	252
23. Bríana Ósk Alvarsdóttir 50m: 38.56 100m: 1:21.90	12 SH	1:21.90	251
24. Karitas Kristjánsdóttir 50m: 38.85 100m: 1:22.79	10 Ármann	1:22.79	243
25. Auður M. Sigurbjörnsdóttir 50m: 40.48 100m: 1:22.81	11 Óðinn	1:22.81	243
26. Iðunn Emma Ásgeirsdóttir 50m: 40.71 100m: 1:25.20	12 Fjölur	1:25.20	223
27. Eyvör Ása Hólm 50m: 41.87 100m: 1:25.56	11 Fjölur	1:25.56	220
28. Guðdís Malín Magnúsdóttir 50m: 40.47 100m: 1:26.77	11 ÍRB	1:26.77	211
29. Elín Helga Arnardóttir 50m: 40.18 100m: 1:28.68	14 SH	1:28.68	198

Sundgrein 33
24.03.2024 - 11:51

karla, 100m baksund

Opinn
Úrslitalistar

Mótsmet	56.59	Örn Arnarson	SH		01.06.2008
Íslandsmet	54.75	Örn Arnarson	SH	Fukuoka (JPN)	23.07.2001
Íslandsmet Unglinga	56.68	Örn Arnarson	SH	Moscow (RUS)	14.07.1999
Íslandsmet Aldurshópur	1:00.40	Brynjólfur Óli Karlsson	UBK	Reykjavík	23.04.2016

EM : 56.13 / EM 19 - 21: 56.70 / EMU 16 - 18: 57.83 / NÆM 14 - 16: 1:00.92

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
Opinn			
1. Guðmundur Leo Rafnsson 50m: 28.55 100m: 57.93	06 ÍRB	57.93	706 SSÍ
2. Bergur Fáfur Bjarnason 50m: 29.29 100m: 1:01.12	06 SH	1:01.12	601 ÍM
3. Ásberg Halldór Hansson 50m: 31.76 100m: 1:04.63	07 Ægir	1:04.63	508 ÍM
4. Örn Ægisson 50m: 33.65 100m: 1:09.25	06 Ármann	1:09.25	413 ÍM
5. Andri Már Kristjánsson 50m: 33.04 100m: 1:09.87	06 SH	1:09.87	402 ÍM
6. Matthías Máni Waagfjörð 50m: 34.31 100m: 1:11.28	08 SH	1:11.28	379 ÍM

Sundgrein 33, karla, 100m baksund, Opinn

Sæti		F.ár	Tími	Stig
7.	Halldór Ingi Hafþórsson 50m: 34.93 100m: 1:11.33	08 SH	1:11.33	378 ÍM
8.	Martin Tsenov 50m: 35.56 100m: 1:13.53	92 ÍRB	1:13.53	345
9.	Þór Eli Gunnarsson 50m: 35.89 100m: 1:14.43	11 SH	1:14.43	333
10.	Timotei Roland Randhawa 50m: 36.04 100m: 1:14.45	10 Sunddeild KR	1:14.45	332
11.	Julian Jarnutowski 50m: 35.81 100m: 1:14.83	10 ÍRB	1:14.83	327
12.	Egill Orri Baldursson 50m: 36.42 100m: 1:15.37	09 ÍRB	1:15.37	320
13.	Maciej Stefan Markowski 50m: 36.63 100m: 1:17.09	06 Stjarnan	1:17.09	299
14.	Ragnar Halldórsson 50m: 37.27 100m: 1:17.55	09 BREI	1:17.55	294
15.	Jón Haukur Þórsson 50m: 38.10 100m: 1:18.04	08 Sunddeild KR	1:18.04	289
16.	Ívan Elí Ólafsson 50m: 38.73 100m: 1:19.33	10 Óðinn	1:19.33	275
17.	Ingibjörn Natan Guðmundsson 50m: 37.75 100m: 1:19.51	09 Ægir	1:19.51	273
18.	Viktor Bergmann Arnarsson 50m: 40.91 100m: 1:21.89	10 ÍRB	1:21.89	250
19.	Gabriel Jarnutowski 50m: 40.46 100m: 1:22.84	11 ÍRB	1:22.84	241
20.	Styrmir Snær Árnason 50m: 41.59 100m: 1:24.08	10 SH	1:24.08	231
21.	Jón Ingi Einarsson 50m: 40.59 100m: 1:24.14	11 Óðinn	1:24.14	230
22.	Bjarki Ragnar Arnarsson 50m: 42.11 100m: 1:25.15	12 UMFA	1:25.15	222
23.	Tristan Orri Borghildarson 50m: 41.33 100m: 1:25.41	10 ÍRB	1:25.41	220
24.	Aaron Sebastian Jóhannsson 50m: 42.29 100m: 1:26.63	12 SH	1:26.63	211
25.	Paul Ingi Cicero 50m: 43.17 100m: 1:28.08	10 SH	1:28.08	201
26.	Halldór Ingi Ólafsson 50m: 42.85 100m: 1:28.36	13 SH	1:28.36	199
27.	Ólafur Bragason Thoroddsen 50m: 42.99 100m: 1:29.33	10 BREI	1:29.33	192
28.	Daníel Andriysson 50m: 44.65 100m: 1:30.49	11 SH	1:30.49	185

