

**2<sup>nd</sup> SWIMMING CHAMPIONSHIPS OF  
THE SMALL STATES OF EUROPE 2010**  
**June 12-13 2010 - Olympic Pool «Asvallalaug» Hafnarfjörður - ISL**

**Regulations for Participants of Federations of the Small States of Europe**

1. The SWIMMING CHAMPIONSHIPS OF THE SMALL STATES OF EUROPE (SCSSE) will be held within the swim meet SH International Open under those general regulations with these additional completions.
2. For the special evaluation within the SCSSE swimmers of European countries with less than 1 million inhabitants can participate. Swimmers will be considered as members of the respective Small States, following the rules for the "Small Nation Games of Europe".
3. These swimmers will be entered as representatives from their country. They can represent the country's national selection or a club of a small nation's country. However, one swimmer can represent one team only.
4. A federation can enter an unlimited number of swimmers and relay-teams for each event. However; for the championships in relays only the best team will be considered, as well as for individual events only the best two swimmers of each nation.
5. Federations within the SCSSE are free of entry-fees.
6. The classification of the SCSSE are as follows:
  - a) SCSSE "open"  
Classification will be open independent of the age of the swimmers, calculating only those swimmers of the Small States of Europe.  
All races 200 m and longer will be swum in direct finals.  
There will be prelims and finals in the 50 and 100m races. The fastest eight swimmers will qualify for the finals, independent of their nationality. After conclusion of the finals the best placed swimmer of the Small Nations will be the "Champion". The places of the heats (9<sup>th</sup> and onward) will be also considered for the following rankings.  
In the relays only the best team of each nation will be considered for the championships, however the number of entered teams is still unlimited.  
The winner will receive the title as "Champion of the Small States of Europe".  
The first 3 in each individual event will receive medals. The first 3 relay winners will receive cups.
  - b) SCSSE "Junior"  
A classification for Juniors (18 years and younger for boys, 16 years and younger for girls) will be made in all direct finals or preliminary heats.  
The winner will receive the title as "Junior Champion of the Small States of Europe".  
The first 3 in each individual event will receive medals.
7. A team-trophy will be given after the following calculation:  
The best two swimmers of each event will receive points for their places, as well as one (the best) relay team.
8. As this competition will be new maybe not all necessary regulations are set. In case of misunderstandings or problems those matters will be solved in a reasonable and friendly discussion at the competition with the referee and the meet-director.

Assistance for booking accommodation and meals will be given by our secretary. Please feel free for any demand ( e-mail: [sh@sh.is](mailto:sh@sh.is) / phone: +354 555 68 30 / [www.sh.is](http://www.sh.is).)