

5000m of Hafnarfjörður
Hafnarfjordur, 19.2.2011

Sundgrein 1
19.2.2011

karla, 5000m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2010

Sæti	F.ár		Tími		Stig
1. STEFÁNSSON, Aron Örn	95	Sundfélag Hafnarfjarðar	59:59.44	531	
100m:	1:10.09	1:10.09	1400m:	16:57.08	1:12.72
200m:	2:23.14	1:13.05	1500m:	18:08.65	1:11.57
300m:	3:36.61	1:13.47	1600m:	19:20.65	1:12.00
400m:	4:49.68	1:13.07	1700m:	20:32.70	1:12.05
500m:	6:02.68	1:13.00	1800m:	21:45.47	1:12.77
600m:	7:15.85	1:13.17	1900m:	22:57.83	1:12.36
700m:	8:28.89	1:13.04	2000m:	24:10.06	1:12.23
800m:	9:42.75	1:13.86	2100m:	25:22.44	1:12.38
900m:	10:54.65	1:11.90	2200m:	26:34.53	1:12.09
1000m:	12:06.65	1:12.00	2300m:	27:46.78	1:12.25
1100m:	13:19.18	1:12.53	2400m:	29:00.13	1:13.35
1200m:	14:31.57	1:12.39	2500m:	30:12.55	1:12.42
1300m:	15:44.36	1:12.79	2600m:	31:24.74	1:12.19
			2700m:	32:36.56	1:11.82
			2800m:	33:49.66	1:13.10
			2900m:	35:02.03	1:12.37
			3000m:	36:15.29	1:13.26
			3100m:	37:27.68	1:12.39
			3200m:	38:39.40	1:11.72
			3300m:	39:51.73	1:12.33
			3400m:	41:03.62	1:11.89
			3500m:	42:15.05	1:11.43
			3600m:	43:27.13	1:12.08
			3700m:	44:38.85	1:11.72
			3800m:	45:49.16	1:10.31
			3900m:	47:00.74	1:11.58
			4000m:	48:12.67	1:11.93
			4100m:	49:24.04	1:11.37
			4200m:	50:36.34	1:12.30
			4300m:	51:47.22	1:10.88
			4400m:	52:57.23	1:10.01
			4500m:	54:07.83	1:10.60
			4600m:	55:18.91	1:11.08
			4700m:	56:30.20	1:11.29
			4800m:	57:41.84	1:11.64
			4900m:	58:52.24	1:10.40
			5000m:	59:59.44	1:07.20
2. MILOS, Predrag	95	Sundfélag Hafnarfjarðar	1:02:24.86	471	
100m:	1:09.57	1:09.57	1400m:	16:48.63	1:12.67
200m:	2:22.67	1:13.10	1500m:	18:01.30	1:12.67
300m:	3:35.24	1:12.57	1600m:	19:14.30	1:13.00
400m:	4:47.74	1:12.50	1700m:	20:25.90	1:11.60
500m:	6:00.79	1:13.05	1800m:	21:38.87	1:12.97
600m:	7:11.80	1:11.01	1900m:	22:52.12	1:13.25
700m:	8:23.23	1:11.43	2000m:	24:06.06	1:13.94
800m:	9:34.67	1:11.44	2100m:	25:20.45	1:14.39
900m:	10:46.20	1:11.53	2200m:	26:34.45	1:14.00
1000m:	11:58.54	1:12.34	2300m:	27:49.75	1:15.30
1100m:	13:10.80	1:12.26	2400m:	29:05.80	1:16.05
1200m:	14:23.28	1:12.48	2500m:	30:17.35	1:11.55
1300m:	15:35.96	1:12.68	2600m:	31:34.14	1:16.79
			2700m:	32:52.62	1:18.48
			2800m:	34:10.70	1:18.08
			2900m:	35:26.39	1:15.69
			3000m:	36:42.95	1:16.56
			3100m:	38:00.83	1:17.88
			3200m:	39:18.60	1:17.77
			3300m:	40:37.07	1:18.47
			3400m:	41:55.00	1:17.93
			3500m:	43:14.06	1:19.06
			3600m:	44:34.25	1:20.19
			3700m:	45:53.26	1:19.01
			3800m:	47:13.14	1:19.88
			3900m:	48:31.42	1:18.28
			4000m:	49:48.59	1:17.17
			4100m:	51:05.91	1:17.32
			4200m:	52:23.68	1:17.77
			4300m:	53:39.70	1:16.02
			4400m:	54:55.95	1:16.25
			4500m:	56:11.91	1:15.96
			4600m:	57:28.91	1:17.00
			4700m:	58:45.81	1:16.90