Sundgrein 33, karla, 100m baksund, Opinn

Sæti		F.ár		Tími	Stig
29.	Guðfinnur Karlsson S11 50m: 45.16 100m: 1:30.76	88	Fjörður	S11 1:30.76	183
30.	Svanberg Leó Jóelsson 50m: 44.18 100m: 1:31.39	12	Ægir	1:31.39	179
31.	Hólmar Loki Ragnarsson 50m: 46.36 100m: 1:35.64	11	Ármann	1:35.64	157
32.	Breki Þór Hauksson 50m: 49.06 100m: 1:36.76	12	ÍRB	1:36.76	151
33.	Travis Bensow 50m: 46.40 100m: 1:36.95	11	SH	1:36.95	150
34.	Benjamín Þór Jónsson 50m: 47.01 100m: 1:37.19	12	Ægir	1:37.19	149
35.	Sævar Sindri Jóhannesson 50m: 49.40 100m: 1:40.88	10	SH	1:40.88	133
36.	Tómas Ingi Þórðarson	11	Fjölur	1:42.16	128
37.	Daníel Rafn Atlason 50m: 50.16 100m: 1:45.04	10	SH	1:45.04	118 *
38.	Ýmir Snær Hlynsson 50m: 48.11 100m: 1:45.60	02	ÖSP	S14 1:45.60	116 *

17 - 18 ára

1.	Guðmundur Leo Rafnsson 50m: 28.55 100m: 57.93	06	ÍRB	57.93	706 SSÍ
2.	Bergur Fáfur Bjarnason 50m: 29.29 100m: 1:01.12	06	SH	1:01.12	601 ÍM
3.	Ásberg Halldór Hansson 50m: 31.76 100m: 1:04.63	07	Ægir	1:04.63	508 ÍM
4.	Orn Ægisson 50m: 33.65 100m: 1:09.25	06	Ármann	1:09.25	413 ÍM
5.	Andri Már Kristjánsson 50m: 33.04 100m: 1:09.87	06	SH	1:09.87	402 ÍM
6.	Maciej Stefan Markowski 50m: 36.63 100m: 1:17.09	06	Stjarnan	1:17.09	299

15 - 16 ára

1.	Matthias Máni Waagfjörð 50m: 34.31 100m: 1:11.28	08	SH	1:11.28	379 ÍM
2.	Halldór Ingi Hafþórsson 50m: 34.93 100m: 1:11.33	08	SH	1:11.33	378 ÍM
3.	Egill Orri Baldursson 50m: 36.42 100m: 1:15.37	09	ÍRB	1:15.37	320
4.	Ragnar Halldórsson 50m: 37.27 100m: 1:17.55	09	BREI	1:17.55	294

Sundgrein 33, Piltar, 100m baksund, 15 - 16 ára

Sæti		F.ár		Tími	Stig
5.	Jón Haukur Þórssón 50m: 38.10 100m: 1:18.04	08	Sunddeild KR	1:18.04	289
6.	Ingibjörn Natan Guðmundsson 50m: 37.75 100m: 1:19.51	09	Ægir	1:19.51	273

