

3rd SH International - Hafnarfjordur, Iceland - 12./13.06.2010 and 2nd Championships of The Small States of Europe

Saturday Morning - 12.06.2010

08.30 hrs	Warm Up			Echauffement			upphítun		
10.00 hrs	Begin			Début			mót hefst		
1	100m Freestyle	Men	Prelims	100m Nage Libre	Messieurs	Eliminatoires	100m skriðsund	Karlar	undanrásir
2	200m Freestyle	Women	Decisions	200m Nage Libre	Dames	Déc. dir.	200m skriðsund	Kvenna	beint úrslit
3	50m Breaststroke	Men	Prelims	50m Brasse	Messieurs	Eliminatoires	50m bringusund	Karlar	undanrásir
4	100m Breaststroke	Women	Prelims	100m Brasse	Dames	Eliminatoires	100m bringusund	Kvenna	undanrásir
5	100m Backstroke	Men	Prelims	100m Dos	Messieurs	Eliminatoires	100m baksund	Karlar	undanrásir
6	100m Butterfly	Women	Prelims	100m Papillon	Dames	Eliminatoires	100m flugsund	Kvenna	undanrásir
7	200m Butterfly	Men	Decisions	200m Papillon	Messieurs	Déc. dir.	200m flugsund	Karlar	beint úrslit
8	50m Backstroke	Women	Prelims	50m Dos	Dames	Eliminatoires	50m baksund	Kvenna	undanrásir
9	400m Freestyle	Men	Decisions	400m Nage Libre	Messieurs	Déc. dir.	400m skriðsund	Karlar	beint úrslit
10	50m Freestyle	Women	Prelims	50m Nage Libre	Dames	Eliminatoires	50m skriðsund	Kvenna	undanrásir
11	50m Butterfly	Men	Prelims	50m Papillon	Messieurs	Eliminatoires	50m flugsund	Karlar	undanrásir
12	200m Backstroke	Women	Decisions	200m Dos	Dames	Déc. dir.	200m baksund	Kvenna	beint úrslit

Saturday Afternoon - 12.06.2010

13.30 hrs	Warm Up			Echauffement			upphítun		
15.00 hrs	Begin			Début			mót hefst		
13	400m I.M.	Men	Decisions	400m Quatre Nages	Messieurs	Déc. dir.	400m fjórsund	Karlar	beint úrslit
	100m Breaststroke	Women	Final	100m Brasse	Dames	Finale	100m bringusund	Kvenna	úrslit
	100m Freestyle	Men	Final	100m Nage Libre	Messieurs	Finale	100m skriðsund	Karlar	úrslit
	100m Butterfly	Women	Final	100m Papillon	Dames	Finale	100m flugsund	Kvenna	úrslit
	50m Breaststroke	Men	Final	50m Brasse	Messieurs	Finale	50m bringusund	Karlar	úrslit
14	800m Freestyle	Women	Decisions	800m Nage Libre	Dames	Déc. dir.	800m skriðsund	Kvenna	beint úrslit
	100m Backstroke	Men	Final	100m Dos	Messieurs	Finale	100m baksund	Karlar	úrslit
	50m Backstroke	Women	Final	50m Dos	Dames	Finale	50m baksund	Kvenna	úrslit
	50m Butterfly	Men	Final	50m Papillon	Messieurs	Finale	50m flugsund	Karlar	úrslit
	50m Freestyle	Women	Final	50m Nage Libre	Dames	Finale	50m skriðsund	Kvenna	úrslit
15	200m Breaststroke	Men	Decisions	200m Brasse	Messieurs	Déc. dir.	200m bringusund	Karlar	beint úrslit
16	200m I.M.	Women	Decisions	200m Quatre Nages	Dames	Déc. dir.	200m fjórsund	Kvenna	beint úrslit
17	4x100m Freestyle	Men	Decisions	4x100m Nage Libre	Messieurs	Déc. dir.	4x100m skriðsund	Karlar	beint úrslit
18	4x100m I.M.	Women	Decisions	4x100m Quatre Nages	Dames	Déc. dir.	4x100m fjórsund	Kvenna	beint úrslit