			4800m:	1:00:02.12	1:16.31
			4900m:	1:01:14.66	1:12.54
			5000m:	1:02:24.86	1:10.20
3. HRAFNKELSSON, Konráð	92	Sundfélag Hafnarfjarðar	1:02:33.11	468	
100m:	1:10.81	1:10.81	1400m:	17:17.88	1:14.14
200m:	2:25.04	1:14.23	1500m:	18:33.96	1:16.08
300m:	3:38.71	1:13.67	1600m:	19:50.11	1:16.15
400m:	4:52.00	1:13.29	1700m:	21:06.31	1:16.20
500m:	6:05.96	1:13.96	1800m:	22:23.64	1:17.33
600m:	7:21.67	1:15.71	1900m:	23:40.86	1:17.22
700m:	8:36.37	1:14.70	2000m:	24:59.01	1:18.15
800m:	9:50.07	1:13.70	2100m:	26:19.35	1:20.34
900m:	11:04.62	1:14.55	2200m:	27:36.26	1:16.91
1000m:	12:19.25	1:14.63	2300m:	28:52.57	1:16.31
1100m:	13:33.50	1:14.25	2400m:	30:10.46	1:17.89
1200m:	14:48.12	1:14.62	2500m:	31:25.46	1:15.00
1300m:	16:03.74	1:15.62	2600m:	32:41.19	1:15.73
			2700m:	33:55.65	1:14.46
			2800m:	35:10.59	1:14.94
			2900m:	36:26.16	1:15.57
			3000m:	37:41.49	1:15.33
			3100m:	38:57.59	1:16.10
			3200m:	40:14.07	1:16.48
			3300m:	41:29.41	1:15.34
			3400m:	42:46.37	1:16.96
			3500m:	44:03.26	1:16.89
			3600m:	45:15.91	1:12.65
			3700m:	46:28.68	1:12.77
			3800m:	47:42.30	1:13.62
			3900m:	48:55.82	1:13.52
			4000m:	50:11.72	1:15.90
			4100m:	51:26.71	1:14.99
			4200m:	52:40.55	1:13.84
			4300m:	53:54.14	1:13.59
			4400m:	55:09.05	1:14.91
			4500m:	56:23.07	1:14.02
			4600m:	57:38.47	1:15.40
			4700m:	58:52.19	1:13.72
			4800m:	1:00:05.91	1:13.72
			4900m:	1:01:19.67	1:13.76
			5000m:	1:02:33.11	1:13.44
4. STEFÁNSSON, Arnór	97	Sundfélag Hafnarfjarðar	1:04:36.87	425	
100m:	1:13.97	1:13.97	1400m:	18:17.90	1:19.43
200m:	2:31.19	1:17.22	1500m:	19:37.50	1:19.60
300m:	3:48.59	1:17.40	1600m:	20:55.49	1:17.99
400m:	5:06.56	1:17.97	1700m:	22:14.48	1:18.99
500m:	6:25.37	1:18.81	1800m:	23:32.86	1:18.38
600m:	7:43.06	1:17.69	1900m:	24:51.38	1:18.52
700m:	9:02.56	1:19.50	2000m:	26:09.32	1:17.94
800m:	10:21.75	1:19.19	2100m:	27:27.93	1:18.61
900m:	11:40.21	1:18.46	2200m:	28:47.03	1:19.10
1000m:	12:59.73	1:19.52	2300m:	30:06.85	1:19.82
1100m:	14:19.82	1:20.09	2400m:	31:24.86	1:18.01
1200m:	15:39.98	1:20.16	2500m:	32:42.32	1:17.46
1300m:	16:58.47	1:18.49	2600m:	33:58.81	1:16.49
			2700m:	35:14.99	1:16.18
			2800m:	36:32.42	1:17.43
			2900m:	37:50.25	1:17.83
			3000m:	39:06.64	1:16.39
			3100m:	40:23.56	1:16.92
			3200m:	41:39.62	1:16.06
			3300m:	42:57.38	1:17.76
			3400m:	44:14.54	1:17.16
			3500m:	45:33.09	1:18.55
			3600m:	46:51.15	1:18.06
			3700m:	48:09.58	1:18.43
			3800m:	49:26.99	1:17.41
			3900m:	50:44.49	1:17.50
			4000m:	52:01.35	1:16.86
			4100m:	53:17.36	1:16.01
			4200m:	54:34.65	1:17.29
			4300m:	55:52.10	1:17.45
			4400m:	57:08.92	1:16.82
			4500m:	58:25.90	1:16.98
			4600m:	59:42.20	1:16.30
			4700m:	1:00:56.53	1:14.33
			4800m:	1:02:11.71	1:15.18
			4900m:	1:03:26.88	1:15.17
			5000m:	1:04:36.87	1:09.99