14 ára og yngri

1.	Þór Eli Gunnarsson 50m: 35.89 100m: 1:14.43	11	SH	1:14.43	333
2.	Timotei Roland Randhawa 50m: 36.04 100m: 1:14.45	10	Sunddeild KR	1:14.45	332
3.	Julian Jarnutowski 50m: 35.81 100m: 1:14.83	10	ÍRB	1:14.83	327
4.	Ívan Elí Ólafsson 50m: 38.73 100m: 1:19.33	10	Óðinn	1:19.33	275
5.	Viktor Bergmann Arnarsson 50m: 40.91 100m: 1:21.89	10	ÍRB	1:21.89	250
6.	Gabriel Jarnutowski 50m: 40.46 100m: 1:22.84	11	ÍRB	1:22.84	241
7.	Styrmir Snær Árnason 50m: 41.59 100m: 1:24.08	10	SH	1:24.08	231
8.	Jón Ingi Einarsson 50m: 40.59 100m: 1:24.14	11	Óðinn	1:24.14	230
9.	Bjarki Ragnar Arnarsson 50m: 42.11 100m: 1:25.15	12	UMFA	1:25.15	222
10.	Tristan Orri Borghildarson 50m: 41.33 100m: 1:25.41	10	ÍRB	1:25.41	220
11.	Aaron Sebastian Jóhannsson 50m: 42.29 100m: 1:26.63	12	SH	1:26.63	211
12.	Paul Ingi Cicero 50m: 43.17 100m: 1:28.08	10	SH	1:28.08	201
13.	Halldór Ingi Ólafsson 50m: 42.85 100m: 1:28.36	13	SH	1:28.36	199
14.	Ólafur Bragason Thoroddsen 50m: 42.99 100m: 1:29.33	10	BREI	1:29.33	192
15.	Daníel Andriysson 50m: 44.65 100m: 1:30.49	11	SH	1:30.49	185
16.	Svanberg Leó Jóelsson 50m: 44.18 100m: 1:31.39	12	Ægir	1:31.39	179
17.	Hólmar Loki Ragnarsson 50m: 46.36 100m: 1:35.64	11	Ármann	1:35.64	157
18.	Breki Þór Hauksson 50m: 49.06 100m: 1:36.76	12	ÍRB	1:36.76	151
19.	Travis Bensow 50m: 46.40 100m: 1:36.95	11	SH	1:36.95	150

Sundgrein 33, Piltar, 100m baksund, 14 ára og yngri

Sæti	F.ár	Tími	Stig
20. Benjamín Þór Jónsson 50m: 47.01 100m: 1:37.19	12 Ægir	1:37.19	149
21. Sævar Sindri Jóhannesson 50m: 49.40 100m: 1:40.88	10 SH	1:40.88	133
22. Tómas Ingi Þórðarson	11 Fjölnir	1:42.16	128
23. Daníel Rafn Atlason 50m: 50.16 100m: 1:45.04	10 SH	1:45.04	118 *

Sundgrein 34
24.03.2024 - 12:07

kvenna, 200m fjörsund

Opinn
Úrslitalistar

Mótsmet	2:18.31	Hrafnhildur Lúthersdóttir	SH		01.04.2017
Íslandsmet	2:13.83	Hrafnhildur Lúthersdóttir	SH	Reykjavík	02.06.2015
Íslandsmet Unglinga	2:14.87	Eygló Ósk Gústafsdóttir	AEGIR	Laugardalslaug	12.04.2012
Íslandsmet Aldurshópur	2:24.69	Eva Margrét Falsdóttir	IRB	Reykjavík	19.07.2020

EM : 2:18.14 / EM 19 - 21: 2:19.55 / EMU 16 - 18: 2:21.98 / NÆM 14 - 16: 2:27.84

Stig: FINA 2024

Sæti	F.ár	Tími	Stig
1. Eva Margrét Falsdóttir 50m: 30.55 100m: 1:07.70 150m: 1:48.37 200m: 2:22.02	05 ÍRB	2:22.02	700 SSÍ
2. Sunneva Bergmann Ásbjornsdóttir 50m: 32.57 100m: 1:11.84 150m: 1:56.59 200m: 2:32.11	07 ÍRB	2:32.11	570 ÍM
3. Ragnheiður Ásta Magnúsdóttir 50m: 32.84 100m: 1:11.00 150m: 1:58.81 200m: 2:33.97	07 BREI	2:33.97	549 ÍM
4. Ásdís Steindórsdóttir 50m: 34.67 100m: 1:18.72 150m: 2:04.05 200m: 2:37.46	09 BREI	2:37.46	513 ÍM
5. Elísabet Arnoddsdóttir 50m: 32.07 100m: 1:12.99 150m: 2:02.21 200m: 2:38.23	09 ÍRB	2:38.23	506 ÍM
6. Halldóra Björt Ingimundardóttir 50m: 35.86 100m: 1:17.83 150m: 2:05.69 200m: 2:41.62	08 BREI	2:41.62	475 ÍM
7. Austéja Savickaité 50m: 35.79 100m: 1:18.70 150m: 2:05.33 200m: 2:41.90	09 ÍRB	2:41.90	472 ÍM
8. Freydís Lilja Bergþórsdóttir 50m: 34.42 100m: 1:17.08 150m: 2:06.42 200m: 2:42.48	09 ÍRB	2:42.48	467 ÍM
9. Katrín Lóa Ingadóttir 50m: 36.45 100m: 1:16.53 150m: 2:07.23 200m: 2:42.94	08 Ármann	2:42.94	463 ÍM
10. Kristín Ásta Sigtryggisdóttir 50m: 33.96 100m: 1:18.53 150m: 2:06.31 200m: 2:43.21	09 Ægir	2:43.21	461 ÍM
11. Adríana Agnes Derti 50m: 33.65 100m: 1:15.60 150m: 2:07.41 200m: 2:43.49	10 ÍRB	2:43.49	459 ÍM
12. Katrín Ósk Aðalsteinsdóttir 50m: 33.06 100m: 1:17.74 150m: 2:06.73 200m: 2:44.56	09 SH	2:44.56	450 ÍM
13. Hekla Krístrún Mist Arnarsdóttir 50m: 34.17 100m: 1:17.47 150m: 2:06.76 200m: 2:45.30	06 Ægir	2:45.30	444 ÍM