Sunday Morning - 13.06.2010

08.30 hrs	Warm Up			Echauffement			upphítun		
10.00 hrs	Begin			Début			mót hefst		
19	100m Freestyle	Women	Prelims	100m Nage Libre	Dames	Eliminatoires	100m skriðsund	Kvenna	undanrásir
20	200m Freestyle	Men	Decisions	200m Nage Libre	Messieurs	Déc. dir.	200m skriðsund	Karlar	beint úrslit
21	50m Breaststroke	Women	Prelims	50m Brasse	Dames	Eliminatoires	50m bringusund	Kvenna	undanrásir
22	100m Breaststroke	Men	Prelims	100m Brasse	Messieurs	Eliminatoires	100m bringusund	Karlar	undanrásir
23	100m Backstroke	Women	Prelims	100m Dos	Dames	Eliminatoires	100m baksund	Kvenna	undanrásir
24	100m Butterfly	Men	Prelims	100m Papillon	Messieurs	Eliminatoires	100m flugsund	Karlar	undanrásir
25	200m Butterfly	Women	Decisions	200m Papillon	Dames	Déc. dir.	200m flugsund	Kvenna	beint úrslit
26	50m Backstroke	Men	Prelims	50m Dos	Messieurs	Eliminatoires	50m baksund	Karlar	undanrásir
27	400m Freestyle	Women	Decisions	400m Nage Libre	Dames	Déc. dir.	400m skriðsund	Kvenna	beint úrslit
28	50m Freestyle	Men	Prelims	50m Nage Libre	Messieurs	Eliminatoires	50m skriðsund	Karlar	undanrásir
29	50m Butterfly	Women	Prelims	50m Papillon	Dames	Eliminatoires	50m flugsund	Kvenna	undanrásir
30	200m Backstroke	Men	Decisions	200m Dos	Messieurs	Déc. dir.	200m baksund	Karlar	beint úrslit

Sunday Afternoon - 13.06.2010

13.30 hrs	Warm Up			Echauffement			upphítun		
15.00 hrs	Begin			Début			mót hefst		
31	400m I.M.	Women	Decisions	400m Quatre Nages	Messieurs	Déc. dir.	400m fjórsund	Kvenna	beint úrslit
	100m Breaststroke	Men	Final	100m Brasse	Messieurs	Finale	100m bringusund	Karlar	úrslit
	100m Freestyle	Women	Final	100m Nage Libre	Dames	Finale	100m skriðsund	Kvenna	úrslit
	100m Butterfly	Men	Final	100m Papillon	Messieurs	Finale	100m flugsund	Karlar	úrslit
	50m Breaststroke	Women	Final	50m Brasse	Dames	Finale	50m bringusund	Kvenna	úrslit
32	1500m Freestyle	Men	Decisions	1500m Freestyle	Messieurs	Déc. dir.	1500m Freestyle	Karlar	beint úrslit
	100m Backstroke	Women	Final	100m Dos	Dames	Finale	100m baksund	Kvenna	úrslit
	50m Backstroke	Men	Final	50m Dos	Messieurs	Finale	50m baksund	Karlar	úrslit
	50m Butterfly	Women	Final	50m Papillon	Dames	Finale	50m flugsund	Kvenna	úrslit
	50m Freestyle	Men	Final	50m Nage Libre	Messieurs	Finale	50m skriðsund	Karlar	úrslit
33	200m Breaststroke	Women	Decisions	200m Brasse	Dames	Déc. dir.	200m bringusund	Kvenna	beint úrslit
34	200m I.M.	Men	Decisions	200m Quatre Nages	Messieurs	Déc. dir.	200m fjórsund	Karlar	beint úrslit
35	4x100m Freestyle	Women	Decisions	4x100m Nage Libre	Dames	Déc. dir.	4x100m skriðsund	Kvenna	beint úrslit
36	4x100m I.M.	Men	Decisions	4x100m Quatre Nages	Messieurs	Déc. dir.	4x100m fjórsund	Karlar	beint úrslit