Sundgrein 34, kvenna, 200m fjörsund, Opinn

Sæti		F.ár		Tími	Stig
14.	Valdís Rós Þorsteinsdóttir	07	SH	2:47.63	425 ÍM
	50m: 36.09 100m: 1:20.73 150m: 2:08.38 200m: 2:47.63				
15.	Eydís Jóhannesdóttir	11	ÍRB	2:48.21	421 ÍM
	50m: 38.48 100m: 1:24.66 150m: 2:11.02 200m: 2:48.21				
16.	Alicja Julia Kempisty	10	Óðinn	2:48.95	415 ÍM
	50m: 37.15 100m: 1:22.33 150m: 2:14.12 200m: 2:48.95				
17.	Eydís Arna Ísaksen	08	BREI	2:50.14	407 ÍM
	50m: 38.48 100m: 1:24.11 150m: 2:10.47 200m: 2:50.14				
18.	Natalía Fanney Sigurðardóttir	10	ÍRB	2:53.52	383
	50m: 38.87 100m: 1:25.79 150m: 2:13.45 200m: 2:53.52				
19.	Guðrún Lára Arnarsdóttir	09	Stjarnan	2:54.17	379
	50m: 35.39 100m: 1:20.96 150m: 2:12.87 200m: 2:54.17				
20.	Þorgerður Freyja Helgadóttir	11	BREI	2:54.31	378
	50m: 36.47 100m: 1:22.48 150m: 2:15.61 200m: 2:54.31				
21.	Katrín Ísold Gunnsteinsdóttir	10	Ármann	2:54.46	377
	50m: 38.90 100m: 1:24.14 150m: 2:14.92 200m: 2:54.46				
22.	Natalía Eir Curtis	10	Ármann	2:54.93	374
	50m: 40.65 100m: 1:26.10 150m: 2:17.48 200m: 2:54.93				
23.	Ísabella Jóhannsdóttir	10	Óðinn	2:56.45	365
	50m: 38.77 100m: 1:28.39 150m: 2:16.93 200m: 2:56.45				
24.	Thea Sif Hjaltadóttir	11	Ármann	2:58.50	352
	50m: 40.89 100m: 1:27.56 150m: 2:16.77 200m: 2:58.50				
25.	Embla Dögg Helgadóttir	08	Ægir	2:59.45	347
	50m: 41.07 100m: 1:29.20 150m: 2:18.59 200m: 2:59.45				
26.	Kamilla Ýr Ísaksdóttir Guðmann	11	BREI	2:59.80	345
	50m: 42.88 100m: 1:28.70 150m: 2:18.61 200m: 2:59.80				
27.	Karen Júlía Traustadóttir	12	ÍRB	3:02.23	331
	50m: 40.62 100m: 1:26.89 150m: 2:21.50 200m: 3:02.23				
28.	Gabija Marija Savickaitė	08	ÍRB	3:02.29	331
	50m: 40.12 100m: 1:28.04 150m: 2:19.03 200m: 3:02.29				
29.	Ingibjörg Þóra Stefánsdóttir	08	SH	3:04.29	320
	50m: 40.64 100m: 1:28.95 150m: 2:23.10 200m: 3:04.29				
30.	Rannveig Perla Pétursdóttir	10	Ármann	3:04.37	320
	50m: 41.88 100m: 1:28.65 150m: 2:24.69 200m: 3:04.37				
31.	Hildur Eldey Guðjónsdóttir	11	BREI	3:04.48	319
	50m: 42.18 100m: 1:30.96 150m: 2:23.67 200m: 3:04.48				
32.	Katrín Tinna Andrésdóttir	06	Stjarnan	3:08.50	299
	50m: 41.64 100m: 1:32.31 150m: 2:27.80 200m: 3:08.50				
33.	Ásta Margrét Björgvinsdóttir	09	Ægir	3:08.52	299
	50m: 41.39 100m: 1:33.41 150m: 2:26.51 200m: 3:08.52				
34.	Ásta Þórey Einarisdóttir	13	SH	3:13.60	276
	50m: 44.65 100m: 1:36.98 150m: 2:30.52 200m: 3:13.60				
35.	Bríana Ósk Alvarsdóttir	12	SH	3:16.17	265
	50m: 41.38 100m: 1:33.74 150m: 2:31.76 200m: 3:16.17				

Sundgrein 34, kvenna, 200m fjörsund, Opinn

Sæti	F.ár	Tími	Stig
36. Margrét Brynja Steingrímsdóttir	12 UMFA	3:19.18	253
50m: 43.31 100m: 1:37.43 150m: 2:35.05 200m: 3:19.18			
37. Áróra Mjöll Jónsdóttir	13 Fjölnir	3:20.48	248
50m: 52.01 100m: 1:43.78 150m: 2:39.78 200m: 3:20.48			
38. Eva Goda Pratusyte	12 SH	3:20.83	247
50m: 50.27 100m: 1:37.48 150m: 2:38.85 200m: 3:20.83			

17 - 18 ára

1. Sunneva Bergmann Ásbjörnsdóttir	07 ÍRB	2:32.11	570 ÍM
50m: 32.57 100m: 1:11.84 150m: 1:56.59 200m: 2:32.11			
2. Ragnheiður Ásta Magnúsdóttir	07 BREI	2:33.97	549 ÍM
50m: 32.84 100m: 1:11.00 150m: 1:58.81 200m: 2:33.97			
3. Hekla Krístrún Mist Arnarsdóttir	06 Ægir	2:45.30	444 ÍM
50m: 34.17 100m: 1:17.47 150m: 2:06.76 200m: 2:45.30			
4. Valdís Rós Þorsteinsdóttir	07 SH	2:47.63	425 ÍM
50m: 36.09 100m: 1:20.73 150m: 2:08.38 200m: 2:47.63			
5. Katrín Tinna Andrésdóttir	06 Stjarnan	3:08.50	299
50m: 41.64 100m: 1:32.31 150m: 2:27.80 200m: 3:08.50			

15 - 16 ára

1. Ásdís Steindórsdóttir	09 BREI	2:37.46	513 ÍM
50m: 34.67 100m: 1:18.72 150m: 2:04.05 200m: 2:37.46			
2. Elísabet Arnoddsdóttir	09 ÍRB	2:38.23	506 ÍM
50m: 32.07 100m: 1:12.99 150m: 2:02.21 200m: 2:38.23			
3. Halldóra Björt Ingimundardóttir	08 BREI	2:41.62	475 ÍM
50m: 35.86 100m: 1:17.83 150m: 2:05.69 200m: 2:41.62			
4. Austéja Savickaité	09 ÍRB	2:41.90	472 ÍM
50m: 35.79 100m: 1:18.70 150m: 2:05.33 200m: 2:41.90			
5. Freydís Lilja Bergþórsdóttir	09 ÍRB	2:42.48	467 ÍM
50m: 34.42 100m: 1:17.08 150m: 2:06.42 200m: 2:42.48			
6. Katrín Lóa Ingadóttir	08 Ármann	2:42.94	463 ÍM
50m: 36.45 100m: 1:16.53 150m: 2:07.23 200m: 2:42.94			
7. Kristín Ásta Sigtryggsdóttir	09 Ægir	2:43.21	461 ÍM
50m: 33.96 100m: 1:18.53 150m: 2:06.31 200m: 2:43.21			
8. Katrín Ósk Aðalsteinsdóttir	09 SH	2:44.56	450 ÍM
50m: 33.06 100m: 1:17.74 150m: 2:06.73 200m: 2:44.56			
9. Eydís Arna Ísaksen	08 BREI	2:50.14	407 ÍM
50m: 38.48 100m: 1:24.11 150m: 2:10.47 200m: 2:50.14			
10. Guðrún Lára Arnarsdóttir	09 Stjarnan	2:54.17	379
50m: 35.39 100m: 1:20.96 150m: 2:12.87 200m: 2:54.17			
11. Embla Dögg Helgadóttir	08 Ægir	2:59.45	347
50m: 41.07 100m: 1:29.20 150m: 2:18.59 200m: 2:59.45			
12. Gabija Marija Savickaité	08 ÍRB	3:02.29	331
50m: 40.12 100m: 1:28.04 150m: 2:19.03 200m: 3:02.29			

Sundgrein 34, Stúlkur, 200m fjórsund, 15 - 16 ára

Sæti		F.ár		Tími	Stig
13.	Ingibjörg Þóra Stefánsdóttir	08	SH	3:04.29	320
	50m: 40.64 100m: 1:28.95 150m: 2:23.10 200m: 3:04.29				
14.	Ásta Margrét Björgvinsdóttir	09	Ægir	3:08.52	299
	50m: 41.39 100m: 1:33.41 150m: 2:26.51 200m: 3:08.52				

14 ára og yngri

1.	Adriana Agnes Derti	10	ÍRB	2:43.49	459 ÍM
	50m: 33.65 100m: 1:15.60 150m: 2:07.41 200m: 2:43.49				
2.	Eydís Jóhannesdóttir	11	ÍRB	2:48.21	421 ÍM
	50m: 38.48 100m: 1:24.66 150m: 2:11.02 200m: 2:48.21				
3.	Alicja Julia Kempisty	10	Óðinn	2:48.95	415 ÍM
	50m: 37.15 100m: 1:22.33 150m: 2:14.12 200m: 2:48.95				
4.	Natalía Fanney Sigurðardóttir	10	ÍRB	2:53.52	383
	50m: 38.87 100m: 1:25.79 150m: 2:13.45 200m: 2:53.52				
5.	Þorgerður Freyja Helgadóttir	11	BREI	2:54.31	378
	50m: 36.47 100m: 1:22.48 150m: 2:15.61 200m: 2:54.31				
6.	Katrín Ísold Gunnsteinsdóttir	10	Ármann	2:54.46	377
	50m: 38.90 100m: 1:24.14 150m: 2:14.92 200m: 2:54.46				
7.	Natalía Eir Curtis	10	Ármann	2:54.93	374
	50m: 40.65 100m: 1:26.10 150m: 2:17.48 200m: 2:54.93				
8.	Ísabella Jóhannsdóttir	10	Óðinn	2:56.45	365
	50m: 38.77 100m: 1:28.39 150m: 2:16.93 200m: 2:56.45				
9.	Thea Sif Hjaltadóttir	11	Ármann	2:58.50	352
	50m: 40.89 100m: 1:27.56 150m: 2:16.77 200m: 2:58.50				
10.	Kamilla Ýr Ísaksdóttir Guðmann	11	BREI	2:59.80	345
	50m: 42.88 100m: 1:28.70 150m: 2:18.61 200m: 2:59.80				
11.	Karen Júlía Traustadóttir	12	ÍRB	3:02.23	331
	50m: 40.62 100m: 1:26.89 150m: 2:21.50 200m: 3:02.23				
12.	Rannveig Perla Pétursdóttir	10	Ármann	3:04.37	320
	50m: 41.88 100m: 1:28.65 150m: 2:24.69 200m: 3:04.37				
13.	Hildur Eldey Guðjónsdóttir	11	BREI	3:04.48	319
	50m: 42.18 100m: 1:30.96 150m: 2:23.67 200m: 3:04.48				
14.	Ásta Þórey Einarsdóttir	13	SH	3:13.60	276
	50m: 44.65 100m: 1:36.98 150m: 2:30.52 200m: 3:13.60				
15.	Bríana Ósk Alvarsdóttir	12	SH	3:16.17	265
	50m: 41.38 100m: 1:33.74 150m: 2:31.76 200m: 3:16.17				
16.	Margrét Brynja Steingrímsdóttir	12	UMFA	3:19.18	253
	50m: 43.31 100m: 1:37.43 150m: 2:35.05 200m: 3:19.18				
17.	Áróra Mjöll Jónsdóttir	13	Fjölnir	3:20.48	248
	50m: 52.01 100m: 1:43.78 150m: 2:39.78 200m: 3:20.48				
18.	Eva Goda Pratusyte	12	SH	3:20.83	247
	50m: 50.27 100m: 1:37.48 150m: 2:38.85 200m: 3:20.83				

Sundgrein 35
24.03.2024 - 12:29

karla, 800m skriðsund

Opinn
Úrslitalistar

Mótsmet	8:27.35	Patrik Viggó Vilbergsson	BREI		15.03.2020
Íslandsmet	8:08.09	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Íslandsmet Unglinga	8:15.66	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	09.07.2011
Íslandsmet Aldurshópur	8:35.15	Hólmar Grétarsson	SH	Gzira (MLT)	30.05.2023
EM : 8:11.47 / EM 19 - 21: 8:16.49 / EMU 16 - 18: 8:26.36					

Stig: FINA 2024

Sæti	F.ár		Tími	Stig
1. Bartosz Henke	05	SH	9:12.97	546 ÍM
50m: 29.98	200m: 2:13.33	350m: 3:58.32	500m: 5:44.61	650m: 7:31.08
100m: 1:03.81	250m: 2:48.53	400m: 4:33.81	550m: 6:20.24	700m: 8:06.80
150m: 1:38.60	300m: 3:23.31	450m: 5:09.32	600m: 6:55.53	750m: 8:41.10
800m: 9:12.97				
2. Birgir Hrafn Kjartansson	08	Ægir	9:13.72	544 ÍM
50m: 30.21	200m: 2:14.13	350m: 3:58.94	500m: 5:45.15	650m: 7:31.41
100m: 1:04.21	250m: 2:49.12	400m: 4:34.18	550m: 6:20.55	700m: 8:06.82
150m: 1:39.09	300m: 3:24.18	450m: 5:09.57	600m: 6:56.09	750m: 8:40.97
800m: 9:13.72				
3. Vanja Djurovic	09	BREI	9:39.43	475 ÍM
50m: 32.36	200m: 2:19.38	350m: 4:10.41	500m: 6:01.16	650m: 7:52.01
100m: 1:07.38	250m: 2:56.42	400m: 4:47.31	550m: 6:38.03	700m: 8:28.77
150m: 1:43.16	300m: 3:33.30	450m: 5:24.46	600m: 7:15.00	750m: 9:05.20
800m: 9:39.43				
4. Kajus Jatautas	10	ÍA	10:06.15	414 ÍM
50m: 32.38	200m: 2:25.85	350m: 4:23.09	500m: 6:20.40	650m: 8:16.82
100m: 1:10.08	250m: 3:05.61	400m: 5:02.01	550m: 6:59.48	700m: 8:53.99
150m: 1:48.20	300m: 3:43.41	450m: 5:41.40	600m: 7:37.26	750m: 9:31.87
800m: 10:06.15				
5. Kristjón Hrafn Kjartansson	11	SH	10:18.26	391 ÍM
50m: 34.60	200m: 2:31.11	350m: 4:29.86	500m: 6:27.56	650m: 8:24.81
100m: 1:12.60	250m: 3:10.31	400m: 5:09.30	550m: 7:07.33	700m: 9:03.99
150m: 1:51.60	300m: 3:50.16	450m: 5:48.40	600m: 7:46.02	750m: 9:41.32
800m: 10:18.26				
6. Styrmir Snær Árnason	10	SH	10:21.37	385 ÍM
50m: 34.79	200m: 2:31.93	350m: 4:31.28	500m: 6:29.87	650m: 8:27.81
100m: 1:13.08	250m: 3:10.97	400m: 5:11.22	550m: 7:09.70	700m: 9:07.10
150m: 1:52.08	300m: 3:50.70	450m: 5:50.65	600m: 7:48.51	750m: 9:43.42
800m: 10:21.37				
7. Magni Rafn Ragnarsson	10	Óðinn	10:24.23	379 ÍM
50m: 35.52	200m: 2:31.93	350m: 4:31.15	500m: 6:30.52	650m: 8:29.67
100m: 1:13.57	250m: 3:11.83	400m: 5:10.57	550m: 7:10.82	700m: 9:09.19
150m: 1:52.67	300m: 3:51.41	450m: 5:50.56	600m: 7:50.19	750m: 9:47.97
800m: 10:24.23				
8. Huginn Leví Pétursson	09	BREI	10:34.56	361 ÍM
50m: 34.37	200m: 2:34.01	350m: 4:37.88	500m: 6:39.69	650m: 8:39.14
100m: 1:13.48	250m: 3:15.16	400m: 5:19.18	550m: 7:19.92	700m: 9:18.50
150m: 1:53.85	300m: 3:56.93	450m: 5:59.91	600m: 7:59.86	750m: 9:57.56
800m: 10:34.56				
9. Alexander Reid McCormick	10	Óðinn	10:41.29	350
50m: 36.00	200m: 2:36.55	350m: 4:39.58	500m: 6:41.99	650m: 8:43.50
100m: 1:15.18	250m: 3:17.71	400m: 5:20.41	550m: 7:22.49	700m: 9:24.17
150m: 1:56.40	300m: 3:58.93	450m: 6:01.51	600m: 8:02.89	750m: 10:03.98
800m: 10:41.29				
10. Benedikt Bjarni Melsted	08	Sunddeild KR	10:43.88	346
50m: 35.11	200m: 2:33.93	350m: 4:36.70	500m: 6:39.29	650m: 8:41.79
100m: 1:13.38	250m: 3:14.78	400m: 5:17.75	550m: 7:19.84	700m: 9:23.22
150m: 1:53.50	300m: 3:55.67	450m: 5:58.48	600m: 8:00.82	750m: 10:04.14
800m: 10:43.88				
11. Jón Ingi Einarsson	11	Óðinn	11:36.89	273
50m: 38.56	200m: 2:49.08	350m: 5:04.23	500m: 7:18.85	650m: 9:29.98
100m: 1:20.91	250m: 3:33.91	400m: 5:49.60	550m: 8:02.94	700m: 10:13.87
150m: 2:04.51	300m: 4:19.04	450m: 6:34.86	600m: 8:47.46	750m: 10:55.69
800m: 11:36.89				

Sundgrein 35, karla, 800m skriðsund, Opinn

Sæti	F.ár		Tími	Stig
12. Ívan Elí Ólafsson	10	Óðinn	11:58.70	248
50m: 37.70	200m: 2:51.61	350m: 5:11.66	500m: 7:30.68	650m: 9:47.78
100m: 1:21.02	250m: 3:37.88	400m: 5:58.64	550m: 8:17.94	700m: 10:32.47
150m: 2:06.05	300m: 4:24.28	450m: 6:44.87	600m: 9:01.93	750m: 11:16.98
				800m: 11:58.70

Sundgrein 36
24.03.2024 - 13:03

blandað, 4 x 50m fjórsund

Opinn
Úrslitalistar

Mótsmet	1:50.72	SH	SH	10.03.2023
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Stig: FINA 2024

Sæti	Tími		Stig
1. SH 1	SH		1:51.57
Birgitta Ingólfssdóttir	05	+0,68	31.62
Snorri Dagur Einarsson	05	+0,41	28.71
			Birnir Freyr Hálfánarsson 06 +0,51 25.10
			Vala Dís Cicero 08 +0,33 26.14
2. ÍRB 1	ÍRB		1:54.02
Ástrós Lovísa Hauksdóttir	08	+0,62	31.50
Eva Margrét Falsdóttir	05	+0,24	33.36
			Fannar Snævar Hauksson 04 +0,23 25.33
			Guðmundur Leo Rafnsson 06 +0,07 23.83
3. ÍRB 2	ÍRB		1:59.58
Daði Rafn Falsson	08	+0,65	30.11
Nikolai Leo Jónsson	08	+0,24	31.66
			Elísabet Arnoddsdóttir 09 +0,18
			Sunneva Bergmann Ásbjörnsdóttir 07
4. SH 2	SH		2:00.09
Bergur Fáfur Bjarnason	06	+0,60	28.63
Katja Lilja Andriydsdóttir	06	+0,56	35.85
			Dagbjörg Hlíf Ólafsdóttir 05 +0,58 30.86
			Veigar Hrafn Sigþórsson 05 +0,21 24.75
5. BREI 1	BREI		2:04.53
Ragnheiður Ásta Magnúsdóttir	07	+0,58	32.32
Margrét Anna Lapas	09	+0,31	34.59
			Dominic Dadi Wheeler 07 +0,58 28.87
			Ragnar Halldórsson 09 +0,37 28.75
6. BREI 2	BREI		2:06.22
Freyja Birkisdóttir	06	+0,70	32.72
Jón Ingi Halldórsson	04	+0,49	36.31
			Nadja Djurovic 07 +0,10 29.09
			Jón Ingvar Eypórsson 10 +0,37 28.10
7. SH 3	SH		2:14.39
Dagmar Arna Sigurðardóttir	09	+0,67	34.43
Valdís Rós Þorsteinsdóttir	07	+0,38	38.28
			Styrmir Snær Árnason 10 +0,32 31.70
			Andri Ólafsson 09 +0,75 29.98
8. Óðinn 2	Óðinn		2:26.48
Jón Ingi Einarsson	11	+0,77	37.11
Ísabella Jóhannsdóttir	10	+0,63	39.83
			Alexander Reid McCormick 10 +0,74 38.70
			Alicja Julia Kempisty 10 +0,32 30.84
9. Óðinn 1	Óðinn		2:39.02
Bríet Laufey Ingimarsdóttir	11	+0,70	43.71
Benedikt Már Þorvaldsson	10	+0,35	41.02
			Ívan Elí Ólafsson 10 +0,17 38.15
			Auður M. Sigurbjörnsdóttir 11 +0,97 36.14
10. UMFA 1	UMFA		2:39.09
Bjarki Ragnar Arnarsson	12	+0,67	37.86
Benjamín Pétursson	12	+0,65	47.34
			Margrét Brynja Steingrimsdóttir 12 +0,73 41.39
			Birna Rún Jónsdóttir 09 +0,33 32.50